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RACE WEEK RETURNS – Skipper Riley McNight, left, with the help of crewmate Molly Hearon of Town River Yacht Club, head for the finish in the Quincy Bay Race Week 420 race. The 83rd annual Quincy Bay Race Week regatta returned July 22 after being cancelled last summer due to the COVID-19 pandemic. Story, more photos on Page 3, Page 16 and Page 17.

Quincy Sun photo/Tom Gorman

21 Candidates Qualify For Fall Ballot

Drawing Friday For Ballot Position For School Committee Preliminary Election

By SCOTT JACKSON

Twenty-one residents have qualified for the ballot in this fall's municipal election, which will feature four contested City Council races and a race for three seats on the School Committee.

There will be a preliminary election in the School Committee race next month.

Would-be candidates had until the end of the business day on July 27 to return nomination papers, including the signatures of 50 registered voters, to the Board of Registrars of Voters. Those running for the six ward seats on the City Council needed to collect all

those signatures from voters within their ward.

Five people qualified for the ballot in the race for the three at-large seats on the council.

All three incumbents – Noel DiBona of 70 Chickatabot Rd., Nina Liang of 100 Grand View Ave. 8A, and Anne Mahoney of 12 Ferriter St. – are running for reelection. DiBona and Liang are both seeking their fourth two-year term and Mahoney is seeking her third. DiBona and Mahoney previously served on the School Committee.

Joining them on the bal-

lot are Michael Bellotti of 33 Bayberry Rd. and William Burke of 28 Rice Rd. Bellotti is currently the Norfolk County treasurer and was formerly the county sheriff and a state representative. Burke ran unsuccessfully for state representative in 2018 and had run for Congress two years prior.

A sixth candidate, John Rodophele of 62 Grenwood Rd., pulled papers to seek an at-large seat but did not return them.

There will also be races for three of the six ward seats on the council.

In Ward 1, incumbent Da-

vid McCarthy of 48 Whitney Rd. will face off against Joseph Murphy of 18 Macy St. McCarthy, who formerly served on the School Committee, is seeking his third term on the council. This will be the third time McCarthy and Murphy have run against each other.

In Ward 2, incumbent Anthony Andronico of 46 Endicott St. and Steven Perdios of 86 Ruggles St. both qualified for the ballot. Andronico, who had been serving on the School Committee, was appointed to the Ward 2 seat in January following the resignation of longtime councillor Brad Croall. Croall was first elected in 2011, when he defeated Perdios for an open seat.

Cont'd On Page 3

State, Local Officials Will Work Together On Redistricting

New Census Figures Expected To Be Released This Month

By SCOTT JACKSON

Federal officials are expected to announce community-level data from last year's US census in the coming weeks. Sen. John Keenan said recently, and local and state officials should be able to work together on redistricting.

A bill proposed in the House would flip the traditional redistricting process, meaning the legislature could draw up legislative and congressional districts before local communities set new precinct lines. The bill was filed because community-level census data was not released in March.

Keenan, a Quincy Democrat whose district also includes Abington, Holbrook,

Rockland and parts of Braintree, said he met with the city and town clerks in those communities after the House bill was released.

"We had a good conversation with them about what their concerns were and they had kind of a general concern about the uncertainty of how it would work and then some more specific concerns by community, so those were conveyed," he said. "The Senate version of the redistricting bill is slightly different from what the House version is, and those differences will be worked out. The secretary of state, based on my conversations with him, will continue to work with both."

Cont'd On Page 4

Vaccination Bus Visits Quincy Aug. 12, Sept. 2

The Massachusetts Developmental Disabilities Council (MDDC) will welcome the state's Vaccination or VAX Bus at its office location 108 Myrtle St. in Quincy for two visits.

The first visit will be Thursday, Aug. 12, from 10 a.m. to 2 p.m. and the second visit Thursday, Sept. 2, also 10 a.m. to 2 p.m. Both the Pfizer and J & J vaccines will be available.

The event is open to the public, but pre-registration is available at <https://tinyurl.com/MADDCVAX>.

The vaccine is free, and no ID or insurance is required. People with disabilities and family members (who are not eligible through MassHealth) are eligible for reimbursement to cover travel and support staff costs.

Every person vaccinated on the Vax Bus will also be entered into a giveaway for concert tickets at the TD Garden.

MDDC staff will also be onsite led by Craig Hall our Deputy Director. He can be reached at craig.hall@mass.gov or (617) 770-7676 ext. 106.

The Vax Bus is sponsored by the Commonwealth of Massachusetts and the Baker-Polito Administration as part of the #TrustTheFacts campaign. For more information about the Vax Bus, visit <https://www.mass.gov/vaxbus>.



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New 7-Member Board To Oversee MBTA - Page 11
Quincy Real Estate Transactions July 26-30 - Page 12

More Quincy news:
The Quincy Sun.com

The State Of Physical Fitness: Summer 2021

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

As you may recall, almost everything changed in mid-March 2020 when our nation transitioned from predominantly public to predominantly private due to the COVID virus. Like other colleges, my fellow professors and I stopped teaching students in classrooms and started instructing students over the internet.

Like all other fitness facilities, our fitness center closed, and like most other fitness program participants, our former exercisers discontinued their physical fitness program. Some dedicated individuals continued to train at their homes, but these were the exceptions rather than the rule. This was especially true for middle-aged and older adults, who typically prefer training with others under cooperative conditions of instruction and supervision. For most, training at home just wasn't the same as training in well-equipped and well-staffed fitness facilities with other exercisers.

Another undesirable aspect of the COVID-related closures was the loss of

employment for a large percentage of our population. Among that group were fitness professionals who worked in YMCAs, JCCs, fitness centers, and health clubs. With no knowledge of when fitness facilities would reopen, and with thousands of experienced fitness professionals waiting to be reinstated, many potential exercise science students decided to enroll in other college programs. My exercise science courses that had 25 students in the fall of 2019 had 7 in the fall of 2020. Thankfully, as things have progressed, most fitness facilities are experiencing a resurgence in their membership. This reinforcing response was somewhat unexpected, but very much appreciated. However, for a variety of reasons, many former fitness professionals have not returned to their previous positions. Consequently, there are numerous opportunities for fitness instructors and personal trainers throughout the Greater Boston and South Shore communities.

If you have an interest in physical fitness and a desire to be in a health-related pro-

fession, I recommend that you explore some of the outstanding exercise science educational programs that are available in the Greater Boston and South Shore areas. If you are not a recent high school graduate, please keep in mind that a high percentage of exercise science students are between 25 and 50 years of age (and we have had many students in their 60s).

Many people (including most physicians) consider physical fitness to be a very viable form of preventive medicine, and my 50 years of experience in this field would definitely validate this viewpoint. With respect to preventive medicine, here is just one health-related reason for teaching and training people with respect to the proper prescription and performance of resistance exercise. Approximately 85 percent of the adult population (and a large percentage of the youth population) have too little muscle and too much fat. In fact, too little muscle is a predisposing reason for too much fat. Less muscle leads to a lower metabolic rate, which results in fewer calories burned (24 hours a day), and more calories stored as body fat.

Perhaps most disturbing, excessive body fat is associated with a variety of illnesses and infirmities that are affecting more people of all ages. For example, the increase in overweight/obesity is frequently paralleled by increased blood sugar, el-

evated blood pressure, high blood cholesterol, metabolic syndrome, diabetes, stroke, cardiovascular disease, and several types of cancer. In addition to these issues, the range of physical problems associated with too little muscle include reduced metabolic rate, osteoporosis, low back pain, arthritis, and many other musculoskeletal infirmities.

Although more than 70 percent of American adults are presently following a low calorie diet plan, this approach to weight loss has little permanent benefit, as evidenced by the rising percentage of obese adults. Research reveals that 90 percent of all dieters regain all the weight they lost within one year. This is largely because dieting further reduces muscle tissue and metabolic rate, which makes it extremely difficult to maintain the weight loss. Most people do not realize that 20 to 30 percent of the weight lost during dieting is actually muscle tissue.

Because the key to reducing body fat is muscular activity that increases metabolic rate, resistance exercise is the most effective means for attaining and maintaining desirable body composition. Surprisingly, few adults know how to implement an appropriate strength training program, which partially accounts for the low percentage of men and women who regularly perform resistance exercise.

So, how do we educate the public about the benefits

of strength training, and how do we motivate people to engage in this important, life-improving physical activity? My hope is that many more adults (young, middle-age, and older) will consider careers as health/fitness professionals. If we don't begin to address serious health issues from a preventive perspective, we will soon overwhelm our medical system (especially with the present COVID crisis).

If you have an interest in becoming a health/fitness practitioner, consider the following suggestions for entering this profession as a competent fitness instructor, personal trainer, or health coach. First, it is important to receive academic training (program certificate, associate's degree, or bachelor's degree) in exercise science or health promotion science at an institution of higher learning. This will provide you with both the general educational background and the specific instructional skills to function effectively in the field of fitness. Second, it is helpful to have some practical experience as a student intern or volunteer instructor under the mentorship of a master trainer. While exercise experience is not an acceptable substitute for academic education, neither is academic education an acceptable substitute for instructional experience. Both are highly desirable for achieving excellence as a fitness professional.

You may also want to consider a specialization within the field of health/fitness, such as wellness counseling, clinical exer-



WAYNE WESTCOTT

cise, youth fitness, senior fitness, sports conditioning, group exercise, weight loss, strength training, cardio training, flexibility training, functional training, cardiac rehabilitation, fall prevention, etc. Developing expertise in specific health/fitness areas requires additional time and training, but it is advantageous personally and professionally to do so.

One of my most reinforcing professional endeavors is encouraging people to explore careers in health/fitness. If you would like more information on becoming a health/fitness professional, please contact me anytime at 617-405-5978 or wwestcott@quincycollege.edu.

Wayne L. Westcott, Ph.D., is chairperson of the Quincy College Exercise Science Department and Director of the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne can be reached at 617-405-5978 or at wwestcott@quincycollege.edu

DiBona Office Hours Aug. 11

Councillor-at-Large Noel DiBona will hold hours at Quincy City Hall in the Great Hall of the James R. McIntyre Government Center (old City Hall), 1305 Hancock St. on Wednesday, Aug. 11th from 5 to 6 p.m.

DiBona hosts office hours to give the residents of Quincy an opportunity

to come in and discuss any topics in-person. Other office hours this summer will be held on Wednesday, Aug. 25th from 5 to 6 p.m.

Constituents unable to attend office hours can email DiBona at ndibona@quincyma.gov or call 617-834-4081 to arrange an appointment to meet with him.

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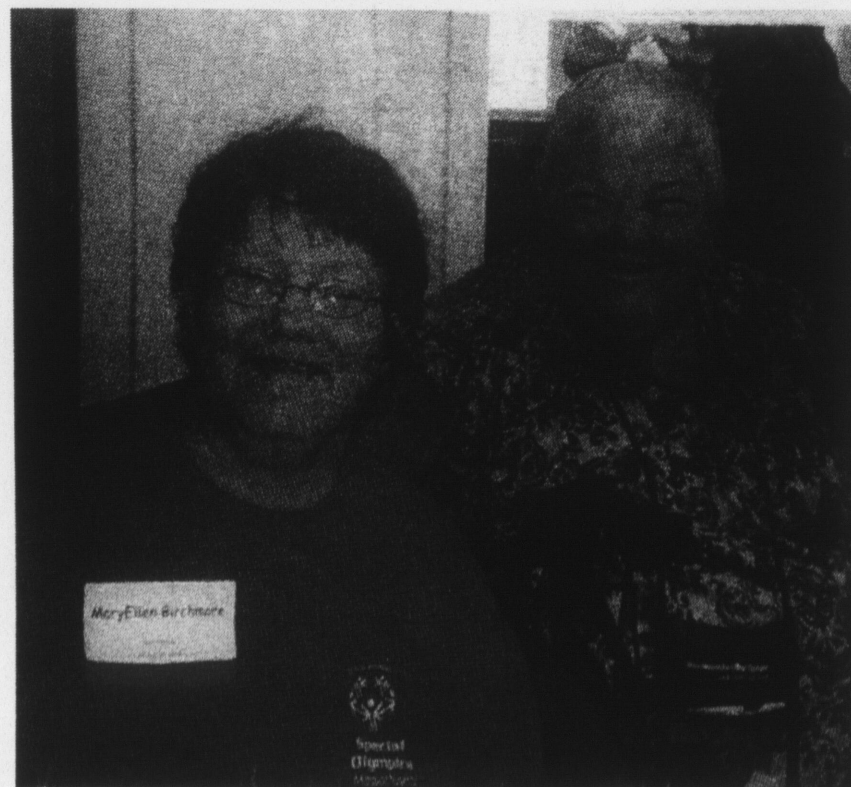
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Rain Location: Quincy High School Auditorium

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SUBMISSION:**

To have your loved one included in the video memorial please submit a photo along with their name in JPEG format to Lmartin@quincyma.gov by August 25th

"The world changes from year to year, our lives from day to day, but the love and memory of you, shall never pass away."



MaryEllen and Cathy Birchmore

Happy Heavenly Birthday August 8
to my very special sister, Cathy Birchmore.
I Miss You and Love You!
Love you always, your sister MaryEllen

AUG

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2021

21 Candidates Qualify For Fall City Election Ballot

Cont'd From Page 1

A third resident, Jorgette Theophilis of 4 Norman Rd., returned her nomination papers but was five signatures short of the requisite 50. A preliminary election in would have been required in the Ward 2 race if she had qualified for the ballot.

In Ward 5, incumbent Charles Phelan Jr. of 298 Fenno St. and challenger Stephen Christo of 42 Standish Ave. both qualified for the ballot. Phelan is seeking his second consecutive term; he previously represented Ward 5 on the council from 1988 to 1996. Christo had run against Phelan for an open seat in 2019.

The remaining incumbent councillors – Ward 3 Councillor Ian Cain of 93 Forbes Hill Rd., Ward 4 Councillor Brian Palmucci of 16 Cross St. and Ward 6 Councillor William Harris of 74 Ashworth Rd. – qualified for the ballot and will be unopposed in the fall. Cain and Harris are seeking their fourth terms and Palmucci his seventh.

Seven candidates qualified for the ballot in the School Committee race, which means a preliminary election will take place on Tuesday, Sept. 14 to whittle the field of candidates down to six, barring any withdrawals.

All three committee members whose terms expire at the end of the year have qualified for the ballot: Douglas Gutro of 85 Arnold St., Emily Lebo of 354 Highland Ave. and Court-

ney Perdios of 86 Ruggles St. Gutro, who previously served on the City Council, is concluding his first four-year term on the committee; Lebo has served 10 years on the board; and Perdios was appointed to the seat in February to fill out the remainder of Andronico's term after he joined the council. Perdios had finished in fourth place in the 2019 school board election.

Joining them on the ballot are challengers Tina Cahill of 51 Grenwold Rd., Ellen Patterson O'Donnell of 6 Hatherly Rd., Liberty Schaaf of 28 Howe St. and Liz Speakman of 129 Merrymount Rd. O'Donnell, Schaaf and Speakman were also nominated for the open seat Perdios filled during the February joint convention.

An eighth candidate, John McDonald of 241 Quincy Shore Dr., took out nomination papers but did not return them.

Candidates for both City Council and School Committee have until 5 p.m. on Aug. 10 to submit certified nomination papers, including a statement of candidacy, to the clerk's office. The deadline for objections and withdrawals is 5 p.m. on Aug. 12. Ballot position for the preliminary will be determined by drawing at 10 a.m. on Friday, Aug. 6.

The deadline to register to vote in the preliminary is 8 p.m. on Aug. 25. The last day to apply for a mail-in ballot ahead of the preliminary is Sept. 8 and the deadline to request an absentee ballot is noon on Sept. 13.

The cut off to register to vote ahead of the final elec-

tion is 8 p.m. on Oct. 13. The deadline to request to vote

by mail in the final election is Oct. 27 and the deadline

to request an absentee ballot is noon on Nov. 1.



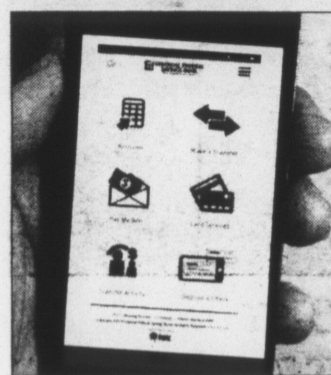
TOWN RIVER YACHT Club's Bobby Caldwell, right, passes Sean Leuchte, left, of Town River Yacht Club to win the Optimist Green race during the 83rd annual Quincy Bay Race Week regatta. More coverage begins on Page 16.

Quincy Sun photo/Tom Gorman

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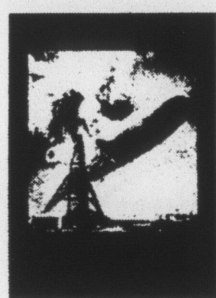
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Moments in time

THE HISTORY CHANNEL

- On Aug. 22, 1776, the British arrive at Long Island, between Gravesend and New Utrecht, with 24,000 men. They captured New York City on Sept. 15. It would remain in British hands until the end of the war.
- On Aug. 20, 1804, Sgt. Charles Floyd, quartermaster of the Lewis and Clark expedition, dies near present-day Sioux City, Iowa, becoming the first U.S. soldier to die west of the Mississippi. Floyd likely died from acute appendicitis.
- On Aug. 16, 1841, President John Tyler vetoes a second attempt by Congress to re-establish the Bank of the United States. In response, angry supporters of the bank, many from his own party, the Whigs, burned an effigy of Tyler outside the White House.
- On Aug. 18, 1920, a dramatic battle in the Tennessee House of Representatives ends with ratification of the 19th Amendment to the U.S. Constitution, giving women the right to vote. The decisive vote was cast by a 24-year-old representative, who changed his vote after receiving a note from his mother.
- On Aug. 17, 1969, the Woodstock Music & Art Fair ends after three days of peace, love and rock 'n' roll in rural New York. Promoters expected no more than 200,000 people, but almost half a million showed up, with most getting in free when the gates had to be opened.
- On Aug. 19, 1953, the Iranian military, with U.S. assistance, overthrows the government of Premier Mohammed Mosaddeq and reinstates the Shah of Iran. As thanks, the Shah signed over 40% of Iran's oil fields to U.S. companies. The Shah was toppled from power in 1979.
- On Aug. 21, 2004, American swimmer Michael Phelps wins his eighth medal of the Athens Olympics, six gold and two bronze, tying him with Soviet gymnast Aleksandr Dityatin for the most individual medals won at a single Olympic Games.

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Daisy fleabane

Often dismissed as weeds, these plants provide nectar and pollen for bees, flies, wasps and butterflies. Some insects, and animals such as deer, rabbits, groundhogs and livestock may feed on the entire plant. Daisy fleabane grows best in fields, along roadsides and around waste areas and helps to reduce soil erosion. - Brenda Weaver

Source: www.illinoiswildflowers.info

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State, Local Officials Will Work Together On Redistricting

Cont'd From Page 1

State officials will work with cities and towns on the redistricting process, Keenan said, and cities and towns should be able to start their precinct-level work once they have enough data from the federal government to do so.

"What is contemplated is that the local communities will work with the state in tandem to get through this process. The late census figures meant that municipalities were not able to meet a June 15 deadline in terms of providing information. The secretary of state made it clear that he was not going to sue any communities for not presenting that information, because they didn't have it," Keenan said.

"So what happened basically is it relieved the communities of that requirement and does allow - if the final form gets to the governor as it is - it does allow the state to go forward with the redistricting of congressional districts, state Senate and state House districts and then municipalities will do precinct work after that if they can't get to it beforehand.

"But, my understanding is, there is nothing to prevent a town that feels it has good information from proceeding with its precinct-level work and giving that information as soon as possible to the state. The big issue has been we just don't have the data that we need."

The next data release from the federal government will happen in mid-August, Keenan said.

"There is going to be, I think, a data release on Aug. 16 or thereabouts which should provide municipalities with some fairly reliable census figures," he stated.

"I'm not certain how that

will play out in Quincy, because I think there is a concern that this federal census may undercount Quincy's population and Quincy may have to challenge it, so it is going to be interesting to see how that works."

In previous redistricting cycles, the state used new precinct lines to draw up legislative and congressional districts and worked to avoid splitting precincts between different members of Congress or the legislature, Keenan said. That might be unavoidable in some places this year but should not impact Quincy.

"Historically, Quincy would go about and take census numbers and then develop its 30 precincts, basically...present that precinct information to the state and then the state would say 'OK, we know Quincy has 30 precincts, those are the precinct boundaries, so we want to make sure Ward 5, Precinct 1 isn't split voting for one member of Congress if you live on this street and if you live across the street voting for another member of Congress or even for state senator or state rep," he explained.

"That is how it was planned to be done, but because data is late, the state will go ahead and do whatever they have to do on the ones they are responsible for, and then the municipalities will do it in tandem or follow closely behind.

"From what I understand, there may be a few places still in the state where precincts are split for purposes of congressional elections and I guess to some degree that may be unavoidable, but I don't think there will be a huge impact in Quincy. I think the bigger issue in Quincy will be what is our number."

Given Quincy's population growth over the past decade, Keenan said the city's ward and precinct lines are likely to change.

"Look at Quincy Center compared to 10 years ago," he said, pointing to residential projects completed in recent years like Chestnut Place, Cliveden Place, Nova Residences, West of Chestnut and new buildings on Mechanic Street.

"You just look at those and you realize that is a pretty substantial population growth in an area where there wasn't anything ten years ago."

"There is a pretty good chance you will see changes at the precinct and ward level, so ward councillors may be impacted. Councilors at large will not be," Keenan added. "State representatives, I presume will be; they may pick up certain areas or drop certain areas depending on where population growth has occurred."

Keenan said he would prefer that his Senate district keep including the entirety of Quincy; he expects it will, as the city has historically not been divided between multiple senators.

"The impact on my district may be south of the city in Braintree, Holbrook, Rockland and Abington," he said.

It remains to be seen how US Rep. Stephen Lynch's district, which includes Quincy, will change, Keenan said.

"There is speculation Congressman Lynch's district, there has been more growth south of Boston than there has been in that area, so who knows how that will play itself out," Keenan said.

Four members of the Massachusetts House of Representatives currently

represent different parts of Quincy, including Rep. Daniel Hunt of Boston, whose district includes just one Quincy precinct in the Montclair section of the city.

When asked about that district, Keenan said it would make sense if it were redrawn so that it no longer includes Quincy.

"That to me would be logical. I guess it depends on what the numbers show," he said. "Logically that would go to Rep. Ayers. Knowing that rep districts are going to be larger anyway, will that be enough for him to meet the larger requirement or will it be too much and he has to shed a little bit in Randolph."

Keenan said he would prefer that a special commission, rather than the legislature, oversee the redistricting process, but he does have faith in the process as it is now.

"My position is that for the state, we should have had a non-partisan, independent redistricting commission. Massachusetts has not done that. I think we should," Keenan said.

"I think it would send a good message to the rest of the country that this is how it should be handled, but I do have complete faith in Sen. Brownsberger, who will be handling it for the Senate as I did with Sen. Rosenberg, who did it ten years ago.

"There were no lawsuits ten years ago when it was done. Everybody seemed to be pleased, every group seemed to feel like they were heard and the districts were fairly set. I believe that will happen this time too - I am confident that it will - but I would prefer in Massachusetts, and in each state, for there to be independent, non-partisan redistricting commissions."

Suffrage Tea, Lecture At Eustis Estate Sunday

In honor of the fundraising teas for women's suffrage at the turn of the century, the Eustis Estate

welcomes fashion historian Raissa Bretaia to its own suffrage tea to speak on how fashion was a crucial part of this political movement Sunday, Aug. 8.

Dress played an important role in constructing the image of the American suffragist. Raissa examines how fashion shaped the practices of public activism, women's rights, and dress reform in America - from the drawing rooms of wealthy socialites to the streets of New York City and even the gates of the White House. These stylized modes of dress reflected the shifting ideals of American

suffragists from the dawn of the new century to the ratification of the nineteenth amendment in 1920.

White clothing and Edwardian dress highly encouraged. Doors open at 3 p.m. Lecture begins at 3:30 p.m. followed by tea service on the terrace.

Call 617-994-6600 for more information or visit <https://my.historicnewengland.org/11513/eus-suffrage-tea> to purchase tickets. Purchase tickets for your party at once to be seated together. The Eustis Estate is located at 1424 Canton Ave., Milton.

AUG

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2021

Scenes From Yesterday



JONAS ENGLUND, proprietor of this Auto Service Station at 470 Southern Artery, published this 1934 postcard. Englund first operated a tire repairing business here and then bought out an adjacent auto repairing shop. He then took on the Sunoco brand of gasoline and motor oil and provided all types of auto services as shown by the various signs. The shop was next to the

Quincy Police Station until Broad Street was built in the 1940s and separated them. In the left background, beyond the two Model A Fords and the tree, can be seen the old City Home, now the site of Father Bill's Place. Englund's site is home today to a Pearl Vision shop, directly across the Artery from McDonald's.

From the Tom Galvin Postcard Collection

State Issues Updated Mask Guidance

By SCOTT JACKSON

Massachusetts officials are now recommending certain individuals who are fully vaccinated against COVID-19 wear face masks indoors in light of the spread of the highly transmissible delta variant.

State officials have also released new guidance for the upcoming academic year encouraging school districts to let fully vaccinated students go without masks and recommending masks for all unvaccinated individuals.

The new mask guidance released on July 30 by the Massachusetts Department of Public Health was issued several days after the US Centers for Disease Control and Prevention recommended that fully vaccinated individuals wear masks or face coverings when indoors if other risk factors are present given the spread of the delta variant.

The updated guidance from the DPH encourages fully vaccinated individuals to wear masks or face coverings when indoors and not in your own home, "if you have a weakened immune system, or if you are at increased risk for severe disease because of your age or an underlying medical condition, or if someone in your household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated."

All individuals, regardless of vaccination status, are required to continue wearing face coverings in certain settings, including public transportation and health care facilities.

Speaking a community vaccination event in Roxbury, Gov. Charlie Baker

said the new state guidance was meant to simplify the CDC recommendations while also taking into account the fact that Massachusetts has the second-highest vaccination rate in the country, trailing only Vermont.

"If you have a serious health condition or at a serious risk of developing severe illness from COVID, you should take extra precautions. If you have a close friend or family members who have a serious health condition, or are at a serious risk of developing severe disease or illness from COVID, you should take extra precautions," Baker said. "If you are not sure, or you have concerns about your personal health or that of a family member, you should consult your healthcare provider."

"Remember: Please get vaccinated if you haven't. That is your best possible protection from COVID."

During his remarks, the governor repeatedly urged residents who have not already gotten vaccinated to do so. Only 6,373 or 0.15

percent of the 4.3 million Massachusetts residents who are fully vaccinated against COVID-19 have tested positive for the disease and 361 or 0.008 percent of fully vaccinated individuals have been hospitalized, he said.

"Make no mistake: These vaccines are life savers. They are the single most powerful tool we have in fighting the pandemic," Baker stated. "These vaccines are why we have been, and we continue to move forward here in Massachusetts."

"They are your best protection, they are your parents' best protection, they are your family's best protection against COVID, so please, if you haven't gotten vaccinated, get vaccinated." Earlier on July 30, the Department of Public Health and the Department of Elementary and Secondary Education released new guidance for local districts with the start of the school year approaching.

Baker said local officials would be able to set their own policies for the new

school year, but they must offer in-person learning for all students.

"We fully expect cities and towns to make adjustments to do what is right for their respective school districts, but one thing is clear: All schools in all districts must be open every day to every student, no matter what," he said. "The documented negative impact that resulted from the uneven, unpredictable and profoundly difficult year that students had last year cannot and must not happen again."

"In-person learning is the only available option for Massachusetts schools and their students and hopefully today's guidance will help local officials finish their preparations as they get ready to welcome their students back in the fall."

The guidance strongly recommends that all students in kindergarten to grade 6 wear masks while indoors, expect for students who cannot do so because of medical conditions or behavioral needs. The guidance states that masks are

Cont'd On Page 25

Quincy's Yesterdays

This Week
1962
59 Years Ago

Cemetery Land Needs Filled For 50 Years

By FRANK McCAULEY

The 43-acre tract in the Blue Hills Reservation, which the Metropolitan District Commission (MDC) gave the city of Quincy under recently approved legislation, will provide for Quincy's cemetery requirements for the next half a century, Mayor Amelio Della Chiesa estimated.

"If managed correctly there is no reason why it should not be self-supporting," said Della Chiesa.

The MDC, at the request of the mayor, was expediting the transfer of the title to this big tract near the Braintree line to Quincy. At the present rate of \$175 per lot, the new cemetery will bring in about \$4.2 million for perpetual care and about \$1.8 million for the sale of lots during the next 50 years.

Under the bill filed by the mayor and recently signed by Governor John Volpe, the city is getting the land free from the MDC.

INTERIOR DEPARTMENT PROPOSES ADAMS HISTORIC SITE EXPANSION

The Interior Department has asked Congressional authority to enlarge the Adams National Historic Site in Quincy by an addition of about five acres.

The present site totals 4.77 acres and includes the Adams Mansion or "Old House," the home of four generations of the Adams family.

The land in question was a vacant lot at the corner of Adams Street and Presidents Lane across the street from the Adams Mansion.

Mrs. Frank Harris, superintendent of the site, said that she didn't know what use would be made of the Beale property, which included the Beale Homestead built in 1792. The department said it is urgent additional lands be made a part of the historic site to protect and preserve its historic integrity. The present site was donated by the Adams Historical Society.

QUINCYISMS

Actress Lee Remick, daughter of Frank Remick, owner of Remick's Department Store, escaped serious injury when the limousine she was riding in, collided with a truck in Malaga, Spain... Quincy Health Commissioner Dr. Richard Ash requested city officials to cover the reservoir tank in the quarry area adjacent to Cranch Hill. He said gulls and other birds flying over the tank from the nearby dumpster created health hazards... Wilfred A. Nolan, principal of the Lincoln and Hancock schools, was appointed by James Deupree, chairman of the United Fund Drive, to head up the Schools Division of the 1963 United Fund Campaign... Capitol Supermarkets, 1508 Hancock St., was advertising "Lean, Meaty, Ground Beef for 39 cents a pound"... William Martin, president of the South Shore National Bank, was the guest speaker of the Tuesday luncheon meeting of the Quincy Rotary Club held at the Neighborhood Club... First National Stores was offering "Veal Steak for 89 cents a pound"... Mr. and Mrs. Richard Shaw of 55 Lenox St., Houghs Neck, welcomed a daughter born Aug. 5 at Quincy Center Hospital... "El Cid," starring Charlton Heston and Sophia Loren, was playing at the Strand Theater, Chestnut St., Quincy Center... Squantum Women's Club members celebrated the 50th anniversary of its founding at a garden luncheon at the home of Mrs. John P. Curry of Bay Street. Mrs. Howard A. Frost and Mrs. Alexander MacDonald were general chairmen of the day... Dick Patterson and Luba Lisa were appearing in "Bye, Bye Birdie" at the South Shore Music Circus... Alfred Kaufman, 33 Dale Ave., South Quincy, was elected to serve a three-year term on the board of directors of Congregation Adas Shalom... Mrs. Helene Perrone was once again appointed to head the Real Estate Division of the annual United Fund Drive in Quincy. Mrs. Perrone and her husband William reside at 37 Glendale Rd... The Committee to Elect Ward Three Councillor James S. McCormack state senator was scheduled to hold an open meeting, Thursday, Aug. 9 at Walsh's Restaurant, North Quincy. All those interested in Councillor McCormack's candidacy were invited to attend... Bruce MacRitchie won the King Trophy for being the outstanding skipper at the YMCA sailing camp at Mason's Point in Squantum... The Bargain Center, Quincy Center, was advertising "Men's Summer Suits, 25% Off Our Already Low Prices"... Hugh W. McNulty, son of Mr. and Mrs. W. McNulty, 33 Quincy Ave., Quincy, received a Harvard national scholarship to Harvard Law School. He graduated from Harvard University in June... Miss Grace Guinchiglia, secretary to Mayor Amelio Della Chiesa, was the guest speaker at the weekly meeting of the Quincy Kiwanis Club. Her topic: "The Boss-Secretary Team"... The Beauty Garden, 1436 Hancock St., downtown Quincy, was offering "All Permanents, \$6.95 Complete, None Higher."

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Arts & Entertainment

JM Productions Announces New Cabaret Shows, Concerts

By JOHN McDONALD
JM Productions

JM Productions, Entertainment Producer in Quincy, "is back" after a 20-month hiatus presenting all new cabaret shows, concerts and more in a new location all while celebrating its 40th Anniversary.

JM has joined forces with The Marriott Hotel in Quincy to bring quality entertainment at reasonable prices to an upscale, hip & trendy venue.

Line dancing, a Jazz Brunch series, concerts, cabaret, and other entertainment events are planned for JM's 40th year in the entertainment business. The Marriott Quincy offers JM numerous options to present productions utilizing their junior/senior ballrooms, and event spaces.

The lineup for the new 2021/2022 Cabaret Series includes a Thursday and Friday luncheon matinee with a Friday evening dinner theatre experience. Doors open at 11:30 a.m. for lunch & 6:30 p.m. for dinner. No early birds please. For tickets visit <https://ticketstothecity.com/jm>.

JM's 2021 Season

Sept. 9th & 10th ~ "Happy Days Are Here Again: Celebrating Tomorrow with the Music of Yesterday" starring The Kidwell Sisters, Hannah & Lauren who arrive directly from NYC.

Oct. 7th & 8th ~ "Falling in Love" Nationally

acclaimed actors Brandon Grimes and Adrienne Paquin return to their native Boston from NYC to sing selections from Sinatra to the Beatles to Rodgers and Hammerstein, and much more.

Nov. 18th & 19th ~ The American Soldier play is based on real stories and letters written by veterans and their families from the American Revolution through our recent conflicts in Iraq and Afghanistan. Direct from the Kennedy Center for Performing Arts (2016 & 2019), The Library of Congress and Off Broadway.

Dec. 16th & 17th ~ "What Christmas Means to Me" our yearly (40 years) musical revue tailor made to "kick off" the holiday season. This "one stop shopping" dining and musical event is a perfect solution for all holiday gatherings. The show is rich in variety and has a consistently high quality of music with a superb cast of performers. We even have a sing-along and holiday contest for our audiences.

JM's 2022 Season:

March 31st & April 1st ~ The Steve & Eydie Show, celebrating the music of Steve Lawrence and Eydie Gorme. Jim Rice and Valerie Sneade-Roy pay tribute to this couple whose love for one another is eclipsed only by their musicality. Songs celebrated include

"This Must Be the Start of Something", "Make Someone Happy", "A Lot of Living", "What Did I Have", "A Room Without Windows" and many more.

April 21st & 22nd ~ Mel "Martie" Martin stars with Tom LaMark in Ella, Peggy, Doris, and Me with music from Fitzgerald, Lee, Day and many more. With a vocal style that reveals a deep appreciation for the Great Ladies of jazz and musical theatre, audiences often characterize Mel "Martie" Martin as "mesmerizing," a "voice of a thousand colors," as described by Boston jazz legend Bo Winiker. Having Tom LaMark "on the keys" is such a bonus for JM's audiences.

May 5th & 6th ~ "Just the Two of Us" starring father and daughter, Jim Porcella and Renee Legendre, performing a wide variety of music including songs originally recorded by Rosemary Clooney, Frank Sinatra, Natalie Cole, and Michael Bubl , among others.

June 2nd & 3rd ~ "Dream Along with Me" the music of Perry Como and more starring variety artist, stand up comedian, musical comedy actor and vocalist "Mr. Saturday Night" Warren Schein. Tom LaMark is on the "88's. What a great way to end our 2022 season! This guy (with Tom) is NOT to be missed! HONEST!

Upcoming Line Dancing dates include Aug. 26th,

Sept. 16th and Oct. 14th. Jazz Brunch dates in-

clude Aug. 8th, Sept. 10th, Oct. 10th and Nov. 14th.

SEP 9, 10
HAPPY DAYS ARE HERE AGAIN
Celebrating tomorrow with the music of yesterday
Starring the Kidwell Sisters, Hannah and Lauren directly from NYC!

OCT 7, 8
FALLING IN LOVE
Music from Sinatra to the Beatles to Rodgers & Hammerstein, and much more!

NOV
THE AMERICAN SOLDIER
A play based on real stories and letters written by veterans and their families.

DEC 16, 17
WHAT CHRISTMAS MEANS TO ME
A musical revue to kick off the holiday season!

MAR 31 & APR 1
STEVE & EYDIE SHOW
The music of Steve Lawrence & Eydie Gorme
Long time friends & musical partners, Jim Rice & Valerie Sneade-Roy pay tribute to the beloved couple.

MAY 5, 6
JUST THE TWO OF US
Father daughter duo performing music from Rosemary Clooney, Sinatra, Natalie Cole, and others!

JUNE 2 & 3
DREAM ALONG WITH ME
The music of Perry Como and more starring variety artist, stand up comedian, musical comedy actor and vocalist "Mr. Saturday Night" Warren Schein with Tom LaMark.

1000 Marriott Dr. Quincy, MA 02169
Phone: (617) 472-1000

TO PURCHASE TICKETS:
<https://ticketstothecity.com/jm>
FOR MORE INFO VISIT:
www.jmproductionsresents.com

Movie Review: 'Old'

By BOB GARVER

In a twist worthy of director M. Night Shyamalan, his latest movie "Old" pulled an upset at the weekend box office recently, beating out "Snake Eyes: G.I. Joe Origins" for the #1 spot. I'm glad this happened, as "Snake Eyes" was unoriginal franchise garbage that may prove detrimental to the career of likeable star Henry Cavill (Grade: D). Many are saying that "Old" is also garbage, but I say at least it's unique.

The film follows a group of vacationers as they visit a secluded beach near a tropical resort. Our main characters are the Cappa family: safety-minded father Guy (Gael Garcia Bernal), questionably loyal mother Prisca (Vicky Krieps), honey-voiced daughter Maddox (Alexa Swinton... initially), and obnoxious know-it-all son Trent (Nolan River, initially). They're joined by another family: stuck-up doctor father Charles (Rufus Sewell), vain social media "personality" mother Cry-

tal (Abbey Lee), pitiable daughter Kara (Kyle Bailey, initially), and grandmother Agnes (Kathleen Chalfant). Rounding out the group are nurse Charles (Ken Leung), psychologist Patricia (Nikki Amuka-Bird), and rapper Mid-Sized Sedan (Aaron Pierre).

We're not here to see these people make sand castles, something freaky has to happen. It soon does in the form of a dead body washing ashore. Charles is extremely suspicious of Mid-Sized Sedan... and he also thinks he has something to do with the body. The elderly Agnes has a heart attack soon after. A supposedly benign tumor causes distress for Prisca. Charles grows mentally unstable (Rufus Sewell played Anthony Hopkins' son-in-law in "The Father," and he's very much channeling Hopkins' Oscar-winning performance as an Alzheimer's sufferer here). And the kids are rapidly growing out of their swimsuits. Also, they can't get off the beach and

a resort employee (Shyamalan) is spying on them, but not helping.

As hard as it is to believe, the beach is causing people to age at an accelerated rate, a year every half hour. The child characters are recast about every ten "years" so as not to require distracting amounts of makeup or special effects (which is good, because the child acting in this movie is super-stiff). The same doesn't happen with the adults (there's some hokey about their features already being set), which is a shame because it would really get people talking if they brought in Hopkins to play an older version of Charles.

The setting is cause for some dangerous scenarios, from perilous rock climbing and swimming in hopes of escape, to paranoia and hostility over who knows what, to a pregnancy that invites some uncomfortable questions about age of consent. And of course, not everyone makes it. Hint: the older they are, the worse their

chances.

Shyamalan movies are known for their big ending twists, and this one indeed provides one. And I don't just mean that the staff at the resort aren't "on the level," everyone will figure that out right away. The bigger twist makes some sense, given the information at hand, though in many ways it is ridiculous. It taps into some timely issues involving medical treatments and their reliability.

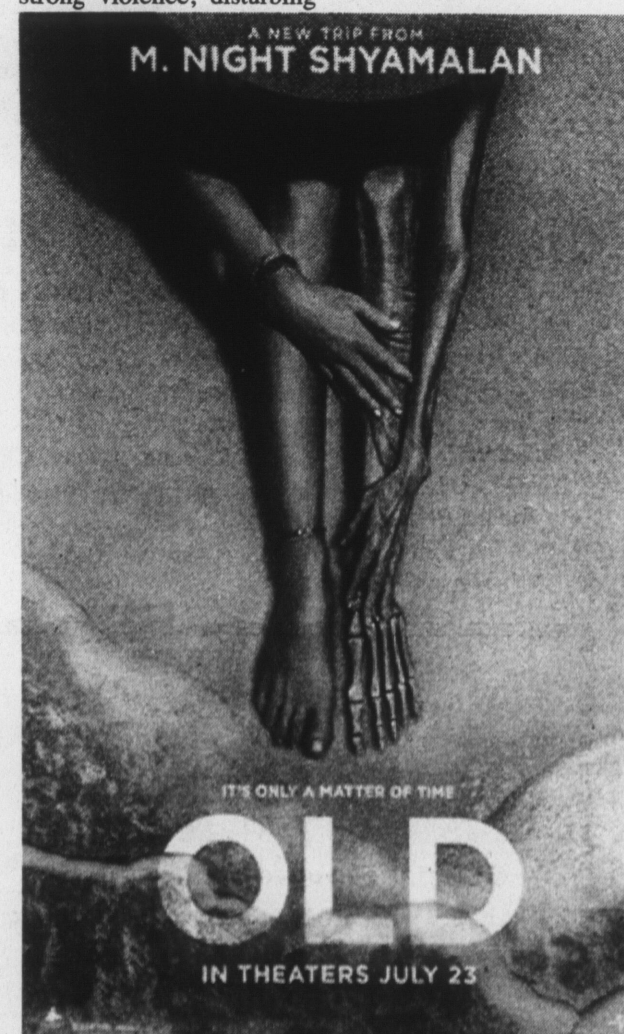
The best and worst thing about "Old" is its ambition. There aren't a lot of "rapid aging" movies out there, and most of them are comedies, not horror like this one. The movie does some interesting things with the premise (we see a calcium deficiency taken to extremes), some overly-predictable things with the premise (let me guess, an epileptic character won't survive a seizure), some goofy things with the premise (the pregnancy), and some sweet things with the premise (Guy and Prisca grow old together). There's a lot of hitting and missing with Shyamalan's ideas, and I can see some people thinking it misses more than

it hits, but I think it's about equal. Plus the Dominican Republic scenery is beautiful.

Grade: B-
"Old" is rated PG-13 for strong violence, disturbing

images, suggestive content, partial nudity and brief strong language. Its running time is 108 minutes.

Contact Bob Garver at rrg251@nyu.edu.



AUG

5

2021

Arts Affair At Marina Bay Virtual Gallery; Outdoor Activities Aug. 7, Aug. 8

The 25th Annual Arts Affair exhibit is virtual this year. Gallery pages go live Saturday, Aug. 7th for viewing.

Then, the public is invited to Marina Bay Aug. 7 & 8, 10 a.m. to 4 p.m. for in-person, outdoor activities including artist demonstrations, plein-air painting, community open canvas,

and a drop-in, live-model painting session, Sunday, 1-3 p.m., BYOAS (bring your own art supplies).

The awards presentation will be held Sunday, Aug. 8 at 3:30 p.m. by the giant anchor. Free admission and free parking.

All activities are weather permitting at 500 Victory Rd., Quincy. The website is www.artsaffair.org.

'Saturdays In The Park'

The Wollaston Hill Neighborhood Association (WHNA) is hosting "Saturdays in the Park," an outdoor summer series featuring a craft beer garden, food, live music, and family fun.

The event series starts on Saturday, Aug. 7th and runs through Sept. 18th. All activities will take place between 3 and 8 p.m. at Safford Park, 166 Beale St., Quincy. Visit WHNA's website for each week's schedule at www.wollastonhill.com. The WHNA recommends public transportation; MBTA 211 bus stops at Safford Park.

The Wollaston Hill Beer Garden will be available all afternoon. Proceeds from the beverage service help

fund this community building event series run by the WHNA.

Free live music begins at 3 p.m. each week. Food will also be available for purchase throughout the day. Corn hole games will be set up for a friendly competition among attendees. On Aug. 28th, the event series will also feature Quincy's second annual "All-Neighborhood Cornhole Tournament," where teams representing neighborhoods from across the city will compete for a trophy and bragging rights.

For more information, contact info@wollastonhill.com or visit the WHNA website at www.wollastonhill.com.

Create Your Own Backyard Paradise

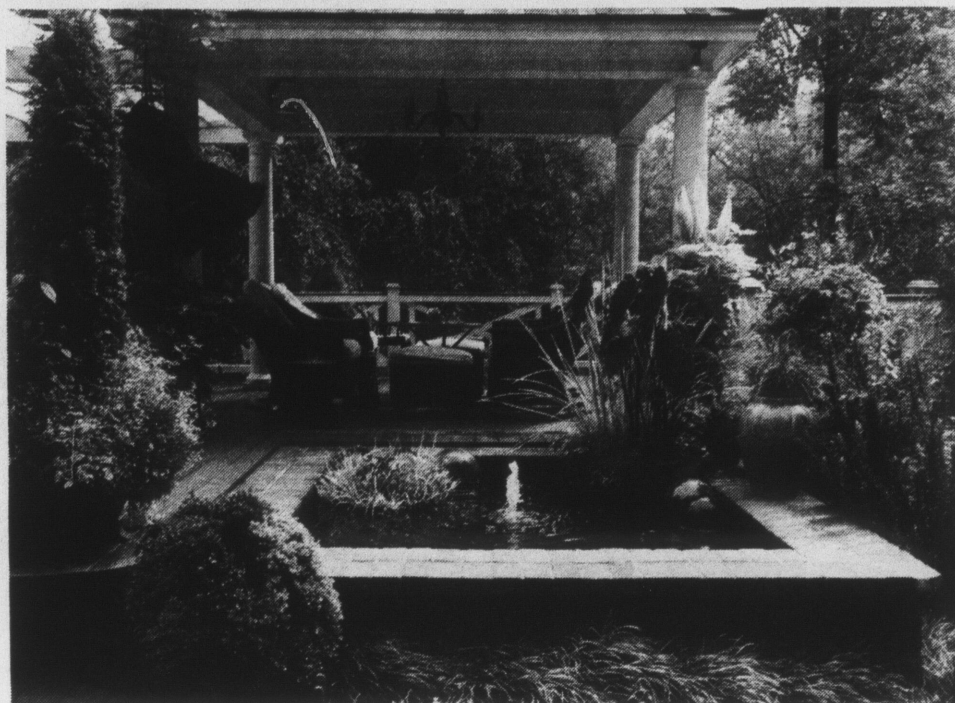
By MELINDA MYERS

You don't need a plane ticket, tank full of gas or train ride to enjoy a bit of paradise. Create your own in a small alcove, large patio, or deck in your own backyard.

Start by visualizing what paradise looks and feels like to you. A table and chair surrounded by beautiful plants makes a wonderful space to relax, read a book and enjoy some alone time. For some, it means a patio or deck filled with colorful planters and surrounded by ornamental grasses, vine covered trellises, flowering shrubs, and evergreens. These will help define the space, provide privacy, mask unwanted noise, and provide a great space for entertaining.

Don't let a lack of space, patio, or deck stop you from building a backyard getaway. Look for those underutilized areas. Perhaps it is a back corner of the yard, space next to the garage, side yard or a spot under a big shade tree. A vine covered arbor, piece of indoor-outdoor carpet and a few planters can turn any space into a backyard retreat.

Once you identify the space and desired function, think about the ambience you want to create. For a tropical escape, include



IF YOU WANT a tropical escape, include leafy plants like elephant ears and banana plants in pots, wicker furniture, a water feature and colorful flowers like hibiscus and mandevilla.

Photo Courtesy of MelindaMyers.com

leafy plants like elephant ears and bananas in pots, wicker furniture, a water feature and colorful flowers like begonias, hibiscus, and mandevilla. Don't overlook hardy perennials. Plants like big leaf hostas, variegated Solomon's seal, crocosmia, cassia and others help create the look and feel of the tropics. Continue this theme by using bamboo, wicker, and wood for any needed screening.

If it is a visit to the Mediterranean you prefer, include stonework, planters with silver foliage plants

like dusty miller, and sage and a few evergreens. Use upright junipers and grapevines trained on arbors for screening. An urn or topiary make an attractive focal point. Fill the garden space with herbs, blue oat grass, calendula, salvia, and alliums.

For a casual visit to England, craft yourself a cottage garden. Construct a narrow path leading through an archway at the entrance to your secret garden. Create an informal collection of flowers, herbs, and medicinal plants. Use a birdbath, piece of garden art or water feature as your focal point.

If it's the north woods you prefer, make a firepit the focal point, add some rustic furnishings and complete the scene with native plants. Or let your personality shine with a colorful bistro set, garden art, and flowers of orange, red, and yellow.

As your vision comes into focus, it is time to start putting your ideas on paper. A simple sketch will help you define the space, arrange the plants, and identify the appropriate furnishings and building materials. It is much easier to move items on paper than once they are set into the ground.

Always contact your local underground utility locating service at least three business days in advance.

It's free and as easy as calling 811 or filing an online request. They will contact all the appropriate companies who will mark the location of their underground utilities in the designated work area. This reduces the risk of injury and inconvenience of accidentally knocking out power, cable, or other utilities as you enhance your landscape.

Because this important step is often overlooked, Aug. 11th has become National 811 Day. It's a reminder to include this important step when undertaking any landscape project, large or small. And remind others to do the same.

Once complete, you'll simply be able to step out your back door and enjoy your slice of paradise.

Melinda Myers has written more than 20 gardening books, including *The Midwest Gardener's Handbook* and *Small Space Gardening*. She hosts *The Great Courses* "How to Grow Anything" DVD series and the nationally-syndicated *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Her web site is www.MelindaMyers.com.

What A Heat Wave! – How To Protect Your Dog

By NYGERIA GILKES

We have had some scorching weather this summer and everyone is grateful for air conditioning to get them through the heat waves. During these heat waves it is so important to remember the dogs experience more physical issues.

When walking the dog, their paws are exposed to intense levels of heat from the temperature and this is in-

creased with direct sunlight. Even the grass pose problematic contact with pollen and mold. In addition, dogs lick their snouts more in the heat and they often dry and crack similar to the cracking and sensitivity the heat causes their paws.

Did you know there are ways to relieve their pain and make them as comfortable as their owners? Natural products that contain

coconut oil to hydrate and soothe sunburned paws also has antibacterial properties. Olive oil and shea butter helps heal cracked, dry, and rough areas of the paws. Vitamin E wards off bacterial infections. Sweet almond oil protects and heals the sensitive zones.

Unfortunately, many of the products available to help during the summer months also contain chemicals and preservatives. These are often found in the dog shampoos. There are more customized natural products that provide your precious animal with the same benefits as you look for in your care products.

One special creation is the all natural Sea Moss

Dog Shampoo bar with essential oils that fight ticks and fleas with 92 minerals needed to maintain health of your furry friend. One company, Nygee's Naturalz is a local small business that offers such products with the convenience of limited time free shipping. Email nygeesnaturalz@gmail.com to receive product and pricing information. Enjoy your fur babies and keep them safe and happy this summer!

Nygeria Gilkes is a small business owner with specialized background in making natural sea moss products using exclusively safe, healing sources to ensure the most natural and protective products for you and your precious furry friends.

11 Quincy Students On Tufts University Dean's List

Eleven students from Quincy have been named to the Dean's List for the spring semester at Tufts University in Medford/Somerville.

They are:

Abigail Der, Class of 2024; Aidan Lovett, Class of 2024; Sarah Pillone, Class of 2024; Amanda Leung,

Class of 2022; Tamara Liang, Class of 2022; Karen Situ, Class of 2022; Andrew Kraunelis, Class of 2021; Cormac McAdams Class of 2021; Jeanne Duong, Class of 2023; Nicole Setow, Class of 2023 and Michael Song, Class of 2023.



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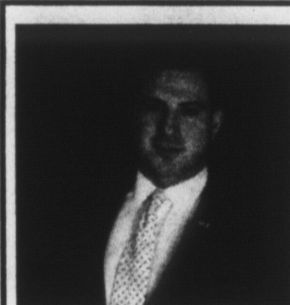
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Music: 4 Massachusetts Songs To Soundtrack Your Summer

By SHAMUS HILL

With summer finally unfolding in front of our very eyes, feelings of joy and tranquility surround the everyday fabric of our minds. Whether you're taking a weekend drive down towards the Cape, or coming home from work to the sounds of a NESN Red Sox broadcast, life in Massachusetts during this time of year is full of a positive energy that seems to be directly extracted from the sunlight and warmth.

Those who are familiar with Mass Music Radio will note the ever-growing love we possess for Massachusetts music, so with the sentiment described above at the forefront of our minds, we wanted to utilize this month's column in *The Quincy Sun* to share some of our favorite Summer tunes to soundtrack your hazy, relaxed days. Here are four songs from Massachusetts artists to help soundtrack your Summer.

OOMPA is a poet, rapper, and educator who originally hails from Boston. Utilizing her discography



OOMPA by Ally Schmalig

to speak on the issues that affect Black, Queer, and Orphaned groups of individuals in particular, Oompa's discography is much more than just a personal form of expression. Her newest single, "GO" which features fellow Massachusetts creatives Dan DeCristafaro of the Blue Light Bandits and producer Dephrase, is one that manages to contain serious themes while at the same time sounding beautiful. A shimmering, sunshine



SURFLINER by Ben Collins

soaked offering that centers itself around persisting through the external forces that have been set up to bring her down, "GO" rests as one of Oompa's most exceptional pieces of work up through this point in time. Her catalog of music is one that has grown with great formidability over the last decade, helping to cement herself as one of the Bay State's best in the process.

SURFLINER is a band whose origins derive from

Marshfield, Massachusetts. Consisting of Tyler Wyatt and Sam Worley, this sunshine-soaked group started making music of their own back in 2018, when they were students at UMass Amherst and NYU respectively. With songs like "Surfliner" and "Bright As Day" kicking off their discography with a bang, the group has generated a large fanbase — one that spans its way far and wide from the borders of Massachusetts. "Pocono Bay", which comes off of the band's 2021 EP, *Toadstool Tropics*, is a single that quite literally feels like a day at the beach. Infusing this track with luscious guitar riffs, heartwarming vocals, and lyrical themes that embody summertime energy — it's as though "Pocono Bay" was quite literally constructed for a cruise down 3A on a hot August day.

LEO THE KIND is a singer, songwriter, and multi-instrumentalist who was born in Boston. Taking influence from R&B and Funk music, and subsequently placing his own alterations onto his genre influences, the music that is ultimately produced by Leo The Kind may be categorized as being a fireball of positive energy. Though it may be a few years since it has originally debuted, "Space", which comes off of his 2019 EP *Chaotic Good*, is a single that manages to receive some playtime each and every Summer that passes. Those who have yet to listen to this young artist's music will instantly be blown away by his captivating vocal work. A spin through his discography is reminiscent of stepping into town on a warm, energetic night — something which has assisted him in constructing a monthly audience that reaches more than 65,000 listeners on Spotify alone. While "Space" may not be the most popular song amongst his fanbase, it is one that I believe speaks to his artistic capabilities with true precision.



LEO THE KIND by Calvin Medar



COOLHAND JAX by Johnny Gerrard

COOLHAND JAX is a Los Angeles-based artist who was born and raised in Massachusetts. After graduation from UMass Amherst in 2019, and subsequently trekking his way across the country in his car, Coolhand Jax has undergone an immense amount of both personal and musical development. Fresh off of the release of his *Superstar Baby* EP, it's evident that he has really gotten into a groove with regard to carving out his own, intricate sound. "Superstar Baby", the exit track off of this EP, speaks to this sentiment with wholehearted accuracy. Taking 80's synth-pop and crossing it with soul-elevating instrumentation at the same time, a listen through "Superstar Baby" feels as though one is taking a joyride through space. Keeping the fact that

he's just starting down the path toward creating his own catalog of music, Coolhand Jax has a bright future in music to look forward to. These four songs, and artists, from Massachusetts should certainly be included on your Summertime playlist. If you're interested in learning more about music from Massachusetts, or are looking for even more shimmering energy to include in your playlists before September rolls around, then I highly suggest staying up-to-date with all of the latest happenings at Mass Music Radio, as we provide a constantly flowing stream of music from the best that Massachusetts has to offer. Feel free to visit our website, massmusicradio.com, or to follow us on social media, @massmusicradio, to stay in the loop!

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Aileen's Multi-Colored Pasta Salad

By MARIE

Well, we are now getting the weather that we dream about all winter long - and the thoughts about cooking on a hot day are not pleasant.

One thing we can make especially early in the day is all kinds of salads. Today's recipe for a multi-color pasta salad was given to me by my great granddaughter, Aileen, who said that she is enjoying cooking more and more — and looks for new recipes all of the time.

MULTI-COLORED PASTA SALAD

Ingredients and Directions

1 pound Rotini pasta, multi-color
1 small stick of pepperoni, sliced
1 cup cherry tomatoes, cut in half
1 medium cucumber, sliced

1 cup of Mozzarella balls
1/2 cup Italian dressing
1/4 teaspoon of oregano and basil
1/2 garlic powder
Salt and pepper to taste

First cook pasta according to directions. Aileen used multi-color rotini for added flavor and color.

Once the pasta is cooked and drained, add a tablespoon of olive oil to prevent it from sticking to the pan and place the pasta in the refrigerator to cool.

Next cut tomatoes, cucumber and pepperoni in small slices.

Once the pasta is cooled put in a bowl and add in the chopped vegetables, pepperoni and the Mozzarella balls.

Then add 1/2 cup Italian dressing, a pinch of Italian seasoning and salt and pepper to taste. Stir until well-blended and enjoy!

'Cool Ranch' Hummus

By SUZIE

We all need some extra "oomph" and flavor in our diets. It is actually quite important for a variety of reasons, one being it has been shown to create a more satisfying meal, therefore people tend to not overeat when they use more herbs and spices.

My kids end up putting siracha sauce on top of their hummus as well but that is definitely for the ones who like the heat!

Here is a delicious recipe for "Cool Ranch" Hummus
Adapted from Melty Pizza Hummus

• 2 cans chick peas (garbanzo beans) drained (I use EDEN brand)
• 1/3 cup water

• 1/4 cup apple cider vinegar
• 2 1/2 tbsp extra virgin olive oil
• 1 tbsp onion powder or granules (I use onion granules instead of the powder)
• 2 tsp dried dill (or a tablespoon of fresh dill)
• 1 1/2 tsp garlic powder (same, I like the granules)
• 1 tsp seasalt, or more to taste (I like 1 1/4 tsp and I like using HERBAMARE seasoned salt)

Combine all ingredients in a high-quality blender or food processor and process until completely smooth.

You can also do a half portion of this recipe using a hand blender if desired.

Store leftovers covered in the refrigerator for up to 4 days.

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2021

Social Security Matters

Ask Rusty: Disability Vs. Survivor Benefit

By RUSSELL GLOOR

National Social Security Advisor

At the AMAC Foundation, The Non-Profit Arm
Of the Association of Mature American Citizens

Dear Rusty: I have a question regarding Social Security. I'm 54 and applying for disability. I've had rheumatoid arthritis since I was 19. My son, 16 years old, receives survivor benefits from my deceased ex-husband. We were married for 20 years. I was told by Social Security that my monthly payments, if they found me eligible for disability, would be \$1418 a month. When would I be eligible to collect my ex-husband's Social Security benefit? He made considerably more income over the years and his benefit will be a good deal more than my projected \$1,418. **Signed: Disabled Widow**

Dear Disabled Widow: Your Social Security Disability Insurance (SSDI) benefit is based upon your own lifetime work record up to the point you became disabled. If awarded, the \$1,418 amount would be equal to the benefit you would have been entitled to on your own at your full retirement age (FRA) of 67. At your FRA, your SSDI benefit will automatically convert to your SS retirement benefit at the same amount. However, if your SSDI is awarded you will be also eligible to apply for your survivor benefit at any time.

Normally, age 60 is the earliest a survivor benefit can be claimed, but those who are disabled can apply for survivor benefits as early as age 50. Whether to apply for your survivor benefit from your ex-husband this early is a question you should carefully consider, because the amount of your survivor benefit will be reduced by 28.5% if you claim it now. And to be clear, if you have remarried and remain married you are not eligible for a survivor benefit from your deceased ex-husband (even though your minor son is).

Your survivor benefit from your ex-husband will not reach maximum until you have reached your full retirement age. At your FRA you would be entitled to 100% of the benefit your ex-husband was receiving (or entitled to receive) when he died but taken at any age earlier than your FRA your survivor benefit will be permanently reduced. The reduction is 4.75% for each full year earlier than your FRA that the survivor benefit is claimed to a maximum reduction of 28.5%.

So, if your SSDI is awarded you will have a choice - to take your smaller SSDI benefit and allow your survivor benefit to continue to grow, or to take your survivor benefit early and accept the permanent 28.5% reduction to that survivor benefit. You will need to compare those two benefit amounts to decide which course to take. For clarity, you can switch to your higher survivor benefit at any later time, but you shouldn't wait beyond your FRA (when the survivor benefit reaches maximum) to claim it.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

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West Nile Virus Confirmed In Mosquitoes Collected In Quincy

The Massachusetts Department of Public Health confirmed July 27 that West Nile Virus (WNV) has been detected in mosquitoes collected from Quincy.

There was one WNV-positive *Culex pipiens*/restuans complex mosquito sample (pool) identified from samples collected July 21. The City of Quincy remains at low risk level, health officials said Tuesday.

To date, for 2021, the state has reported 15 WNV positive mosquito pools from four counties. There have been no human cases reported.

While WNV can infect people of all ages, people

over the age of 50 are at higher risk for severe infection. WNV is most commonly transmitted to humans by the bite of a mosquito infected with the virus. The City of Quincy Health Department and the Mass. Department of Public Health recommend that the public continue to take action to avoid mosquito bites and reduce mosquito populations around their home.

Steps include:

- Limit your time outdoors during peak periods of mosquito activity (dusk and dawn) or, if you must remain outdoors, wear a long-sleeved shirt and long pants.
- Use mosquito repellent that contains DEET

or Picaridin. Oil of lemon eucalyptus may also be considered. Products with permethrin should only be used on clothing. Follow directions on the label. Repellents should not be used on children younger than two months of age. Oil of lemon eucalyptus should not be used on children under three years of age.

- Take special care to cover up the arms and legs of children playing outdoors. When you bring a baby outdoors, cover the baby's carriage or playpen with mosquito netting.

- Fix any holes in your screens and make sure they are tightly attached to all your doors and windows.

- Remove any standing

water around your home that is available for mosquito breeding. Mosquitoes will begin to breed in any puddle or standing water around your home that is available for mosquito breeding. Mosquitoes will begin to breed in any puddle or standing water that lasts for more than four days. Make sure water does not collect and stagnate in ceramic pots, trash cans, recycling containers, old tires, wading pools, bird baths, etc. Remove leaves and debris that may prevent drainage of roof gutters.

For more information visit <https://www.quincyma.gov> or <http://www.mosquitoresults.com/>.

South Shore YMCA Hosts Blood Drive For 'The Mighty Quinn'

The Quincy YMCA hosted its second blood drive to support Quinn Waters, known to all as "The Mighty Quinn."

The Quincy Y blood drive is one of many area events conducted by the Boston Children's Hospital bloodmobile to collect blood and platelets in honor of Waters, a Weymouth resident who, at age 5, has spent much of his life battling brain cancer and has gained public support along his journey to fight medulloblastoma.

This event was made possible thanks to collaboration between Boston Children's Hospital, the South Shore YMCA Quincy Branch, and the Quincy Police Department.

"As a community partner we are not only proud to support this endeavor in honor of the mighty Quinn but for many that may be able to take advantage of the generosity of others donating blood" said Patrick Murphy, senior executive director at the South Shore

YMCA, Quincy Branch.

Last fall, the Waters family and community rejoiced when it seemed The Mighty Quinn had won his battle. Unfortunately, the family received the news earlier this year that his cancer had returned, just before his fifth birthday. Quinn has resumed his battle and is undergoing treatment at Boston Children's Hospital.

The Waters family is seeking the help of the community to donate blood and platelets for Quinn

and other children battling cancer. Quinn will receive regular blood or platelet transfusions as part of his treatment, and there is currently a shortage due to COVID-19.

Those interested in donating blood or platelets at Boston Children's Hospital as part of its "Give Pints for Half Pints" efforts can register online at www.halfpints.childrenshospital.org or call 617-355-6677. Visit www.ssymca.org/mightyquinn for more information.

22 Quincy Students Graduate Bridgewater State University

Twenty-two students from Quincy recently received degrees from Bridgewater State University.

They are:

Rebecca Brennan, Lynne Campbell, Marissa Cawley, Ann Margaret Cupples, Justin Dodge, David Duong, Ashley Faiella, Sarah Gibbons, Josh Helfrich, Meghan Jeannetti, Anita Kadiu, Julianna Kane, Caroline Keenan, Jessica Malampy, Kayla McGaughey, Samantha McMahon, Deirdre Mulkerins, Alicia Murphy, Molly Murphy, Cassidy Nadeau, Madison Synan and Alexa Topalli.

They were among the 2,000 graduates who received bachelor's degrees in

the arts, sciences, business and education during BSU's 180th Spring Commencement Convocation held for the first time off-campus at Gillette Stadium on July 31.

Undergraduate majors from the Ricciardi College of Business, College of Education & Allied Studies, and the Bartlett College of Science & Mathematics

were awarded their degrees during a morning ceremony while students in the College of Humanities & Social Sciences received their diplomas in the afternoon.

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On Tuesday, July 27, Officer Scott Kelley was working the overnight shift assigned to the North Quincy section of the city.

At approximately 12:06 a.m., Officers Kelley and McKim were dispatched to the area of 80 Clay St. on the report of white males in gray hoodies taking tires off cars in the parking lot. Officer Le also responded.

Dispatch advised officers that two males departed the area in a gray 4-door vehicle with a sunroof and was traveling North on Hancock Street. Officer Sean Harrington, who was assigned to a paid road detail located on Hancock Street, observed a vehicle that matched that description drive past him and pull into the Speedway gas station located at 238 Hancock St. Officer Harrington radioed this information to the responding officers.

Officer McKim responded to the Speedway and observed a gray, 4-door Infinity, with a sunroof, parked at the gas pumps. Officer McKim made contact with the operator of the vehicle. Officer McKim observed three additional passengers in the vehicle, along with a tire in the back seat. The passengers of the vehicle were also identified.

Officer Le, Officer Harrington, and Officer Kelley re-

A Job Well Done

By **QUINCY POLICE SGT. KARYN BARKAS**
Public Information Officer
Quincy Police Department

sponded to the Speedway while Sgt. Coughlin responded to 80 Clay St. to speak with the witness.

All parties were separated and spoken to individually. All admitted that they were taking a tire for a friend, but all refused to identify who the friend was, where the tire was taken from, or who the owned the tire.

Sgt. Coughlin spoke with the witness who stated that he was sitting on his balcony when he observed a white male with a dark gray hoodie and a second male, unknown race, both in their 20s, take a tire off a vehicle located in the parking lot of 80 Clay St. He stated that both males got into a dark gray, 4-door sedan with a sunroof and no front license plate. The vehicle departed the parking lot in the direction of Kentucky Fried Chicken on Hancock Street.

Sgt. Coughlin asked the witness if he was willing to par-

ticipate in a show-up and he stated he was. The witness was read the show-up instructions. The four suspects were asked to stand in line, shoulder to shoulder near the Speedway gas pumps where the lighting was adequate for the show-up.

At the show-up, the witness positively identified the car and stated that that he was "completely positive" that was the person that stole the tire. The suspect the witness was referring to was one of the passengers in the vehicle. All four individuals were then placed under arrest.

An inventory of the vehicle was conducted per departmental policy. Two additional tires were located in the trunk, in addition to the tire located in the back seat of the vehicle. All three tires were placed into evidence. The vehicle was towed.

The four individuals were arrested and transported to the Quincy Police Station. They were charged with larceny of motor vehicle parts. They were identified as an 18-year-old male from Brockton, a 19-year-old male from Mattapan, an 18-year-old man from Charlestown, and a 20 year-old male from Dorchester.

Great work by the resident and all officers involved!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, JULY 23

LARCENY (package), 1:16 p.m., Doane Street. Ordered radio kit from Amazon which either never showed up or was taken. Case number provided. Incident closed.

VANDALISM/PROPERTY (just occurred), 5:17 p.m., Crown Colony Drive. Group of youths fled area when confronted by security. Meet reporting party out front by rotary. Security guard reports damage to lawn and skid marks in parking lot. Has license plate info of vehicles involved. Very minor damage, guard was more upset over negligent operation. Incorrect plate provided. Case number given.

SATURDAY, JULY 24

LARCENY (medication), 8:35 a.m., Southern Artery floor north. Friend went to pick up meds at Walgreens, never returned. Reporting party is home now. Following up at Walgreens on Quincy Avenue. Report to be filed.

VANDALISM/PROPERTY (past), 5:07 p.m., Mor-ton Street. Believes tenant he is evicting tagged gang signs inside property. Report to be filed.

SUNDAY, JULY 25

VANDALISM/PROPERTY (just happened), 3:08 a.m., McDonald's, Hancock Street. Male took off towards Boston per caller. Party broke glass. 779 bring iPad to 777 for documentation. Report filed.

VANDALISM/PROPERTY (pallets destroyed), 10:21 a.m., Dollar Tree, Granite Street. Wooden pallets were burned last night, some smoke still. QFD notified. Was fire behind the building behind the loading dock, far right. No suspect info to follow up, QFD put out fire, clear.

LARCENY (credit card stolen), 11:20 a.m., South-ern Artery. Female in the QPD lobby now to report cred-it card stolen from wallet. Wallet was turned in to QPD today. Female owner to pick up wallet. Report.

LARCENY/MOTOR VEHICLE (dirt bike), 3:38 p.m., Sea Street. Reporting party in QPD lobby. Report filed.

MONDAY, JULY 26

LARCENY/MOTOR VEHICLE (gray 2005 Lexus 470LX), 4:02 a.m., Newbury Avenue. Female states that she went to work and then she heard two males talking and then she heard a noise that sounded like a crunch. She went outside to see if her car had been hit and it was driving away towards Squantum Street. Happened 15 minutes ago per caller. Form signed.

BREAKING AND ENTERING/PAST (garage), 8:29 a.m., Kilby Street. Report to be filed. Stolen vehicle - moped. That moped was stolen at same time as motor bike. Dirt bike, 2016 Suzuki Model 125 DRV blue with yellow. Report on B&E garage and larceny of two vehicles.

VANDALISM/PROPERTY (fence broken), 9:23 a.m., Seagull Road. Knocked down on property line. Case number provided.

LARCENY (two bicycles), 10:12 a.m., Hobomack Road. Taken from garage early this morning. Reporting party is home now. Report.

LARCENY/MOTOR VEHICLE (scooter miss-ing), 11:08 a.m., Jackson Street. Chain was cut, caller is home now. Report to be filed. Moped was used in a

crime. Towed to Schlager's. Stolen moped recovered - arrest made.

BREAKING AND ENTERING/PAST (building), 11:38 a.m., Edgewater Place Condos, Commander Shea Blvd. See reporting person in main office. Report filed.

LARCENY (cell phone), 1:49 p.m., Morley Road. Samsung cell phone went missing at City Hall Quincy 12:15 p.m. today. Now located device at address. Caller is out front in a white Jeep Wrangler. Cell phone was retrieved from Morley road. Party stated they found it at City Hall and were going to turn it in to the police station.

VANDALISM/PROPERTY (white Toyota RAV 4), 3:31 p.m., Oakland Avenue. Chocolate syrup all over car. Parked out front. Reporting party is home now. Vandalized sometime today. Chocolate syrup poured over right side of vehicle. 777 was able to advise the caller. No other services needed.

VANDALISM/PROPERTY (since fled), 3:56 p.m., Granite Street. Male operator hit reporting party's vehicle with his vehicle's door. Has since fled, taking a left on the Granite connector. Report fled.

VANDALISM/PROPERTY (vehicle), 4:15 p.m., Prospect Avenue. Reporting party came into PD lobby reporting an unknown party keyed his vehicle sometime between last night and now. No suspect info. Case number provided.

LARCENY (shoes), 4:57 p.m., Cedar Place. Reporting party is in PD lobby looking to report her daughter's shoes stolen by daughter's father. Father stated to reporting party that he had the shoes but refused to return them. Advised, report provided.

LARCENY (bicycle), 5:07 p.m., Stop & Shop Supermarket, Southern Artery. Unable to get further information due to strong language barrier. Reporting party is at customer service desk. Employee states reporting party's black bicycle was stolen. Report filed.

ASSAULT AND BATTERY (female), 7:01 p.m., Walmart, Falls Blvd. Screaming at the employees by the front door. Refused caller is a customer that was leaving. Report to be filed.

TUESDAY, JULY 27

LARCENY (orange/black bicycle), 10:13 a.m., Parke Avenue. Mountain bike was kept by the driveway, taken sometime last night. Report.

LARCENY (moped missing), 11:13 a.m., Walmart, Falls Blvd. Parked in the lot. Caller hung up, is by the front door to meet. Brewster notified. Out with suspect at Adams Heights Men's Club. Report to be filed.

LARCENY (yard items), 1:07 p.m., Sea Avenue. Report to be filed.

BREAKING AND ENTERING/PAST (past break), 2:45 p.m., Quincy Shore Drive. Caller has video but is out of town. Report to be filed.

LARCENY (larceny of cards), 4:33 p.m., Granite Street. Caller purchased some rookie cards for around \$13,000. He then gave the cards to a person who was going to sell them online. Now that person is not getting back to him. Report filed.

WEDNESDAY, JULY 28

VANDALISM/PROPERTY (past), 5:01 a.m., Mill Street. Noticed passport photo was purposely cut out of

a passport while trying to pass security at Logan Airport. Suspects roommate is responsible but has no proof. Caller is in lobby of HQ. Went to Mill Street and stood by while she got some property. Roommate was not home.

BREAKING AND ENTERING/PAST (business), 8:41 a.m., Edgewater Place Condos, Commander Shea Blvd. Reporting party will be at the front door. Suspect pried open front door, then pried open mailboxes off lobby.

LARCENY (past), 9:35 a.m., Elm Street. Reporting party has surveillance footage of person going through packages. There is also some footage of person taking a package. Reporting party will show surveillance images to show an officer.

BREAKING AND ENTERING/ATTEMPT (past), 2:42 p.m., Walmart, Falls Blvd. Back garden gate.

ASSAULT AND BATTERY (past), 3:48 p.m., Morrisette American Legion Post, Liberty Street. Reporting party from QPD lobby states she was assaulted there while at the Morrisette Post on July 24. Reporting party would like to report incident now that she has the name of the other person involved. Report.

THURSDAY, JULY 29

LARCENY/MOTOR VEHICLE (van), 10:23 a.m., Fifth Avenue. Blue work van RJ MCLAUGHLIN six ladders on roof. BOLO all units. Stolen motor vehicle entered - record entered.

VANDALISM/PROPERTY (flag pole), 10:29 a.m., Seaway Road. Flag pole knocked over by kids overnight, ongoing issue. Case number given.

LARCENY (purse), 3:39 p.m., BJs, Crown Colony Drive. Female in blue Toyota Tundra yelling in parking lot that purse stolen. Checked parking lot unable to locate. Female was located after she went inside to speak with security about footage of incident.

LARCENY/MOTOR VEHICLE (moped), 3:45 p.m., Wendy's Restaurant, Southern Artery. Arrest made. Black male, red jacket, sweatpants hiding in bushes with knife with female, gray sweatshirt. Army green moped fleeing towards Pet Supply Plus knife and moped recovered. Suspect took sweatpants off, last seen with shorts and puffy jacket. Puffy jacket located on Pond Street, retrieved as evidence. Possible suspect located and detained at 39 Pond Street. One under arrest.

LARCENY (larceny by false pretense), 7:51 p.m., Richfield Street. Victim paid contractor \$97,000 for an addition at residence. He cashed checks and never started the work. Contractor was found civilly liable and agreed to pay back the \$97,000. He has not paid back the money since the court disposition. Report/complaints to be filed.

Calls For Service: 1,286

Breaking & Entering in the Past: Commander Shea Boulevard, Winter Street, Quincy Shore Drive (2), Kilby Street

Breaking & Entering Motor Vehicle: Ruggles Street, Copeland Street, Webster Street, Jackson Street, Kilby Street, Centre Stree, 100 block Quincy Shore Drive

Breaking & Entering Attempt: Falls Boulevard
Larceny Motor Vehicle: Southern Artery (moped), Fifth Avenue, Jackson Street (moped), Newbury Avenue, 1200 block Sea Street (dirt bike)

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New Seven-Member Board To Oversee MBTA

By SCOTT JACKSON

A new seven-member board will be responsible for overseeing the MBTA and will include among its members a resident who uses the T and someone appointed by the advisory board comprised of the local leaders of the communities served by the transit agency.

Sen. John Keenan discussed the new board during a recent interview along with other topics involving the T, such as plans to replace the entire fleet of Red Line cars.

The legislature established the seven-member MBTA Board of Directors in a recent supplemental budget bill. The new board replaces the five-member Fiscal Management and Control Board, which expired at the end of June. The supplemental budget was approved unanimously in the Senate and on voice vote in the House, meaning there would be enough support to override a potential gubernatorial veto.

The Board of Directors would have similar powers as the former board, Keenan said.

"The Fiscal Management and Control Board was a response to concerns about how the MBTA was being operated. I strongly supported the Fiscal Management and Control Board. I thought it should have been, and ultimately it was, a longer-term endeavor than what was initially planned," said Keenan, a Quincy Democrat.

"But the extension of the board basically expired in June and so there was a need to make a decision about whether we wanted to continue to have a board or whether we wanted to rest everything with the general manager of the MBTA or have the MBTA overseen by the Department of Transportation board.

"There was a general sense that a board had worked pretty well, that board had expired and so a new board was put in place that will have similar obligations and similar functions, which is to basically set policy for the MBTA."

The board's members would include the state's secretary of transportation, serving ex officio; five members appointed by the governor; and one member appointed by the MBTA Advisory Board, which includes the chief elected official of the 176 cities and towns the T serves.

Each board member, except the secretary of transportation, would serve for four years and members could serve no more than two full terms. Three of the members, not including the secretary, would have terms coterminous with the governor.

One of the governor's appointees is required to be an MBTA rider from an environmental justice community.

"An environmental justice community is a community that is defined by the people within the district or the area being impacted by the environment. It might be as a result of higher rates of certain types of illnesses," Keenan explained.

"Quincy is an environmental justice community, particularly down around the Fore River basin."

While that means the governor may appoint a Quincy resident to the

board, Keenan noted other areas served by the T are also considered environmental justice communities.

"There are many environmental justice communities and I think there will be many communities trying to have a representative on the board that fit that seat," he said.

In addition, one member of the board would be a union worker. Keenan said the AFL-CIO will nominate three people to serve in that role and the governor would pick from that list.

Keenan was hopeful the new board would provide for "Better planning, policy making, for the MBTA, better follow through on the planning and policy making, and more oversight of what it is the MBTA is doing on a daily basis."

"I think that General Manager Poflak is doing a really good job and I think that this board is kind of like a board of directors for what it is he does," he said. "They determine and establish the policy based on the recommendations he and his leadership team come up with, they finalize what that policy will be and then he is charged with implementing it."

"It is a relatively standard set up in terms of like a board of directors and the person charged with running it."

The MBTA is in the process of replacing its entire fleet of Red and Orange Line trains at a combined cost of \$1 billion. The last of

the new Orange Line cars is expected to come online in 2023 and the last of the new Red Line cars should come online the following year.

The new vehicles will have more spacious interiors, wider doors, additional handrails and LED lighting systems. The new fleets, coupled with upgrades to the signal system, will increase capacity on both lines because the trains can run with shorter headways between them.

The first of the new Red Line trains came into service in late 2020. They have since been taken out of service, however, as the T investigates a derailment involving one of the new Orange Line trains.

"The Red Line trains went into service I believe in December and they were taken out of service because of an Orange Line derailment. The MBTA wanted to be very cautious in preceding and so once there was that derailment on the Orange Line, they are being manufactured by the same manufacturer, so they pulled the Red Line off as well until there is a determination made as to what caused the Orange Line derailment,"

Keenan said.

"Once that is decided, if it doesn't impact the Red Line trains, or they figure it out and they are able to be proactive in addressing any issues with the existing Red Line trains, they will do it."

"The overall production in the facility in Springfield was slowed because of COVID, so they won't be here as quickly as what was scheduled, but it is an ongoing effort."

The MBTA has awarded development rights to the Quincy Center station to the same two firms, Atlantic Development and Bozuto Development, that are behind a mixed-use project at the North Quincy station that will include 610 apartments and 45,000 square feet of retail space. An overhaul of the Quincy Center station is expected as part of the development.

Keenan, during the recent interview, said there were no plans to add a new platform between the Quincy Center and Quincy Adams stations; a new platform in between those two stations would provide more direct access to new development taking place in the downtown.

"There is nothing consid-

ered presently for any sort of platform or point of access between Quincy Center and Quincy Adams, but part of what was planned for Quincy Center was that it would be a transportation hub, that there would be a rerouting of buses that will mostly come in off the Burgin Parkway side and that there are plans for it to be capable of charging buses as they pull in," Keenan responded when asked about a potential new platform.

"That is being contemplated for Burgin Parkway and it will be much more of a comprehensive transportation hub than what is now. But there are no plans, to the best of my knowledge, for anything between Quincy Center and Quincy Adams."

Keenan also said there were no plans to add commuter rail service to either Quincy Adams or North Quincy.

"No," he responded when asked if the T would add commuter rail service to either of those stations.

"A lot of it is driven by the right of way that you have. That is what is a big factor. Ideally, you'd have a north rail and a south rail."

Cont'd On Page 13



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Quincy/Marina Bay Office
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Office: (617)404-2001

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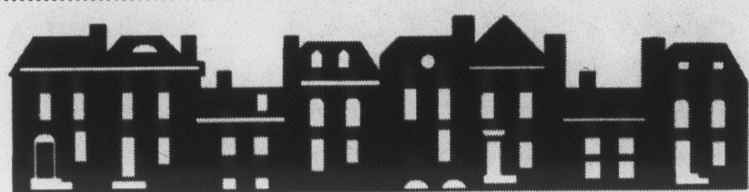
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Real Estate

Quincy Real Estate Transactions July 26 - July 30

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
98 Edwin Street LLC	Shirui Lin	\$388,000.00	98 Edwin Street
Brian C. Smith	Ngoc X.D. Huynh & Hanh N. Nguyen	\$560,000.00	84 West Street, Unit 2
Daniel P. & Killegh I. Mulhern	Theodore Lincoln & Jessica J. Giles	\$830,000.00	55 Hall Place
Elena & Dragomir Sipovik	Ramakrishna Chivukula & Soujanya G. Mallapragada	\$403,000.00	165 Quincy Shore Dr., Unit C47
James J. O'Day & Kimberly Blakeman	Hai T. Sun & Jun Xiao	\$850,000.00	196-198 Elm Street
Eric H. & Zhenyi M. Ao	Pauline Y. Ng	\$241,000.00	133 Cmdr. Shea Boulevard, Unit 103
Susan & Richard Mullens	Claire Fraise	\$760,000.00	36 Narragansett Road
Juliana Hatfield	Richard D. & Margaret R. Fitzpatrick	\$330,000.00	16 Manet Avenue
Kristen F. & John M. Theodoris	Carlos Alvarez	\$480,000.00	137 Palmer Street
Neponset Point LLC	Ho Ming Lau & Kar Ling K. Chow	\$735,000.00	57 Quincy Shore Drive, Unit 510
Michael K. Grehan & Bridie O'Donnell	Dylan Costello	\$1,155,000.00	9-11 Carruth Street
Campanale Family Trust	Catherine M. Laiosa	\$985,000.00	119 Winthrop Avenue
Jeanne Harran, Christian Wright, Eileen P. Cotter	Lina Kazakaitis & Garrett Clinton	\$715,000.00	42 Harrison Street
Charles & Margaret Berkeley	Matthew & Emma Pedemonti	\$810,000.00	70 Alton Road
Susan G. Hurwitz	James Vialpando	\$489,000.00	154 Quincy Shore Drive, Unit 38
Linda N. Metherall	Quan Li	\$850,000.00	20 Perry Road
Nancy E. Kramer	Kai Ho	\$385,000.00	500 Willard Street, Unit 104
Scott A. Freeman	Hideyuki & Tomoko Nishizawa	\$380,000.00	218 Winthrop Street
Gregory & Donna M. Zacchine	Tuan V. Nguyen & Diem Dam	\$750,000.00	174 Centre Street
Erickson Family Realty Trust	Julia Simonds	\$775,000.00	115 Edgewater Drive
John L. & Debra Quinlan	Srujan K. Gandham & Tejasvi Kandula	\$725,000.00	238 Presidents Lane
Campbell Realty Trust	Jane L. Breen	\$360,000.00	34 South Street, Unit 302
Mary C. Fitzsimons	Meiyin Zheng & Shouyou Jin	\$570,000.00	101 Common Street
Karen M. Albanese	Christopher A. MacDonald, Kerry J. Malone & Nicola Nicolazzo	\$375,000.00	84 Post Island Road
Nicholas R. Schwalbert & Sara K. Dolbec	Beverly Ritz	\$512,500.00	10 Seaport Drive, Unit 2213
Barbara C. Sullivan	Ariel Wang, Aiyun Liu, Lingqiang Wang & Mingqin Wang	\$835,000.00	265-267 Fayette Street
Heavey Family Trust	Jin Mei Yi & Demin Huang	\$590,000.00	37 Cliff Street
Judith A. O'Connell & Esther G. Burton	Chisom Udengwu	\$690,000.00	38-40 Kent Street
Nischit Ranganath & Kusuma Bapure	Chavonna Xu, Yan Hua Zhu & Julia Zhu	\$395,000.00	90 Quincy Shore Drive, Unit 514
Estate of Mary L. Burlingame	Geraldine Barber	\$350,000.00	65 Bay State Road
Drew M. & Diane M. Stetz	Yongkang & Yongqiang Lei	\$635,000.00	48 North Bayfield Road
Brian E. Dwyer	Ka Po Yueng	\$435,000.00	100 Marina Drive, Unit 101
Estate of George M. Bush	328 Centre Street LLC	\$455,000.00	328 Centre Street
Karen M. King	Kevin Truong	\$520,000.00	445 Adams Street
Brisk Inc.	Residences at Roosevelt LLC, 293 Fayette Investors LLC & Nigro Fayette LLC	\$1,575,000.00	293 Fayette Street
Angela Nelson	Mary K. Danaher	\$349,000.00	36 Richie Road, Unit 36
Robert Awad	Shi W. Zheng & Xiuchun Lu	\$520,000.00	12 Dunns Hill Road
Roberts, & Qi P. Wong	Anna K. Lu	\$625,088.00	126 Piermont Street
Sweeney Realty Trust	Jian Y. Shi & Yan P. Lin	\$785,000.00	16 Dunbarton Road
Audrey Leppanen	Frank P. Mastrorilli	\$325,000.00	91 Turner Street
Admir Surkovic	Hoai K.K. Phong & Minh Nguyen	\$370,000.00	262 Granite Street
380 Washington Street Realty Trust	Binh Than & Ha T Le	\$950,000.00	380 Washington Street
Adrian J. & Kathleen A. Kelly	Diana H. Graham	\$588,000.00	30 Farnum Street
Katherine M. Mullen & Alyssa M. Distasi	Skeaf Bridge Realty Trust	\$142,500.00	55 Station Street, Unit 4
Keith E. & Jennifer A. Orell	Eric H. B & Zhenyi M. Ao	\$810,000.00	188 Furance Brook Parkway
Ishwar K & Punam I Bhatia	Junjie Zhu & Xia Ling	\$530,000.00	6 Palmer Street, Unit 10
Steven M & Janet L. Driscoll	Sarah P. Johnson	\$385,000.00	38 Charles Street
Alyssa Hall & Erik Drybread	A&J Capital Investments LLC	\$297,000.00	200 Cove Way, Unit 313-II
Thomas E. Hardy	Emily L. Mei & Kyle KS Navarro	\$329,900.00	133 Cmdr. Shea Boulevard, Unit 805
Qingguo Wu & Ling S. Huang	Eric I, Rebecca & Rita CW Wong	\$505,000.00	138 Quincy Shore Drive, Unit 167
Robert K & Anna L Seery	Pandeli Dhima & Helena Dede	\$1,060,000.00	13-15 Trescott Street
RJL Realty Trust	Keith Chen	\$873,000.00	108-110 Russell Street
Dona T. Waldron	159 Crescent Realty Trust	\$735,000.00	159 Crescent Street
Joseph Bradley	Joseph Denn	\$320,000.00	90 Quincy Shore Drive, Unit 823

Real Estate Bar Assn.: County Needs Full-Time Chief Information Officer

The following letter was written by the Real Estate Bar Association for Massachusetts to the three Norfolk County Commissioners: Joseph Shea (chairman), Peter Collins and Richard Staiti. A copy of the letter was submitted to The Quincy Sun for publication.

Dear Commissioners:

The Real Estate Bar Association for Massachusetts

(REBA) endorses hiring of a dedicated Registry Chief Information Officer (CIO) at the Norfolk Registry of Deeds. This appointment is necessary with the retirement of the incumbent on June 30th. This on-site Registry CIO position reporting to the Register is a funded position that has been in existence at the Norfolk Registry of Deeds for over 20 years. The Norfolk Registry needs a full-time CIO.

Technology has been the foundation of the modernization initiatives that have been implemented over the years at the Norfolk Registry of Deeds. Technology overseen by

the Registry CIO is essential and critical for services to the users and stakeholders of the Norfolk Registry of Deeds.

REBA has been a long-time supporter and partner of the continuing technology improvements at the Norfolk Registry, which are essential to a modern land records system. The need for professional expert oversight, as provided by the CIO, seems essential to us. Without commenting on the importance of other county budget priorities, please note that the Registry contributes significant funds - well in excess of its own operating costs. With over \$81 million dollars in Fiscal Year 2021 collected at the Norfolk Registry, these revenues support other important county functions, as well as state programs. The Norfolk Registry is one of the few registries still operated by county government. Real estate professionals and their clients - homeowners, lenders and other business entities - have come to rely on the Norfolk Registry staff for their professionalism and service.

Thank you for your consideration of this very important issue to our organization and its members.

Peter Wittenborg
Executive Director, REBA
Neil D. Golden
President, REBA

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New Seven-Member Board To Oversee MBTA

Cont'd From Page 11

but we don't have that. We have one rail, so they switch off at certain points, and that is because the right of way just isn't wide enough."

Commuter rail trains do currently stop at Quincy Center station. The T had allowed customers to ride the commuter rail between Quincy Center and Boston

for the cost of a Red Line fare during the renovation of the Wollaston station and while construction at North Quincy was ongoing, but that program has since ended.

Keenan said the T should consider offering a discounted fare between Quincy Center and Boston with ridership on the com-

muter rail down amid the pandemic.

"When Wollaston station was closed, people who had a Charlie Card could use commuter rail from Quincy Center. It was pretty popular. I used it pretty frequently because you could get on commuter rail and be in town in 17 minutes for the cost of the Red Line

and it was a direct shot. That zone adjustment has ended because Wollaston station is complete and the North Quincy project is nearing completion," he said.

"With the commuter rail ridership projections being relatively low, there is an opportunity to be creative as to whether we can use commuter rail to the better benefit of everyday commuters and perhaps make that type of service available more regularly in Quincy Center or at the same cost, but right now, the program has ended."

Since 2016, the city of Quincy has partnered with the town of Winthrop to of-

fer seasonal ferry service between Squantum Point Park and Boston. That program was launched as a pilot program as city officials continue to push for permanent, year-round ferry service between Quincy and Boston.

Keenan was optimistic that a federal infrastructure bill being negotiated on Capitol Hill could include funding for water transportation.

"There is discussion and some efforts at the federal level, if a transportation infrastructure bill passes, to include ferries. That would be great if Quincy is included in those discussions and

ends up with some federal funding," he said.

While the Winthrop ferry is being used by Quincy commuters, Keenan said ridership would increase if the service were available year-round.

"It is being utilized...but for it to really work it has to be more accessible, meaning the pier and getting on the boat, it has to be more regular, it has to be more reliable and it has to be, I believe, year round," he said.

"Once people know they can rely on it year-round for their commuting, that is when I think you will see the numbers increase."

Quincy Sons Of Italy Golf Tourney Aug. 20

The Quincy Sons of Italy will hold its annual golf tournament Friday, Aug. 20 at the Braintree Municipal Golf Course.

Check-in is at noon.

The event has been a great success over the years and features prizes, raffles, boxed lunch and dinner back at the Sons of Italy.

Proceeds from the golf tournament are used to support the Son's Charity Program and its Building Fund.

The Quincy Sons of Italy serves the local community with scholarships to students, donations to veterans

programs, schools, churches and many other local programs and families in need.

Entrance fee is \$440 per team. Sponsors (\$100 per

sign) and donations of gifts are also accepted.

For more information, call 617-472-5900 or email Quincysoi@outlook.com.

Avery Wang Graduates Commonwealth School

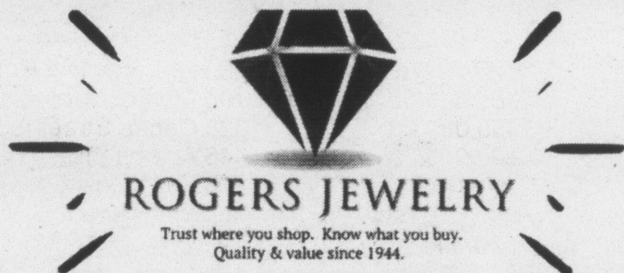
Avery Wang of Quincy recently graduated from Commonwealth School.

Commonwealth School, located in Boston's Back

Bay, is an independent co-ed day school enrolling approximately 140 students in grades 9 to 12.

More Quincy news:

The Quincy Sun.com



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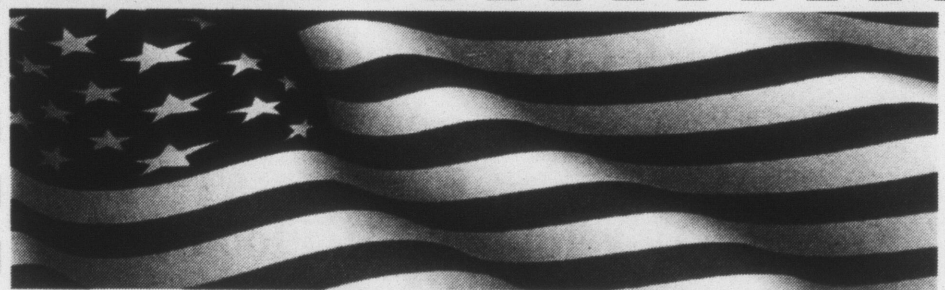
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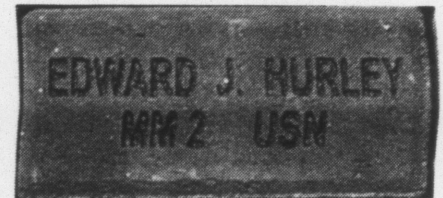
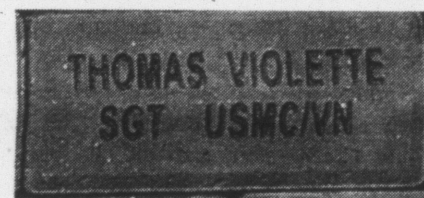
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FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program



PHASE 2 Still Available

The Sons of the American Legion, Squadron 294, Morriste American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost \$50 each

Send this form and check to:

S.A.L. Squadron 294

87 Woodcliff Road.

Quincy, MA 02169

For more information or to order, call 617-733-8026

Free Zoom Event:

Estate Planning

Tuesday, August 10th
12:00 p.m. - 1:00 p.m.

Zoom Event
Login info provided when you RSVP

Learn estate planning strategies that can protect you and your family from nursing home costs, estate taxes and more. This online Zoom event is free & open to the public. RSVP today!

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Above: Peter J. Fredericksen, director of B.O.C. Life Solutions, a licensed subsidiary of Bank of Canton. Bank of Canton does not provide legal or tax advice; please consult your legal/tax advisor.

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READERS FORUM



Photo Courtesy Edward Trainor

Dog Park Great Addition To City

Great addition to Quincy for the ever growing dog population in Quincy, well needed! Thank you Mayor Koch.

Edward Trainor
Quincy

No More Development In Flood Zones

Teresa DiBona was in her kitchen when she saw her boat float by outside the window. Minutes later, her Houghs Neck home was surrounded by nearly six feet of water, and the tide was still rising. The stench of natural gas filled the air.

"I dressed my eight-year-old son and 11-year-old daughter in snowsuits and boots to protect them as much as I could," DiBona recalls. "I thought I could get them out safely by swimming them to the hill behind me," a raised road neighbors call the "berm."

"I was worried about my two elderly neighbors, but I knew I could not go back. I had to get my children up the hill."

Others had the same thought, and a procession of families braved the nor'easter to walk the berm to safety. Fortunately, everyone survived, but the storm caused tens of millions of dollars in damage in Quincy and damaged or destroyed

more than 200 homes here.

"There was so much devastation to this area," says DiBona, a resident of Jewett Street.

That was March 2, 2018. Now, the owner of the house across the street from DiBona wants to construct a new two-unit residence up against the berm, where a yard and shed now stand. The proposal would likely involve the removal of several trees, which help reduce flooding, and DiBona worries that the construction could damage a massive and antiquated sewer pipe that runs beneath the berm.

But what most concerns some folks, including Keith Johnson, a civil engineer who lives in Squantum, is the idea that any new construction in a flood zone means more people who will be at risk in the event of another big storm. More than 150 Quincy households had to be evacuated during the 2018 nor'easter, and, thanks to rising sea levels, coastal

floods are only going to get more frequent over time.

"We really shouldn't be adding people - it's a highly flood-prone area," Johnson told me. "It's just more people to rescue."

That's why I believe a request to build the property at 15 Jewett St., as well as any occupied development in a flood zone, should be denied by the city's conservation commission, which oversees such requests - and which is considering the Jewett Street proposal on Aug. 4. I also believe the city should buy flood-zone properties when they become available and level any houses on them.

"That's probably what it's coming to," says Johnson. "We don't need to put more people in harm's way."

In fact, a plan is already underway for the city to buy property in the area. On July 15, the U.S. Army Corps of Engineers announced that they are partnering with the City of Quincy to study how to restore Willow Marsh in Houghs Neck, which borders Jewett Street. Two giant pipes designed to allow saltwater to flow in and out of the marsh were blocked off years ago, allowing an invasive freshwater plant to take hold there. As part of the study, the Corps will be looking not only at opening up those pipes again but at identifying properties in the area for the city to buy up, presumably to allow them to periodically flood with saltwater.

As Teresa DiBona knows, it's not always good that rising tides lift all boats. Let's get our heads out of the sand and stop building in flood zones.

Maggie McKee
Wollaston

Koch Visits Generals At Pentagon



TOP PHOTO: In a visit to the Pentagon last week, Mayor Thomas P. Koch met with Chief of Staff of the Army, General James McConville to interview him for a documentary about the upcoming General's Bridge and Park dedication. On behalf of the citizens of Quincy, the mayor presented Gen. McConville who is a Quincy native with a John Adams maquette, a commemorative statue from the Hancock Adams Common, for his 40 years of public service protecting our nation.

BOTTOM PHOTO: In addition, Mayor Koch had the opportunity to meet with Chariman of the Joint Chiefs of Staff, General Mark Milley who is from Winchester, MA.

Photos courtesy of the Office of the Chief of Staff of the Army

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Public Access Channel 8

Thursday, August 5
6:00pm: Bethany Congregational Church
7:00pm: On the Road with Jazzy Bill

Friday, August 6
11:30am: LIVE: Currently in Quincy
7:00pm: CIQ Interview: WHNA

Saturday, August 7
12:00pm: On the Road with Jazzy Bill
7:00pm: The Call

Sunday, August 8
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, August 9
11:30am: LIVE: Currently in Quincy
7:00pm: CIQ Interview: FoWB

Tuesday, August 10
7:00am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, August 11
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, August 5
6:00pm: At Your Library: August Happenings
7:00pm: In Your Neighborhood: Ward One

Friday, August 6
7:30pm: In the Know: Norfolk County Sheriff's Office
8:00pm: Butler's Pond Informational Meeting 7/29

Saturday/ Sunday, August 7/8
9:00am: In the Know: Norfolk County Sheriff's Office
9:30pm: State View: Senator John Keenan
10:00am: In Your Neighborhood: Ward One
10:30am: Butler's Pond Informational Meeting 7/29
12:00pm: MA Joint/Ways & Means/ Stimulus 7/27 (Sat)
12:00pm: MA House of Rep Formal Session: 7/28 (Sun)
7:30pm: At Your Library: August Happenings

Monday, August 9
6:00pm: On Q: Ep. #1
7:00pm: Butler's Pond Informational Meeting 7/29

Tuesday, August 10
5:30pm: LIVE: Zoning Board of Appeals

Wednesday, August 11
7:00pm: In the Know: Norfolk County Sheriff's Office
8:00pm: State View: Senator John Keenan

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

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2021

Mayor Koch's ANNUAL

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Quincy Bay Race Week Regatta Returns

A Year After Pandemic Cancelled Sailboat Racing, 60 Sailors Take Part In This Year's Competition

By **TOM GORMAN**

The 83rd annual Quincy Bay Race Week regatta returned July 22 after being cancelled last summer due to the COVID-19 pandemic. Forty-nine young sailors and 29 boats competed in the inline races and 11 adults competed in the outside line in the four-day event.

"We had a great week of racing," Quincy Bay Race Week Chairman Paul Lewis said. "After cancelling last year's regatta due to COVID, everyone really enjoyed themselves with this year's racing."

Quincy Yacht Club hosted the first two days of inline racing that featured junior sailors, ranging in age from 8 to 18, representing several local yacht clubs. On Saturday, July 24, the race moved to the Squantum Yacht Club for the adult races with two Thunderbirds and nine Hustlers. Sunday's race was cancelled due to gusty winds and showers.

"We had all types of conditions from the light wind on Thursday to the high winds and downpours Sunday which challenged all of the sailors," Lewis said.

Some of the youngsters participating are students in the various yacht clubs'

sailing programs. A few are veterans, having competed in past years.

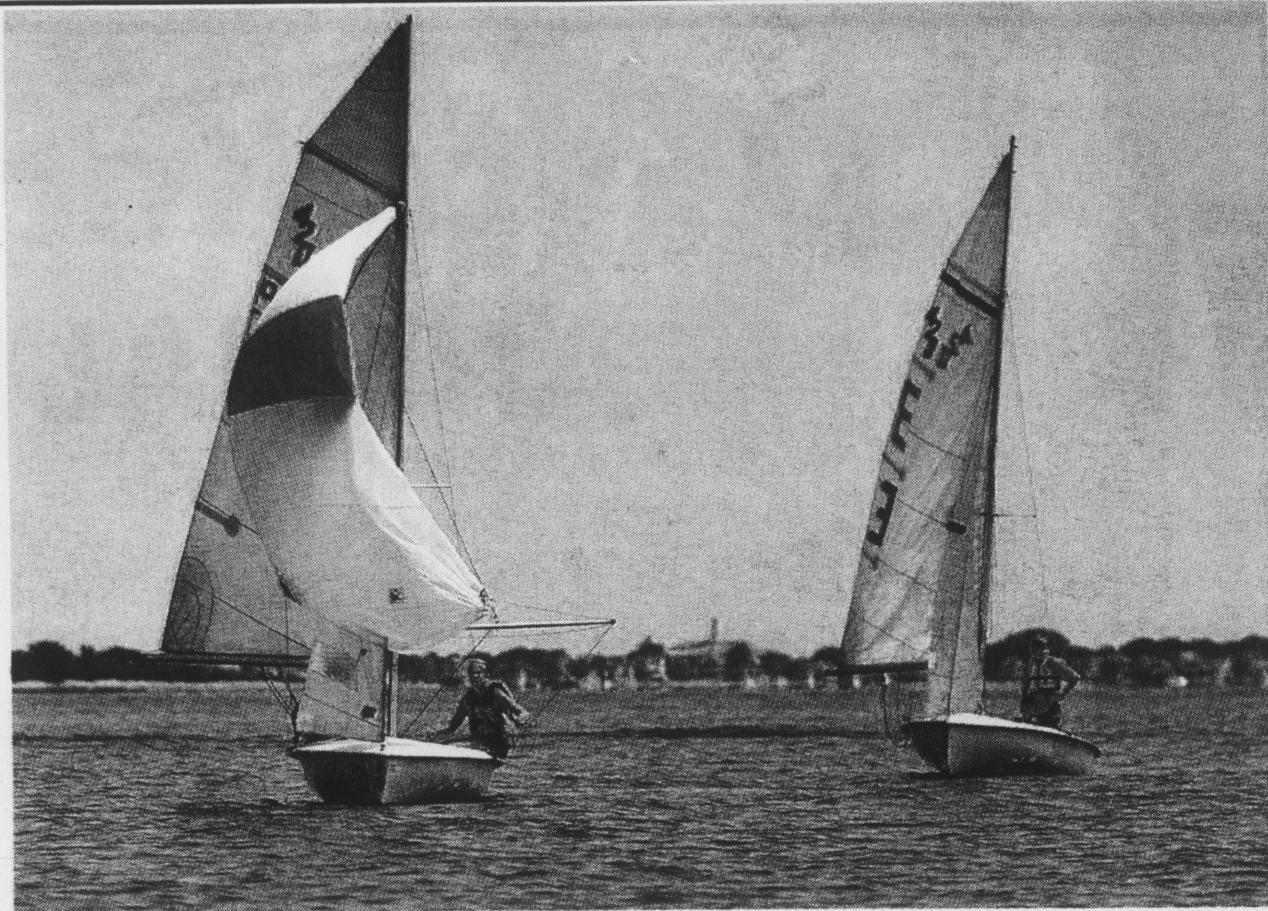
One novice this year, Bobby Caldwell of Town River Yacht Club, had learned how to sail just a few weeks before the race and ended up being the overall winner in the Optimist Green competition.

The Quincy Bay Race Week Association was formed 84 years ago by members of the Quincy Bay Yacht Clubs during the winter of 1937-38, according to the association's Facebook page. The idea was to create a week of sailboat races in the waters off the Weymouth and Quincy coast.

The association today is comprised of eight clubs: Quincy, Wessagusset, Squantum, Town River, Wollaston, South Shore, Braintree, and Metropolitan. The association also partners with local businesses and the City of Quincy and the towns of Braintree and Weymouth.

In past years, the race week included a beauty pageant and a boat parade. Recent years focused on the racing, particularly the juniors, to help young adults appreciate sailing and ap-

Cont'd On Page 17



THE WIND CATCHES the spinnaker of South Shore Yacht Club's Lillian Hayduk and skipper Rachel Tier, left, as they prepare to cross the finish line to win the 420 race ahead of Town River Yacht Club's Kou Nishizawa and skipper Gavin O'Hare, right during the 83rd annual Quincy Bay Race Week regatta.

Quincy Sun photos/Tom Gorman



THE 420 RACE gets underway with Town River Yacht Club's Riley McNight and Molly Hearon, left, and Sierra and Gabrielle Bausemer of South Shore Yacht Club heading out.



PHOTO ABOVE: Ashton Blake of Wessagusset Yacht Club looks back to check competitors in the Optimist Green race.

PHOTO AT RIGHT - Will Ragusa and Christian Aikens of Quincy Yacht Club tack to the finish.



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2021



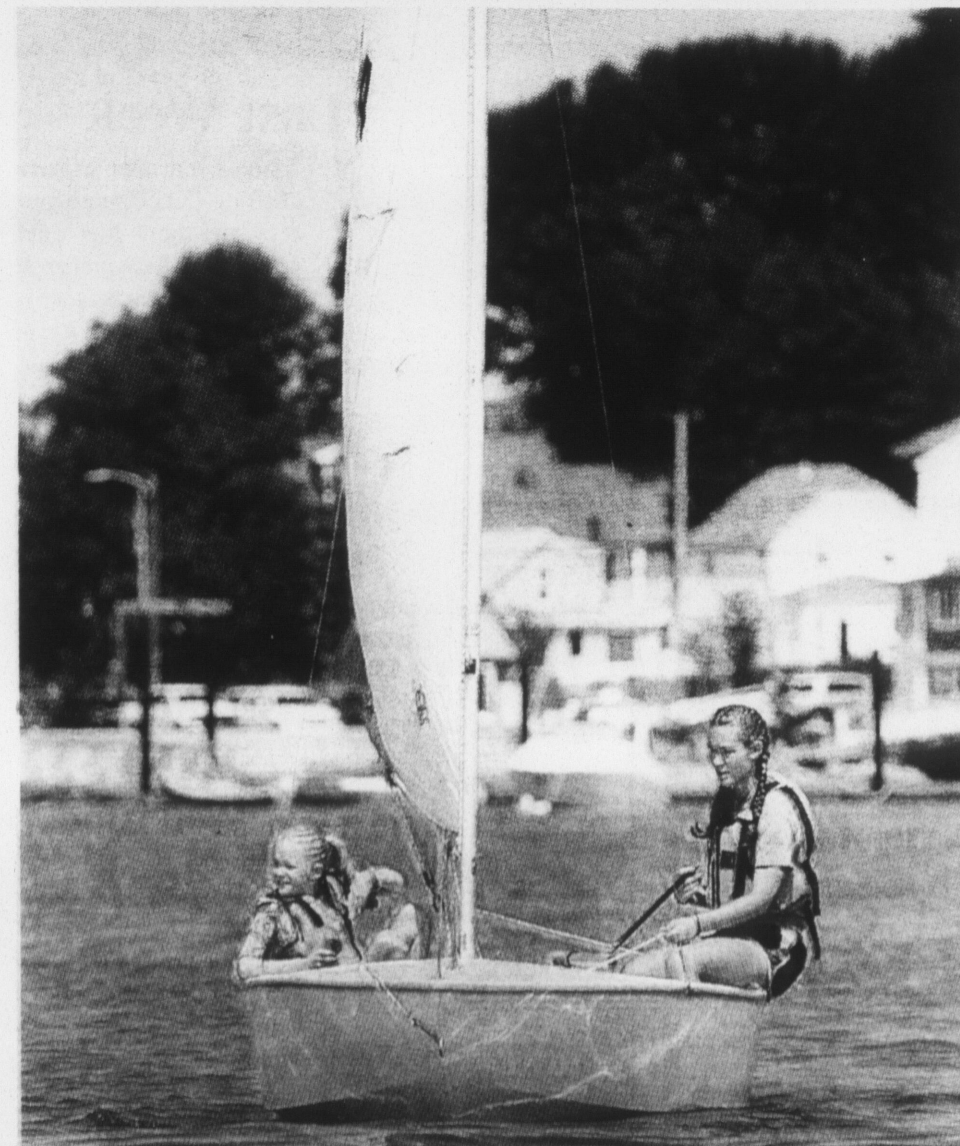
DECLAN O'HARE of Quincy Yacht Club tacks his Optimist Green boat to the finish.
Quincy Sun photos/Tom Gorman



KEYES MORRIS of Town River Yacht Club makes his way around the marker in the Optimist Green race.



JAKE LIPPERT of Town River Yacht Club wins the Optimist White race.



TOWN RIVER YACHT Club's Mary Leutche, left, and her sister, skipper Emery Leutche, win the N-10 Blue race.

Quincy Bay Race Week Regatta Returns

Cont'd From Page 16
ply skill, enthusiasm, and knowledge in the competitions.

"The mission of the Quincy Bay Race Week Association is to promote sailing excellence for both

the novice and the experienced within a challenging competition," states the association's Facebook page. "More importantly, Quincy Bay Race Week provides a fun, safe, sail racing forum for the youth of Quincy and

Hingham Bay and beyond. Not alone in its mission of racing, the Quincy Bay Race Week Association also promotes comradery and brotherhood between its eight-member yacht clubs."

Cont'd On Page 31

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Quincy Track Club Hosts Frank Kelly Memorial Meet



OVER 100 YOUNGSTERS competed at the Frank Kelly Memorial Track Meet July 30 at the Faxon Field Track Complex on Coddington Street and Southern Artery, Quincy. The annual meet is hosted by the Quincy Track Club. Here girls and boys round the first turn in one of the track events. More Kelly Track and Field Meet photos will appear in the Aug. 12 issue of The Quincy Sun.

Quincy Sun Photos/Robert Bosworth



AAA: Massachusetts Average Gas Price Up One Cent From Last Week

Massachusetts's average gas price is up one cent from last week (\$3.02), averaging \$3.03 per gallon. Monday's

price is four cents higher than a month ago (\$2.99), and 90 cents higher than Aug. 2, 2020 (\$2.13). Mas-

sachusetts's average gas price is 14 cents lower than the national average.

"Americans are paying a

pretty penny to hit the road this summer. On average, Massachusetts motorists are paying 23 cents more to fill

up since the beginning of May," said Mary Maguire, AAA Northeast Director of Public and Government Affairs. "August could prove to be even more expensive if crude oil prices increase,

driven by market concerns of rising COVID case numbers and how that could negatively affect global demand in the near future."

AAA Northeast's August 2 survey of fuel prices found the current national average to be 2 cents higher than last week (\$3.15), averaging \$3.17 a gallon. Monday's national average price is 5 cents higher than a month ago (\$3.12), and 99 cents higher than this day last year (\$2.18).

Beach Church Sundays At Wollaston Beach

Beach Church continues each Sunday morning at 8 a.m. on Wollaston Beach between the Quantum and Wollaston Yacht Clubs.

This brief and fun service includes Scripture, song and an inspirational message and all are invited to attend.

SUMMER EATS

The USDA funded Summer Food Service Program for Children sponsored by the Quincy Public Schools will provide free meals to all children without charge, regardless of race, color, national origin, sex, age or disability. Due to COVID-19, we will offer the same service by providing both breakfast and lunch at eight emergency feeding locations.

Breakfast & Lunch Service: Monday—Friday

11 am to 1 pm - July 6 through August 20, 2021

Please note the following guidelines that will continue to apply to protect participants from exposure to COVID-19:

'Grab and Go' breakfast & lunches with milk will be provided each day.

All locations will operate in a non-congregate manner. Please take your meals and kindly leave the premises. This is to ensure your safety.

Kids who are age 18 years old and under may have both breakfast & lunch.

Parent/guardian can pick-up meals on behalf of their child or children.

Kids/parents can go to any one of nine locations across Quincy.

There are no registration or income requirements to participate.

"This is an equal opportunity provider."

SITE LOCATIONS:

The Snug Harbor School gym entrance

The Ward II Community Center

The Lincoln Hancock School cafeteria

The F.W. Parker School cafeteria

The Montclair Elementary School gym

Quincy High School cafeteria

North Quincy High School gym entrance (Hunt St.)

Atherton Hough Elementary School cafeteria entrance

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145 Students On Point Webster Middle School Honor Roll

One hundred forty-five students are listed on the third term honor roll at Point Webster Middle School.

HIGH HONORS

Grade 8: Adhithiya Balamurugan, Ashley Bassill, William Caberoy, Nicholas Cheung, Jenna Christian, Meadow Cooper, Joseph Curtin, Charlotte De Melo, Julia De Souza, Chloe Duong, Eugene Foong, Shauna Foran, Ella Halley, Alexandra Hoey-Ventura.

Marielle Kouassi, Kartik

Kujala, Sophia Lapenna-Hayes, Milan Le, Vanessa Leung, Kayla Monroy Ochoa, Kai Neal, Parth Patel, Adrian Pena Mendez, Sanjith Puvvada, Jasmine So, Henry Tang, Mia Trzinski, Yuliana Woodbury.

Grade 7: Olivia Chidima Alamba, Kaushik Ananda Krishnan, Noah Araya, Jake Basan, Anthony Carinci, Gavin Doyle, Tyler Galecia, Caydan Giaimo Chaplin, Leia Gomes, Mae Ju, Vincent Le, Emily Lim,

Alexander Luu.

Dara Mashova, Vienna Mei, Minh Nghiem, Dristi Patel, Casey Perdios, Harry Pham, Neha Ramakrishna Kumar, Simona Ramiz, Isla-Roan Salazar, Gabrielly Santos Souza, Hadiya Saquib, Teddy Thai, Sianna Tucker, Carolyn Yu, Tiffany Zhang.

Grade 6: Lidya Araya, Tina Au-Duong, Joseph Bassill, Akshat Bhardwaj, Elizavet Bobomurodzoda, Pallavi Cherukuri, Pavan

Cherukuri, Erick Delima, Lilianna Fonseca, John Huynh, Annika Kogler, Jingen Kuang, Athena Ky-missis, Anushree Lotlikar.

Cullen McSweeney, Jinying Mei, Arwen Merino Suarez, Rayyan Mohamed, Emma Nguyen, Karen Ortiz-Vasquez, Rachel Ou, Pranav Pragatheeswaren, Sumayya Taqdees, Col-lin Tran, Ainsley Ruffina Vigil Kaspar Dev, Alex Yu, Amanda Zhang, Brenda Zhang, Katrina Zheng.

HONORS

Grade 8: Genesis Anderson, Caleb Bayot, Sean Conover, Ali Goutay, Ruby Ngoc Huyn, David Ka-

caj, Konrad Kloczkowski, Jomana Kmail, Zhaiya Leggett-Landrum, Mary Luong, Jaziah Molina, Donovan O'Connell, Luiza Paiva, Joseph Reale, Jayda Sesay.

Grade 7: Luka Albuquerque, Antony Amalan Carol, Karthik Balamurugan, Samuel Belcher, Connor Blatcher, Laryssa Dos Reis De Assis Santos, Sarah El-Dayisty, Mya Fontaine, Bryan Gustafson, Christopher Habchy, Aryelle Jamero, Desiree Johnson, Eddie Kellam-Walker Jr., Srikanth Kuchulakanti, Amine Laichi, Peter Lothrop, Emil-

ja Madhi, Olivia Nguyen, Henry Purchase, Jacoby Quinn, Sariah Thiha-Wong.

Grade 6: Urooj Adil, Fayana Alteus, Minh Bui, Ethan Coates, Cibebe De Oliveira Barbosa, Tony (Trung) Do, Jala Douang-mala, Igor Ferreira, Srutha Keerthi Komma, Nandit Koul, Rebecca Lafferty, Yubin Liu, Gabriela Lopez, Halima Mohammed, Elias Monroy-Ochoa, Piper Neal, Yanleianis Ortiz Romero, Kush Patel, Hailey Powers, Sakthieswaran Ramakrishna Kumar, Justin Tsao, Kayden Tucker Fuentes, Andy Vega-Ramos.

RIZE Massachusetts Receives \$2 Million In 2022 State Budget

Appropriation Builds On Previous Investments That Fund Programs To Fight Opioid Epidemic

RIZE Massachusetts, an independent nonprofit foundation working to end the opioid epidemic in Massachusetts, received a \$2 million appropriation to support its programs in the state's fiscal 2022 budget signed into law on July 16 by Gov. Charlie Baker.

Funds will be utilized for operations and certain grant-making initiatives, including the organization's \$800,000 Innovations in Anti-Racism to Address the Opioid Overdose Crisis grant program. The funding follows a \$2 million appropriation in the fiscal 2021 budget passed earlier this year, which supported a number of RIZE programs, including the Harm Reduction Training (HaRT) Scholars initiative, which enables internships and specialized training for 32 HaRT Scholars at three Massachusetts schools of social work.

"The Massachusetts House is proud to support the work of RIZE Massachusetts in their fight against the opioid epidemic," said Speaker of the House Ronald J. Mariano (D-Quincy). "It is critically important to support their mission at a time when overdose deaths are rising, particularly among people of color. Paired with hundreds of millions of dollars to address the opioid epidemic through the FY22 state budget, the funds appropriated for RIZE will make a big difference in the lives of those suffering from substance use disorder."

"Because of the COVID-19 pandemic, we

have lost ground in the fight against the opioid epidemic," said Julie Burns, president and CEO of RIZE Massachusetts. "This funding will help us act quickly to stem the tide and save lives through innovative, meaningful and evidence-based interventions. I'd like to thank the Legislature and the Baker-Polito Administration for their continued support of our efforts and those of providers across the Commonwealth as we partner to reach the goal of zero stigma and zero deaths."

"With the COVID-19 pandemic creating further barriers for those in need to seek treatment, substance use disorder has been a growing area of concern for the Commonwealth," said Rep. Aaron Michlewitz (D-Boston), Chair of the House Committee on Ways and Means. "These critical funds secured through the budget process will be essential to combating these increases and will help us get a better handle on this epidemic. I want to applaud RIZE for their tireless work in this area and for their commitment to equity as we work toward recovery and better treatment outcomes for everyone."

"Supporting the most vulnerable among us is a necessary and vital part of ensuring the Commonwealth's equitable recovery, and that certainly includes support for those struggling with substance use disorder," said Sen. Michael J. Rodrigues (D-Westport), Chair of the Senate Committee on Ways and Means.

"RIZE's work has only become more crucial during the pandemic, and I thank them for all they do to improve treatment outcomes, combat stigma, and increase access to care across the Commonwealth."

The budget amendment was introduced by Rep. Jon Santiago (D-Boston) and championed by several members of the Legislature who recognize the severity of the opioid epidemic in Massachusetts and how the COVID-19 pandemic has hampered efforts to reduce overdoses. In May, the Massachusetts Department of Public Health reported that overdose deaths in Commonwealth increased by 5 percent in 2020.

"The \$2 million appropriation secured for RIZE is a key step forward in the fight to end the opioid epidemic," said Rep. Santiago. "While the COVID-19 pandemic may have slowed down efforts to prevent overdoses, this funding is critical in helping us reduce harm and save lives."

Michelle McGrath Managing Director South Shore Children's Chorus

Michelle McGrath, founding president of McGrath PR, has been named managing director of South Shore Children's Chorus (SSCC), the greater South Shore's training program for all young singers. McGrath is a resident of Scituate, formerly of Kingston.

SSCC recently announced it is expanding to Hanover in September, establishing its third campus at South Shore YMCA's Laura's Center for the Arts, growing from its current Quincy and Sharon rehearsal sites.

"This role is a perfect fit to fulfill in tandem with my public relations company," said McGrath, who founded McGrath PR in 2010. "I'm at a stage in life where I want to amplify the passion that inspires my career. Singing has always been an important part of my life - from musical theatre during high school and college, to solo singing with a few instrumental ensembles, to my current joy of singing with my dearest friends in



MICHELLE McGRATH

Pilgrim Festival Chorus and Friends in Song cappella ensemble.

McGrath has founded and served on many of the region's cultural committees and arts organizations, including Plymouth's Spire Center for Performing Arts, Plymouth Bay Cultural District, currently serving on Scituate Cultural Council, a facet of Massachusetts Cultural Council. As a performing artist, she has appeared both on and backstage, performing for many years in theatrical productions, currently singing with Pilgrim Festival Chorus, the South Shore's premiere chorus, and Friends in Song a cappella ensemble.

McGrath previously

served as parish organist for several Massachusetts churches, and as the founding Arts & Entertainment Correspondent for PACTV's PCN Community News, the South Shore's premiere regional television news program. To learn more about McGrath PR, visit mcgrathpr.com.

Registration is open for all fall SSCC programs at Quincy Point Congregational Church, 444 Washington St., Quincy; Sharon Community Center, 219 Massapoag Ave., Sharon; and at its new location this fall at Laura's Center for the Arts at the YMCA, 97 Mill St., Hanover.

Need-based tuition assistance is available by application. For tuition and complete schedule details, to register, or for more information, visit southshorechildrenschorus.org, email Artistic Director Kirsten Oberoi at oberoi@sscchorus.org, or Managing Director Michelle McGrath at mcgrath@sscchorus.org, or follow South Shore Children's Chorus on Facebook and Instagram.

I make house calls!

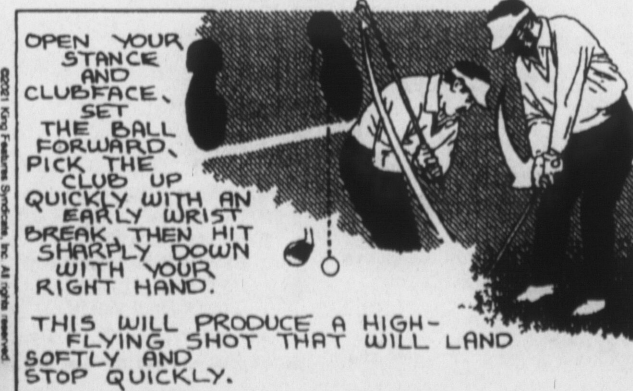
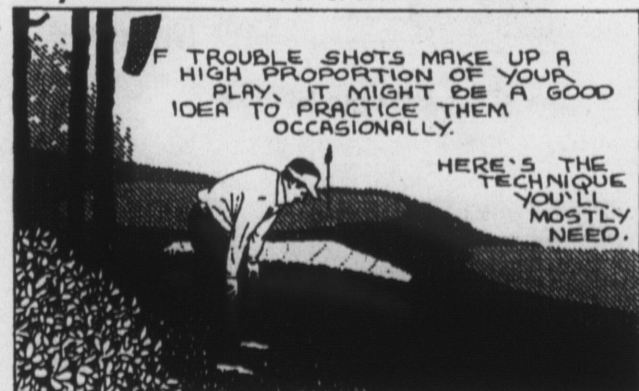


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Seasonal Flavors

Red Velvet Cupcake and Almond Joy



Merrymount Park Master Plan Implementation Continues

Mayor Thomas Koch announces that work is continuing on improvements to Merrymount Park with the installation of a decorative wrought-iron fence at Adams Walk in Upper Merrymount Park.

The wrought-iron fence

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P1925EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Nancy C. Dibona

Date of Death:

04/05/2021

To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Betteanne Macdonald of Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Betteanne Macdonald of Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 09/08/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 28, 2021

COLLEEN M. BRIERLEY
Register of Probate

8/5/21

was crafted by WovenSteel in East Boston and will match the design of the original entry gate installed more than two decades ago.

The original Adams Walk concept was designed by Herbert Kellaway in 1937. Kellaway was an associate in the landscape architecture firm started by Frederick Law Olmsted. The city updated Kellaway's Master Plan for Merrymount Park in 1997 and again in 2014.

Long-considered the "Father of Landscape Architecture" Olmsted corresponded regularly about the park with his dear friend Charles Francis Adams II, who bequeathed Merrymount Park to Quincy. Olmsted himself could not develop a plan for the park but his associates Charles Elliot and Kellaway contributed to designs for the park and surrounding areas.

Coming later in 2021, is the improvement of Merrymount Parkway (Rt. 3A) which bisects the park,

Koch said. Plans are in place to improve the roadway and sidewalks. Historic lighting and a landscaped traffic island will be added to provide a parkway-feel to this busy roadway. The first phase of utility burial has taken place and will commence with the roadway improvement phase, the mayor noted.

Also in the design and permitting phase is the replacement of the Route 3A bridge across Black's Creek. The bridge has been deemed in need of replacement by the Commonwealth. The bridge project is tentatively scheduled for 2022.

"We are blessed to have such a beautiful and historic centerpiece to our city," Koch said. "Merrymount Park contains incredible vistas, ecological diversity, interesting history, and some of the best recreational facilities in Massachusetts."

"We continue to honor the history of the park and our city through the imple-

American Red Cross: Emergency Need For Blood

The American Red Cross has an emergency need for

lifesaving blood amid the ongoing severe blood shortage. Blood and platelet donations continue to be critical to meet hospital demand and the public is urged to make an appointment to give now.

The Red Cross has been distributing about 12% more blood products to hospitals across the U.S. compared to this time last year. The Red Cross needs to collect more than 1,000 additional blood donations each day to meet the current hospital demand and end the severe blood shortage. Donors of all blood types are needed, especially type O, which stands at just a one-day supply right now.

Schedule an appointment to give blood or platelets by using the Red Cross Blood Donor App, visiting RedCrossBlood.org, calling 1-800-RED CROSS (1-800-733-2767) or enabling the Blood Donor Skill on any Alexa Echo device.

In most cases, those who have received a COVID-19 vaccine can donate. However, knowing the name of the manufacturer of the vaccine they received is important in determining donation eligibility.

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scape architects in history. A park like this adds tre-

mendously to our quality of life."

OBITUARY

Memorial Mass Aug. 14 For Daniel M. Dewey

A Memorial Mass for Daniel M. Dewey, a longtime resident of Quincy, will be celebrated Saturday, Aug. 14 at 10 a.m. at Divine Mercy Parish in Sacred Heart Church.

Mr. Dewey passed away April 3, 2020. He was 76.

Born in Everett, he was a son of the late Judge George Dewey and Catherine (Murdock) Dewey. Dan was raised in Marlboro, and was a graduate of Marian High School in Framingham.

Mr. Dewey was a U.S. Marine Corps sergeant, serving in Vietnam. He earned his undergraduate degree from Texas A & M, and later earned two master's degrees; one in business and another in criminal justice from Anna Maria College.

Dan served as a probation officer in Framingham, Marlboro, and Quincy. He was appointed to the Commonwealth of Massachusetts Parole Board by Governor Weld in 1993 and was the longest serving board member in the Commonwealth.

He was the Commandant of the William R. Caddy Marine Corps League Detachment in North Quincy, a longtime member of the Nickerson American Le-



DANIEL M. DEWEY

gion Post in Squantum, and life member of the Disabled American Veterans, Chapter 29 in Braintree. He was also involved for many years with the Quincy Veterans Council. Dan was an avid reader of history and loved his summer vacations with his family in North Conway, N.H.

Dan was the beloved husband of 39 years to Kathleen (Kelly) Dewey of Quincy, and the devoted father of Daniel Dewey and his wife Alla Baranovsky of Westborough, and Aileen Quilty and her husband Conor of Quincy. He

was the proud and loving Grampy of Cullen and Lily Quilty of Quincy, Daniel Baranovsky-Dewey, Alexander Baranovsky, and Nikita Baranovsky, all of Westborough. Dan was the brother of Frank Dewey and his wife Suzi, Cathy Treveloni and her husband Ron, Paul Dewey and his wife Patsy all of New Jersey, John Dewey of Marlboro, and the late George Dewey and Susan Anderson. He was also survived by many nieces, nephews, and cousins.

Immediate services were held privately with burial at the Massachusetts National Cemetery in Bourne.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Expressions of sympathy may be made in Daniel's memory to Disabled American Veterans, State House, Room 546, Boston MA 02133, or visit dav.org.

**More Obituaries
On Page 22 and Page 23
and
online at
www.TheQuincySun.com**

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HELP WANTED Family Self-Sufficiency Program Coordinator The Quincy Housing Authority has an employment opportunity for a Family Self-Sufficiency Program Coordinator in its Support Services Department. The position involves the planning, development, and management of the Authority's Family Self Sufficiency Program. The ability to work independently and as part of team, supervising others in terms of program outcomes, goals and objectives. The incumbent will also be responsible for developing and maintaining systems for monitoring the progress of program participants. Such systems will also support any reporting requirements of the grant. Must have good public speaking skills, as well as good written and oral presentation skills, plus appropriate attention to detail. A bachelors' degree in social work, education, or a related field is preferred. Salary is \$52,033.80 annually. This is a grant position, subject to HUD annual funding. This position is part of the SEIU bargaining unit. An application and resume should be submitted to Terry Champion, Administrative Assistant, Quincy Housing Authority, 80 Clay Street, Quincy, MA 02170 by 4:30 p.m. August 13, 2021. 8/5		CAMPS <i>The Best week of your life!</i> See ya at the party! SNOWCAMPS 2022 8/5	MISCELLANEOUS Wanted to Buy or Trade FREON WANTED: We pay \$\$\$ for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312-291-9169 or visit RefrigerantFinders.com	TWO PASLODE IMPULSE CORDLESS FRAMING NAIL GUNS: Recently rebuilt on 8/6/19, never used much! \$150.00 for both. Call Tony 617-328-9731 8/5	HELP WANTED HELP WANTED Laborer's Position The Quincy Housing Authority has a full time employment opportunity for a Laborer. Candidates will perform unskilled and semi-skilled maintenance and repair tasks in buildings, apartments, and appurtenances. Will maintain buildings and surrounding grounds in a clean and neat condition. Includes cleaning apartments following tenant use, performing custodial and janitorial tasks, landscaping, snow plowing, mending fences, lifting heavy objects, and using a variety of hand tools. Salary is \$32.54 per hour and is a 40 hour work week. Employment is subject to a CORI, Drug and driving record check. A completed QHA Application must be submitted to Terry Champion, Quincy Housing Authority, 80 Clay Street, Quincy, MA 02170. Applications will be accepted until 4:00 p.m. August 13, 2021. Please contact Terry Champion for a job application and a full job description. 8/5
HELP WANTED Occupancy Specialist The Quincy Housing Authority has an employment opportunity for an Occupancy Specialist. The Occupancy Specialist assists in administering all rental assistance programs, including but not limited to public housing and Section 8 project based voucher programs. Responsibilities include eligibility certifications, rent determinations, and lease processing along with preparing various reports related to public housing and section 8 rental assistance programs. Prior experience working with tenants, particularly low income tenants, preferred. Prefer three years of experience with rent determinations for project based voucher programs. Salary is \$53,034.80 annually as well as a generous benefit package. A completed job application and resume should be submitted to Terry Champion, Quincy Housing Authority, and 80 Clay Street, Quincy, MA 02170 by 4:00 p.m. on August 13, 2021. 8/5		HELP WANTED Leasing Officer The Quincy Housing Authority has an employment opportunity for a Rental Assistance/HAP Specialist. The Rental Assistance/HAP Specialist assists in administering all rental assistance programs, including but not limited to Section 8 Housing Choice Vouchers, Enhanced Vouchers; Project Based Vouchers; Designated Housing Vouchers; Mod Rehab SRO; and MRVP. S/he is responsible for eligibility certifications, rent determinations, lease processing, processing of HAP payments, preparing various reports related to rental assistance and maintaining complete and accurate records of program and participant information on paper and in the Authority's computer system. S/he also helps answer questions and resolve administrative problems that arise in connection with rental assistance programs. A complete position description is available. Salary is \$ 53,034.80, plus benefits. Two years of college education in human services related subjects or three years experience in related position required. Prior experience working with tenants, particularly low-income tenants, preferred. A Quincy Housing Authority Job Application can be downloaded from the Documents Section of the Quincy Housing Authority website at www.quincyha.phanetwork.com. An Application and Resume should be submitted to Terry Champion, Quincy Housing Authority, 80 Clay Street, Quincy, MA 02170, by 4:30 p.m. on August 13, 2021. 8/5	PLEASE RECYCLE THIS NEWSPAPER	HELP WANTED TENANT SELECTOR The Tenant Selector is responsible for maintaining and processing applicants utilizing the state requirements and the CHAMP and HAB databases and in assuring that selection, eligibility and screening of applicants for all Housing Authority Programs is performed accurately, that complete and accurate records concerning applications and initial occupancy are maintained in compliance with the Public Housing Assessment System (PHAS), and that all necessary internal and external reporting requirements are met in a timely fashion. S/he is also responsible for updating procedures as necessitated by regulatory changes or administrative efficiency. At least two years of college education or three years experience in public housing is required. A complete position description is available in the Administrative Offices. This is an SEIU position. Salary is 59,696.80. Applications and resumes may be submitted to Terry Champion as soon as possible, but no later than 4:30 p.m. on August 13, 2021. 8/5	

OBITUARIES

Mary A. Butler, 77

A funeral Mass for Mary A. Butler, age 77, a former longtime resident of Quincy, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Ms. Butler died peacefully July 27 at St. Patrick's Manor in Framingham.

She was born and raised in Dorchester and Quincy. Ms. Butler was a graduate of Cathedral High School, Class of 1961. She earned a Bachelor of Science in education from Boston State College in 1966 and supplemented her degree with graduate courses over the years.

Ms. Butler was employed as an elementary school teacher for the Braintree Public Schools and later worked for the United States Postal Service. She had been retired for many years.

She was a member of the former Catholic Graduates Club.

Ms. Butler loved playing the piano and the organ and would share her retirement years volunteering at nursing homes playing for residents.



MARY A. BUTLER

She was the beloved daughter of the late Thomas J. and Rose F. (Fagan) Butler. She was the devoted sister of Kathleen M. Haws and her husband Gregory of Superior, CO.

Ms. Butler is also survived by five nieces and nephews, and eight grand nieces and nephews.

Memorial donations may be made to the Catholic Appeal, c/o The Archdiocese of Boston, P.O. Box 9134, Canton, MA 02021-9134.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Michael J. Sutter

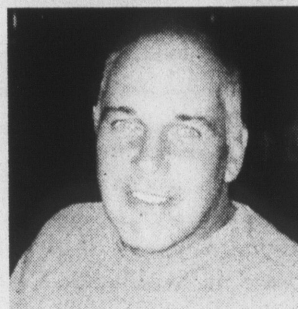
Visiting hours for Michael J. Sutter of Quincy were 4 to 7 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy, followed by a brief prayer service at 7 p.m.

Mr. Sutter died July 25.

He was a lifelong resident of Houghs Neck and was the happiest while fishing, boating, and being on the ocean. He adored and cherished his family and the loving bond he had with his dog, Molly. Mr. Sutter was a devoted NY Jets fan (J-E-T-S Jets Jets!). He also enjoyed watching the Red Sox and NASCAR. He was an awesome bowler on a bowling league with his family for years.

Mr. Sutter was a member of the Quincy Yacht Club, Sons of Italy in Weymouth, and was a past member of the Weymouth Eagles. He worked as a journeyman in sprinkler fitting and was close to all his colleagues.

Mr. Sutter had a special kind of love for life and always made a lasting impression on everyone he met. He had a great sense of humor and a fun competitive side. Mr. Sutter was generous, sincere and a kind soul that will forever live in our hearts.



MICHAEL J. SUTTER

He will be greatly missed by all who knew him.

Beloved husband of Marlene Sutter of Quincy. Devoted son of Barbara Lawrence and her husband Gary of Rockland and Butch Sutter and his wife Franny of Plymouth. Loving stepfather of Christine Gill of Norwood, Jacquie LaCasse of VT, and Roderick Gill of Quincy. Cherished brother of Sue Sutter and her fiancé Rick Harris of Abington and Crissy Sutter and her fiancé Chris Meade of Weymouth. Also survived by many nieces, nephews, and his best furry friend Molly.

A private burial will be held at a later date.

Memorial donations may be made to Dana-Farber Cancer Institute, Hematology (Blood) Cancers, P.O. Box 849168, Boston, MA 02284-9168.

Daniel J. Kane

A Mass of Christian Burial for Daniel James Kane of Quincy was celebrated Monday in St. Brigid Church, South Boston.

Mr. Kane died peacefully, surrounded by family, on July 22.

Born in South Boston on Dec. 29, 1940 to Daniel and Marie (Butler) Kane, Mr. Kane had many fond memories of growing up in a large, close-knit family of Irish immigrants with friends that seemed to have always been up for an adventure. He graduated from South Boston High School in 1958 and went on to proudly serve in the US Army.

Having had the chance to travel while stationed overseas, Mr. Kane set off to California for college and graduated from California State, Long Beach with a degree in archeology. He met the love of his life, Kathleen, while they were working at the Long Beach VA Hospital. After an extended honeymoon traveling through Europe, Dan and Kathy returned to Southern California and settled down in the beach enclave of Belmont Shores.

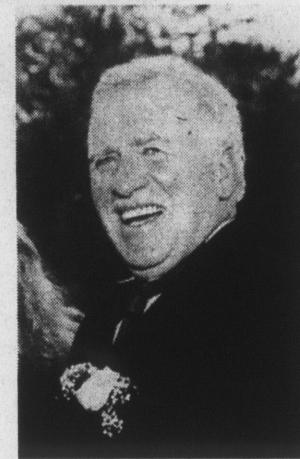
Mr. Kane's heart has always been in Boston so in 1971, he and Kathy loaded their VW Bug with all of their belongings and Kathy's brother, Pat, and set off for a road trip across the US. They settled in South Boston, just down the street from Mr. Kane's family and soon started a family.

They quickly outgrew their apartment and bought an old house at a great location in the Merrymount neighborhood of Quincy and then spent the next 30 years updating and expanding it while raising six kids. Their home was known for being the place to gather for celebrations and to turn to in times of need, often chaotic with kids, projects and pets in all directions and where all were accepted and supported. "Big Dan" and Kathy were unendingly optimistic and generous even in the face of great challenges.

He worked nights at the post office in Boston, only retiring to care for his beloved wife Kathleen when she fell ill and died in 2011.

Mr. Kane's fondest memories were of family gatherings and vacations that always included cousins, brothers, sisters and friends.

He is the beloved brother of John of Quincy, Thomas and his wife, Susan, of South Boston, Theresa of Quincy and William and his wife, Patricia, of Wilmington. His nieces and nephews were loved as his own children and brought him the greatest



DANIEL J. KANE

joy and comfort through his final days.

Mr. Kane devoted his life to raising his children and being the backbone of the family. He worked nights, picked up overtime and taught swim lessons to adults at the YMCA in Boston. His children were raised knowing that there were no obstacles to achievement if they were willing to put in the work.

Even with his schedule, Mr. Kane rarely missed a soccer, basketball or baseball game, wrestling match, musical performance, ballet recital, awards ceremony and coached his son Dan's championship winning Little League team. He was an avid handball player and loved to swim. Mr. Kane's older kids remember going to the YMCA with him as small children and taking turns sitting on his back as he swam laps.

Of all the teams Mr. Kane played for and cheered on, he was a lifelong Red Sox fan. He was known for singing "Take Me Out to the Ballgame" as a lullaby to his children and grandchildren, teaching them to cheer for the Red Sox.

Dan, Dad, Grandpa will be missed beyond words by his children and grandchildren. There has never been a celebration, tragedy or moment when good advice was needed that he hasn't been the first person called.

His children, Kathleen McGrattan and her husband, Michael of San Diego, Ann Marie and her husband, Mathew McNamara of South Boston, Janet and her late husband, Clint Antar of Quincy, Daniel and his wife, Jill of Quincy, Mary of Weymouth and Laura of Worcester are forever grateful for their father's never ending generosity, wisdom and support. His grandchildren, Hope, Ashlynn, Kelsey, Desmond, Alana, Alex, Clint, John and Gigi knew that Grandpa was always on their side, up for an adventure and believed that any time was a good time for an ice cream.

Funeral arrangements were made by Spencer Funeral Home, South Boston.

Helen Clarke, 101

A funeral Mass for Helen (MacDonald) Clarke, 101, of Quincy (OFD) was celebrated July 30 in St. Clare Parish, Braintree.

Ms. Clarke died July 26.

She was born Nov. 5, 1919 in Dorchester to James and Maude MacDonald. Mrs. Clarke was a member of the first graduating class of St. Williams School in Savin Hill. She was also the last remaining member of the group known as "the Seven Old Ladies of Savin Hill" who were well known and loved in the neighborhood.

Mrs. Clarke loved traveling, often visited her daughters in Europe. Any stranger she sat next to on a trip never remained a stranger for long. Upon her return, she always had wonderful stories to tell.

Her five siblings predeceased her, along with her husband Emerson Wesley Clarke, and one daughter Linda Louis-Jeune. Mrs. Clarke leaves, to cherish her memory, five children, Wesley W. Clarke (Dolly) of Braintree, Karen J. Hodges (Mark) of Clarksville, TN, Brian P. Clarke (Paula) of Marshfield, Susan E. Clarke (Peter Willmott) of Fulborn, England,



HELEN CLARKE

and Janice A. Foley of Trinity, NC. She is also survived by numerous grandchildren and great-grandchildren, who were a continuous source of joy to her.

The family wishes to extend heartfelt thanks to the staff at John Adams Healthcare in Quincy, Massachusetts, for their excellent care and the love they showed Mrs. Clarke where she achieved the age of 101-1/2.

Memorial donations may be made to the activities fund at John Adams Nursing Home, Franklin Street, in Quincy.

Interment at Mount Hope Cemetery in Boston.

Funeral arrangements were made by Mortimer Peck Funeral Home, Braintree.

S. Genevieve Rossi, 92

A funeral Mass for S. Genevieve "Jenny" (Stec) Rossi, age 92, a longtime resident of Quincy, was celebrated Monday in St. John the Baptist Church, Quincy.

Mrs. Rossi died peacefully July 25 at the Pat Roche Hospice Home, surrounded by her loving family.

She was born in Chelsea, to the late Alexander and Sophie (Jarosiewski) Stec. Raised and educated in Chelsea, she was a graduate of the former Saint Stanislaus High School. She had lived in Quincy for sixty-three years.

Mrs. Rossi was a devoted homemaker and also worked as a clerk at the Quincy Osco Drug and the former Turn-Style department store in Quincy for many years.

She was an avid reader. Mrs. Rossi was proud of her Polish heritage and enjoyed speaking to her grandchildren in Polish. Most of all, she enjoyed spending time with her family and was especially devoted to her four grandchildren, supporting their many activities and accomplishments.

Beloved wife for sixty-one years of the late Luigi "Louie" Rossi. Devoted mother of Paul Rossi of North Attleboro and his late



S. GENEVIEVE ROSSI

wife Andria, Robert Rossi and his wife Patricia of Plymouth, Frederick Rossi and his wife Gina of Weymouth, Jennifer Shaw and her husband Robert of Norwell. Loving grandmother of Michael Rossi, David Rossi, Katherine Rossi, and Elizabeth Shaw. Mrs. Rossi was the last of nine siblings and is also survived by many nieces, nephews, and their families.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or Father Bill's & MainSpring, 430 Belmont Street, Brockton, MA 02301.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.



Honor Your
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With Flowers

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AUG

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2021

Arthur Stella, 75

A funeral Mass for Arthur "Art" Stella, 75, of Quincy, formerly of Roxbury and Roslindale, will be celebrated Friday at 11 a.m. in St. Ann Church, Quincy.

Mr. Stella died peacefully with his loving family by his side on July 24 at Beth Israel Hospital.

Born on Dec. 4, 1945, he was the son of the late Ottino and Mary (Murray) Stella. And brother of the late sister Joan Gleason. He is deeply missed by his brother Joseph Stella and his wife Rita of North Andover, niece Janet Crateau, nephews Joseph and James Stella; and his nine great nieces and nephews.



ARTHUR "ART" STELLA

In his free time, Mr. Stella enjoyed spending time with his family and friends. Family was most important, especially his niece and nephews, of whom he was so grateful for. To them, he was known simply as "Uncle Artie" and in truth he was like a second father

to them. Always present for family, he enjoyed camping with his family in the White Mountains in NH, meeting his friends for coffee, watching movies, especially Westerns, and following the Patriots.

His jovial mood was infectious and he brought laughter and levity to every person he met.

Visiting hours are 9 to 10:45 a.m. in Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Mount Benedict Cemetery in West Roxbury will be private.

Covid guidelines are encouraged.

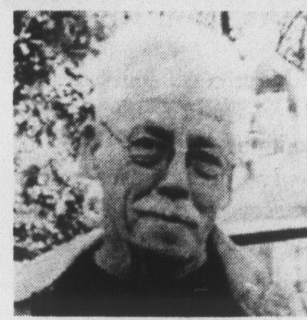
William J. O'Brien, Sr., 71

William J. O'Brien, Sr., "Lightning", of Billerica, passed away surrounded by family on Wednesday, July 28, 2021. He was 71.

Born on Aug. 29, 1949 to Catherine and John O'Brien in Weymouth, Billy grew up in Hingham, resided in Quincy for 40 years, and recently moved to Billerica.

Mr. O'Brien was employed by the Hingham Tree and Park Department for many years. He also worked at Old Colony Liquors.

He enjoyed spending his free time with his granddaughter and his favorite grand dog, Brady, watching



WILLIAM J. O'BRIEN, SR.

the Bruins and a cold Bud Light.

Mr. O'Brien is survived by his best friend and granddaughter Kaelyn O'Brien of Billerica, son Billy O'Brien, Jr. and his wife Sheriann of Billerica, son Stephen O'Brien and his wife Nicole

of Rockland and his wife Louise O'Brien (Sordillo) of Quincy. Loving brother of Marie O'Brien, Carol Merritt and her husband Jeff, John O'Brien, Jr. and his friend Linda, Catherine O'Brien, Nancy O'Brien, and Deborah O'Brien. He is predeceased by his loyal grand dogs: Spike and Layla.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

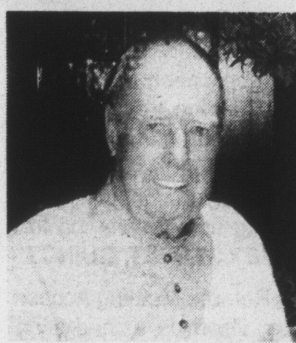
Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Richard J. Gallery

A funeral Mass for Richard J. "Dick" Gallery of Quincy, formerly of Milton, will be celebrated Saturday at 10:30 a.m. in St. Agatha Church, Milton.

Mr. Gallery died July 21 at home surrounded by his loving family.

Born in Boston, he was raised in Milton and graduated from Milton High School and Stonehill College and was a veteran of the United States Marine Corps. Mr. Gallery was a star athlete growing up and is a member of the Milton High School and Stonehill College Athletic Hall of Fame. He was a heavy weight Golden Gloves boxing champion and also boxed at Stonehill College and during his time in the



RICHARD J. GALLERY

service.

Mr. Gallery was an active member in Milton youth sports and coached Milton Little League and youth basketball for over 30 years. He was a member of Milton PTO and previously taught CCD at St. Agatha Church in Milton.

Beloved husband of the late Fay I. (Shaughnessy). Father of Richard F. "Rick"

Gallery and his wife Christine of Canton, Joanne "Jody" Gallery of Quincy, Donna Myers and her husband Kenneth "Bud" of North Hampton, NH, Robert S. Gallery and his wife Michelle of Canton, and Amy J. Gallery of Braintree. Proud Papa of Jeffrey, Robert, Aidan, Ethan, Sydney, Fay and Trista. Brother of David Gallery of Milton, and the late James Gallery and Jean Cushman. Son of the late James and Alice Gallery.

Immediately following the Mass, all are invited to a reception at Blue Hill Country Club, Canton.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Daniel A. Bythrow, 85

A funeral Mass for Daniel A. Bythrow, age 85, of Quincy, will be celebrated today (Thursday) at 10 a.m. in Holy Trinity Parish at Most Blessed Sacrament Church, 1015 Sea St., Quincy.

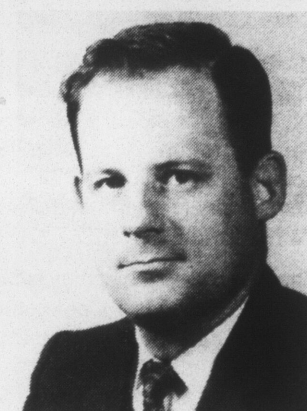
Mr. Bythrow died peacefully July 30 in the comfort of his loving family, at the John Adams HealthCare Center in Quincy.

He was born in Quincy, to the late George and Louise (Keene) Bythrow. He was a graduate of the former Don Bosco Technical School in Boston, Class of 1956, and had lived in Quincy for most of his life.

Mr. Bythrow was a manager with the Woolworth department store chain for 35 years. He managed various stores but mostly in Quincy and Boston and retired in 1995.

He was a United States Navy veteran serving as an ICFN in the late 1950s aboard the U.S.S. Arcadia (AD 23) and the U.S.S. Beatty (DD 756).

Mr. Bythrow was well known as a community activist and was a longtime member and past president of the Houghs Neck Community Council.



DANIEL A. BYTHROW

He was an active parishioner at Most Blessed Sacrament Church in Quincy and was a member of the Holy Name Society and a former Cub Master.

Beloved husband for 57 years of Joanne M. (Elword) Bythrow.

Devoted father of Michele S. Steinberg and her husband Steven of Newton, Yvette M. Morse of Quincy, Daniel A. Bythrow, Jr. and his wife Christina of Braintree, and Edward M. Bythrow and his wife Kimberly of Rockland.

Loving grandfather of Benjamin and Jacob Morse, and Nicholas and Joseph Bythrow.

Family was everything to Mr. Bythrow. One of 12 siblings who grew up in the Houghs Neck neighborhood

of Quincy, he remained close to his brothers and sisters all his life, raising his own family to be close to their aunts, uncles and cousins. In later life, he found community and comradeship living at 1000 Southern Artery, enjoyed traveling with his wife, family and friends, and especially treasured times spent with the youngest members of his extended family.

He was the dear brother of Robert Bythrow of North Reading, Peter Bythrow of MD, and twin brother of Mary Bythrow of Quincy. He was predeceased by Jean Ladas, Martha Byrne, Beatrice Miller, George Bythrow, Jr., Frederick Bythrow, William Bythrow, John Bythrow, and Valerie DiTullio. Mr. Bythrow is also survived by many nieces and nephews as well as sisters- and brothers-in-law.

Visiting hours were from 4 to 7 p.m. Wednesday at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment is private. Memorial donations may be made to the Houghs Neck Community Council Scholarship Fund, 1193 Sea St., Quincy, MA 02169.

Angela Zapata, 86

A funeral Mass for Angela (DiMino) Zapata, 86, of Quincy, was celebrated Wednesday at the Divine Mercy Parish in St. Ann's Church, 757 Hancock St., Quincy.

Mrs. Zapata died peacefully July 28, at the Beth Israel Deaconess Hospital in Milton.

Born in Boston on Jan. 7, 1935, she was raised in Boston's North End and was the daughter of the late Cologero and Angelina (Correnti) DiMino. Angela attended local Catholic schools and graduated from Julie Billiard High School. She also took courses after high school to become a stenographer, working part time in local Boston Courts.

Mrs. Zapata was a Medford High School lunch lady, and was a branch manager at the old Shawmut Bank for 15-20 years in Belmont, Cambridge, and Malden after raising her three children.

A person of great faith,



ANGELA ZAPATA

she was an active member of Sacred Heart Church in Boston's North End when she was young. After moving to Medford in 1964, she enlisted as a parishioner of Saint Josephs Parish and was an active member and past President of the Saint Joseph's Mothers Club.

The most important part of Mrs. Zapata's life was her unwavering devotion and love of her family. That devotion of love and life lessons are part of her legacy that continue throughout her family. Angela was also the best bargain hunter shopper, another passion.

She was the beloved wife of the late Fernando "Son-

ny" Zapata, with whom she shared many loving years of marriage. Devoted mother of Richard F. "Richie" Zapata and his late wife Maryellen of Quincy, Roselle A. Riley and her husband William of New Hampshire, and Carl F. Zapata and his late partner Dawn Nelson of Quincy. Grandmother of William, James, Richard, Kevin, Michael, Carl, and Cayla. Loving great-grandmother of McKenzie, Micah, Bridget, and Keira. Dear sister of Anthony DiMino and his wife Christina of Nevada, and Maria DiMino of Medford. Also survived by many loving nieces and nephews.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Interment was in Woodlawn Cemetery, Everett.

Memorial contributions may be sent to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

More Obituaries online at
www.TheQuincySun.com

2021 Hamel-Lydon Compassionate Service Awards

In the spirit of compassionate service, Hamel-Lydon Chapel is proud to honor individuals by granting ten \$500 Compassionate Service Awards to healthcare providers. Visit HamelLydon.com for more information.



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First Baptist Church Of Wollaston

The First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, is open for everyone.

For those who have not fully vaccinated, continue

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P1097EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Mary M. Johnson

Also known as:

Mary Johnson

Date of Death:

04/10/2021

To all interested persons:
A Petition for S/A - Formal Probate of Will with Appointment of Personal Representative has been filed by Mark McKeon of Holbrook, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Mark McKeon of Holbrook, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 08/18/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 15, 2021

COLLEEN M. BRIERLEY
Register of Probate

8/5/21

to wear mask and safe distance. On-line worship will continue.

The guest preacher will be Rev. Diane Badger and the reader will be Gary Mahn.

The church online dial-in/Zoom weekly meeting schedule is (see the church website)

- Sunday 9:30 a.m. - Vietnamese Sunday Worship at Fellowship Hall

- Sunday 10:30 a.m. worship service

- Wednesday Commu-

nity Group Meeting - will resume after summer.

- Thursday 6:30 p.m. Bible Class - Book of Revelation

- Friday 11 a.m. Prayer Group Meeting

Congratulations to Pastor Duc Pham who was ordained July 25.

Mark your calendar: the 150th anniversary of the church will be celebrated Sept. 26.

For inquiries call Lewann Mina, the church administrator at 617-472-0824.

NOTICE OF PUBLIC HEARING

Case ZBA 21-61

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 24, 2021 @ 5:30 P.M. to consider the application of **Jacob Drohan** for a Variance to construct a second story addition in violation of Title 17 as amended, Chapter 4.1.1 (dimensional requirements/FAR) on the premises numbered **74 RAYCROFT STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 24, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96379299963?pwd=OG1JSW0veWFqUjIOb2pxY0oxMGpsUT09>

Meeting ID: 963 7929 9963

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 7929 9963

Passcode: 629393

Find your local number: <https://zoom.us/u/ac1g10TOOU>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

8/5/21, 8/12/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-63

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 24, 2021 @ 5:30 P.M. to consider the application of **Frederick Looper, SunPower Corporation** for a Special Permit Flood Plain/Special Permit to install a solar photovoltaic carport system within the parking lot comprised of approximately 7,460 panel modules mounted atop four (4) individual parking canopies in violation of Title 17 as amended, Chapter 3.2.4 (special permit) and Chapter 8.1.9 (special permit flood plain) on the premises numbered **1776 HERITAGE DRIVE, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 24, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96379299963?pwd=OG1JSW0veWFqUjIOb2pxY0oxMGpsUT09>

Meeting ID: 963 7929 9963

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 7929 9963

Passcode: 629393

Find your local number: <https://zoom.us/u/ac1g10TOOU>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

8/5/21, 8/12/21

Quincy Point Congregational Church

Aug. 8 in-person worship will take place at 10 a.m. at Quincy Point Congregational Church, 444 Washington St. in the air-conditioned sanctuary.

Rev. Kimberly Murphy is back from vacation. Rev. Ellen Tatreau will be the reader of the day and Liz Milch will be the soloist of the day.

On-line worship on YouTube will also be on Sunday at 10 a.m. on the Quincy Point Congregational Church channel. Subscribe to "Points" weekly electronic newsletter to receive the link for weekly worship.

To sign up for these emails, visit the church website at www.quincypointcong.org and fill out the form on right hand bottom of page or contact the church office. You can also subscribe to our YouTube channel or see worship on Wednesdays at 6 p.m. on QATV channel 8.

Church School for All - Summer edition airs at 9:15 a.m. on the Quincy Point Congregational Church YouTube channel on Sundays. The Summer series is based on the book by Charles Swindoll, "Paw Paw Chuck's Big Ideas in the Bible" and this week

Jeanne Lucas will read, "Cub-Sitting" a story about being faithful based on the bible verse "If we are not faithful, he will still be faithful..." (2 Timothy 2:13) Due to copyright guidelines from the publisher this video is designated as "unlisted" so we will need to email you a link to the video. The instructions to make sure you are on the mailing list are above.

The Missions and Social Justice Committee of Quincy Point Congregational Church is sponsoring a summer clothing collection for Quincy Public Schools McKinney Vento Program. Items needed in Children's Sizes XS-XL are: children's underwear (needed most), socks (needed most), t-shirts, sweatpants and leggings. Drive ends on Sept. 26. Drop off to the church on Sundays before worship or weekdays from 9 a.m. to 2 p.m. (ring the church doorbell by the bakery, doorbell at the Abbey Road accessible door or call 617-773-6424).

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT

Docket No. NO19P2083EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

(781) 830-1200

Estate of:

Rose Cox

Date of Death:

09/03/2018

A Petition for Order of Complete Settlement has been filed by **Gregory P. White of Weymouth, MA** requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 A.M. on the return day of 08/25/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 21, 2021

COLLEEN M. BRIERLEY
Register of Probate

8/5/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-53

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 24, 2021 @ 5:30 P.M. to consider the application of **Hardy & Man Design Group** for a Variance/Finding to construct a 2.5 story building on the existing non-conforming lot which received Variances in ZBA case Z19-40 for a 1.5 story building in violation of Title 17 as amended, Chapter 4.1.1 (lot size, finding/variances for existing non-conforming lot) on the premises numbered **186 ESSEX STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 24, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96379299963?pwd=OG1JSW0veWFqUjIOb2pxY0oxMGpsUT09>

Meeting ID: 963 7929 9963

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 7929 9963

Passcode: 629393

Find your local number: <https://zoom.us/u/ac1g10TOOU>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

8/5/21, 8/12/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-60

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 24, 2021 @ 5:30 P.M. to consider the application of **Jacob Drohan** for a Finding to add a second floor to the existing structure and a small two (2) story addition on the back of the house in violation of Title 17 as amended, Chapter 3.4.3 (nonconforming structures) on the premises numbered **89 BILLINGS STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 24, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96379299963?pwd=OG1JSW0veWFqUjIOb2pxY0oxMGpsUT09>

Meeting ID: 963 7929 9963

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 7929 9963

Passcode: 629393

Find your local number: <https://zoom.us/u/ac1g10TOOU>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

8/5/21, 8/12/21

AUG

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2021

Masks

Cont'd From Page 5

not necessary outdoors and can be removed while eating indoors.

Further, the guidance also recommends that unvaccinated staff in all grades, unvaccinated students in grades 7 and above, and unvaccinated visitors wear masks indoors.

School districts should allow vaccinated students to remain unmasked, according to the new state guidelines.

Consistent with the new DPH guidance on face coverings, any individuals at a higher risk of severe disease from COVID-19 or with a household member who is at a higher risk are encouraged to keep wearing masks.

All staff and students must continue wearing masks on school buses in accordance with federal guidelines, state officials said. They also remain necessary for all students and staff while inside school health offices.

The state guidelines also say that any child or family who prefers to mask while at school be supported in that choice.

The DESE in May said it would require all school districts to return to full in-person learning for five days a week at the start of the new school year. The DESE at that time said other health and safety guidance, such as a requirement for three feet of distancing within schools, would be lifted in the fall.

LEGAL NOTICE

ALL POLICE ORDERED OR ACCIDENT TOWS

(Sale of Motor Vehicle under G.L. c. 255, Section 39A)
Notice is hereby given by: Schlager Auto Body Repair, 299 Centre St., Quincy, MA pursuant to the provisions of G.L. c.255, Section 39A, that on Saturday, August 7, 2021 at 9:00A.M. at 299 Centre St., Quincy Public Sale the following Motor Vehicle will be sold to satisfy the garage-keeper's lien thereon for storage, towing charges, care and expenses of notices and sale of said vehicle.
Description of Vehicle: 3NICN7AP6EL818512 Nissan Versa 2014
Name and address of owner of vehicle: Hazen Barkache, 64 Willard St., Quincy, MA 02169
By: James Schlager
This notice has been given under the provisions of G.L. c.255, Section 39A
7/22, 7/29, 8/5/21

PUBLIC NOTICE

CITY OF QUINCY BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from GB LL Holdings MA, LLC doing business as goPuff for a transfer of the All-Alcoholic Beverages Package Store License currently held by Smit Inc., (doing business as Regal Beagle, 385 Hancock Street) and a change of location of the All-Alcoholic Beverages Package Store License to 65 School Street. Proposed manager Nam Sam. The premises at 65 School Street is one story and comprised of approximately 7,600 sq. ft. A hearing will be conducted at 4 p.m. on **Tuesday, August 17, 2021** using Remote Meeting. Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: August 17 License Board Hearing
Time: Aug 17, 2021 04:00 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://quincycollge.zoom.us/j/2309068852>
Meeting ID: 230 906 8852
One tap mobile
+19292056099,,2309068852# US (New York)
+13017158592,,2309068852# US (Washington DC)
Dial by your location
+1 929 205 6099 US (New York)
+1 301 715 8592 US (Washington DC)
Meeting ID: 230 906 8852
Find your local number: <https://quincycollge.zoom.us/j/kDpypqzFG>

Nicole L. Crispo
Chair

8/5/21

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO21P1251EA Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Michael J. Ciampa
Date of Death:
February 27, 2021

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Christopher Ciampa of Jaffrey, NH.**
a Will has been admitted to informal probate.

Christopher Ciampa of Jaffrey, NH has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
8/5/21

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO21P1031EA Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Wilma H. Trimper
Also Known As:
Wilma Trimper
Date of Death:
November 23, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **R Christopher Trimper of Merrimack, NH.**
a Will has been admitted to informal probate.

R Christopher Trimper of Merrimack, NH has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
8/5/21

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO21P1464EA Commonwealth of Massachusetts The Trial Court

Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Joseph Aloysius Redmond
Also Known As:
Joseph A. Redmond and
Joseph A. Redmond, Jr.
Date of Death:
February 7, 2021

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Joan Spurgin of Fort Collins, CO.**
a Will has been admitted to informal probate.

Joan Spurgin of Fort Collins, CO has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
8/5/21

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS Department of Natural Resources

Thomas P. Koch
Mayor

David Murphy
Commissioner

INVITATION TO BID

The Department of Natural Resources for the City of Quincy, Massachusetts is seeking sealed bids for **IRRIGATION AT FURNACE BROOK GOLF COURSE** until **11:30 a.m. local time Thursday, August 19, 2021** in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The project shall include furnishing of all supervision, labor, materials, tools, and equipment necessary to perform and complete the installation of the Project specified herein and as shown on the drawings and any incidental work not shown or specified which can reasonably be determined to be part of the Work and necessary to provide a complete and functional system.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available August 4, 2021.

A non-mandatory pre-Bid conference will be held at 1:00 p.m. local time on Wednesday, August 11, 2021 at Furnace Brook Golf Course, meeting at the Clubhouse, 74 Summit Ave. Quincy MA 02169. Bidders are encouraged to attend.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced Bids may be rejected.

Thomas P. Koch
Mayor

Kathryn R. Logan
Purchasing Agent

8/5/21

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS Department of Public Works

Thomas P. Koch
Mayor

Alfred Grazioso
Commissioner

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **TRENCH REPAIRS - 2021** Paving, grind and inlay for Trenches or smaller areas, until **11:30 a.m. local time Thursday, August 19, 2021**, in the office of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work under this contract consists of permanent patching on any defective utility trenches, and/or depressions of bituminous concrete pavements performed in a workmanlike manner substantially to the original condition of the pavement. Minor curb resetting and adjustment of utilities as required and all related work to complete the project.

This contract is for repairs of trenches on an as needed basis for a period of up to one year, with a 2 year extension provision. Funding source will be water and sewer budgets.

The bidder must own a Massachusetts Department of Transportation approved Hot Mix Asphalt Plant to enable him/her to bid on this work.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Alfred Grazioso
Commissioner of Public Works

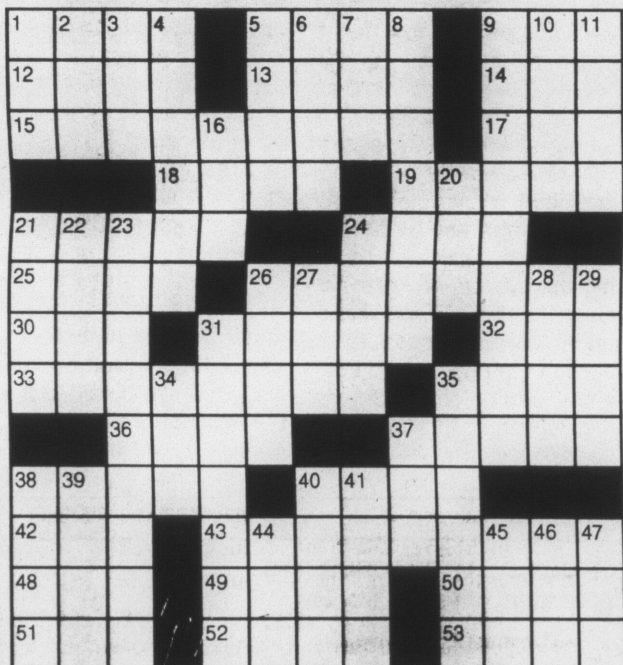
8/5/21

SUN FUN PAGES

King Crossword

ACROSS

- 1 Glitz partner
5 Body powder
9 Use a straw
12 Andean land
13 Jannings of old films
14 Travail
15 Former Cubs slugger
17 Tolkien creature
18 Porgy's love
19 Witherspoon of "Wild"
21 Inventor Nikola
24 Pugilist's weapon
25 Yard tool
26 "CSI" procedures
30 Egg (Pref.)
31 Topped with froth
32 Picnic dessert
33 Like ghost towns
35 Dog's treasure
36 Cambodia neighbor
37 "What the Butler Saw"
- playwright
38 Ink stains
40 Onetime "This Old House" host Bob
42 Back talk
43 "Georgia on My Mind," for one
48 Mine material
49 Sunrise direction
50 Counterfeit
51 Petrol
52 Obligation
53 Meditative practice
- DOWN
1 Family docs
2 Grazing land
3 Branch
4 Speak unclearly
5 Dick Tracy's love
6 Hebrew prophet
7 Fleur-de-
8 Gem's feature
9 Ideal place on a tennis racket
10 Charged bits
- 21 Seeger or Sampras
16 Verily
20 Jargon suffix
21 Walked (on)
22 Roof overhang
23 Aspen attractions
24 Notoriety
26 "— you're told!"
27 Rebel Turner
28 Ex-Yankee
29 Beheld
31 Heeded dental advice
34 Feedbag morsel
35 Obstreperous
37 Flamenco cheer
38 Online journal
39 Turkish money
40 Expansive
41 — bitty
44 Greek cross
45 Discoverer's call
46 Pester
47 "Today" rival, briefly



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MAGIC MAZE • — GATE

X C B Y U Q N J F C Y V R O L
H M R E B X U R O L I E B Y V
S O A E Q N K H E B Y W T R O
L O N J T G Y E B Y W U R P N
K N (D E P A R T U R E) I G D B
Z X E V D S W N I E Q O M K I
G E N D O R E C A C Y W L U S
Q P B I O D A E H I N L L J H
F E U R L O C G A U Y X O V U
S Q R O F P W N M L I A T K J
H F G N I T R A T S E C B Z Y

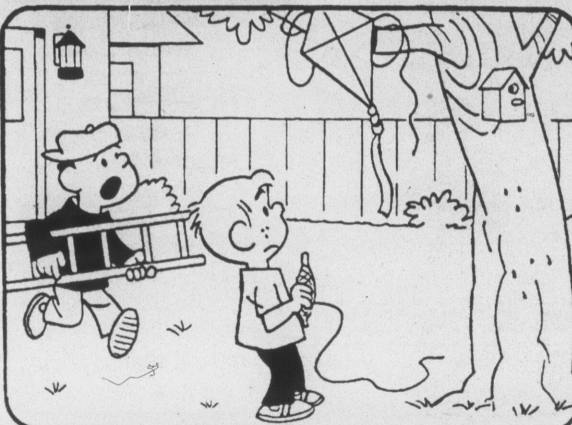
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: Must Pay Before Passing Through

AND Brandenburg Flood Iron Tail
City Garden Golden Water
Departure Head Starting

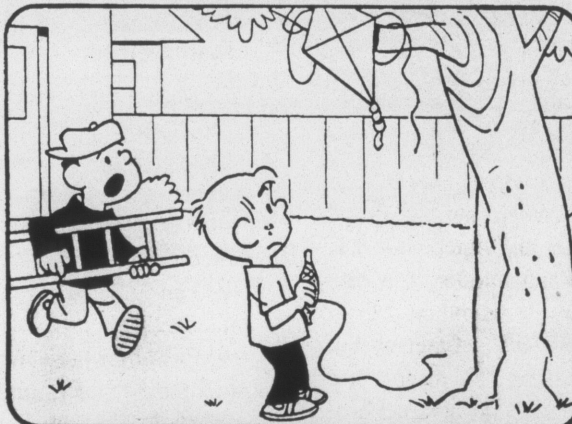
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Light fixture is missing. 2. Ladder is shorter. 3. Body is skinnier. 4. Kite tail is shorter. 5. Bush is missing. 6. Bird house is missing. 7. Girl's dress is different. 8. Boy's hat is different. 9. Flower is different. 10. Tree is different.

New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rtmamall.com



1. GEOGRAPHY: In which European city would you find the Spanish Steps?
2. TELEVISION: What were the names of the parents on the animated TV show "The Jetsons"?
3. LITERATURE: Which 20th-century novel begins with the line, "This is my favorite book in all the world, though I have never read it"?
4. U.S. STATES: What is the state capital of Nevada?
5. HISTORY: What was the pen name used to publish The Federalist Papers in 1787-88?
6. ADVERTISING: What product is advertised in commercials that feature The Most Interesting Man in the World?

7. MOVIES: Which movie features the often-quoted line, "Round up the usual suspects"?
8. FOOD & DRINK: What kind of fish produces caviar?
9. ENTERTAINERS: What were the names of the sock puppets used by ventriloquist Shari Lewis?
10. SCIENCE: How many elements are on the Periodic Table?

Answers

1. Rome, Italy
2. George and Jane Jetson
3. "The Princess Bride"
4. Carson City
5. Publius
6. Dos Equis beer
7. "Casablanca"
8. Sturgeon
9. Lamb Chop, Charlie Horse, Hush Puppy and Wing Ding
10. 118

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Wishing Well®

4 6 8 2 4 3 7 6 2 5 6 8 7
C H Y K H E D O E E M O A
6 4 6 4 2 8 2 5 8 6 4 3 2
E O L O E U P N S I S X Y
7 6 5 8 3 7 2 4 2 6 5 7 2
R F J T P I O E U E O N R
3 6 7 3 6 4 7 3 7 2 3 8 2
A A G N L W T D H D L A R
6 3 2 3 5 3 4 7 6 2 8 6 3
T E E A Y R I O E A R R N
2 4 7 8 5 2 3 5 3 8 7 3 6
M S U T H S I U N D G G E
5 8 7 4 5 4 5 4 6 8 7 8 8
M I H E O L R Y D A T R Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19)
You still might have to deal with some lingering confusion that marked a recent workplace situation. But for the most part, you should now be well on your way to your next project.

TAURUS (April 20 to May 20)
A new commitment might demand more time than you'd expected to have to give it. But rely on that special Bovine gift for patience, and stick with it. You'll be glad you did.

GEMINI (May 21 to June 20)
You're earning the admiration of a lot of people who like the way you handle yourself when your views are on the line. Even one or two of your detractors are being won over.

CANCER (June 21 to July 22)
Taking your responsibilities seriously is what you do. But ease up on the pressure gauge and make time for much needed R & R. Start by making this weekend a "just for fun" time zone.

LEO (July 23 to August 22)
Some recently uncovered information might make a change of plans inevitable. If so, deal with it as quickly as possible, and then find out what went wrong and why. What you learn might surprise you.

VIRGO (August 23 to September 22)
Aspects favor moving carefully and deliberately when making any significant changes. Could be there are more facts you need to know, which you might overlook if you rush things.

LIBRA (September 23 to October 22)
A problem neighbor might be looking to goad you into an action you don't want

to take. Ask someone you both respect if he or she would act as an impartial arbitrator for both of you.

SCORPIO (October 23 to November 21)
A recent workplace accomplishment hasn't been overlooked by those who watch these things. Meanwhile, start making travel plans for that much-too-long-deferred trip with someone special.

SAGITTARIUS (November 22 to December 21)
Those money matters continue to move in your favor. Now would be a good time to start putting some money back into the house, both for esthetic as well as economic reasons.

CAPRICORN (December 22 to January 19)
A changing workplace environment can create job pressures. But, once again, follow the example of your birth sign and take things a step at a time, like the sure-footed Goat you are.

AQUARIUS (January 20 to February 18)
Cheer up. You could soon have the funds you need for your worthy project. Your generous gifts of time and effort are well known, and someone might decide it's time to join with you.

PISCES (February 19 to March 20)
Your inner scam-catcher is right on target, and you're absolutely right to reject that too-good-to-be-true offer. Meanwhile, something positive should be making its way to you.

YOU BORN THIS WEEK:
You are generous and also sympathetic to people who find they need the help of other people.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

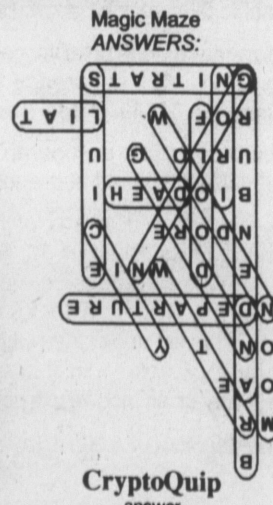
Clue: Y equals T

OQBD F LFD YZKBT YS USLIBA RSJ
YS NJR F NSFY, OSJAC RSJ
USDTKCBZ KY F TFKAT IKYUQ?

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King Crossword — Answers

Solution time: 23 mins.



CryptoQuip answer
When a man tries to compel you to buy a boat, would you consider it a sales pitch?

AUG

5

2021

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Director Franco Nero, “Lancelot” in “Camelot” (1967), was certain that his wife, Vanessa Redgrave, would star with him in his film “The Man Who Drew God.” But when Kevin Spacey was signed to play a “cameo” in the film, she abruptly pulled out, claiming to never have committed to the film. Producer Louis Nero (Franco’s son) then found someone who he considered a good replacement.

No doubt Faye Dunaway is a great actress. She starred in such classics as “Bonnie & Clyde” (1967), “Chinatown” (1974), her Oscar-winning performance in “Network” (1976) and the cult classic “Mommie Dearest” (1981), in which she played Joan Crawford. But two of her past three films, “The Bye Bye Man” and “The Case for Christ,” both released in 2019, lost money, and the third, “Inconceivable,” was a bomb despite co-stars Nicolas Cage and Gina Gershon.

Even worse, in July 2019, she was Broadway-bound in “Tea for Five,” a one-woman show based on the Katharine Hepburn book, but she was apparently so abusive to crew members, allegedly slapping them and throwing things at them, that she was fired for “creating a dangerous environment in which no one was allowed to wear white lest it distract her,” according to a New York Post report.

In “The Man Who Drew God,” Dunaway, now 80, plays a braille teacher whose friend is the blind protagonist, played by Franco Nero. The

film wrapped with no eruptions from the set reported, but there’s still the full publicity campaign ahead, and Faye hasn’t always gotten along with the bombastic foreign press corp.

Being a success doesn’t guarantee all will go well. Author Stephen King has written 63 novels and has an estimated net worth of \$400 million, yet he admitted in an upcoming biography that during the ‘80s he spent most of his time binging on drugs and alcohol, saying “One snort and cocaine owned my body and soul.” King has admitted though that writing did help him escape the terrors of his mind.

But being famous makes one a target. On June 29 he wrote on Twitter, “Paying cash for gas is inconvenient, but what’s REALLY inconvenient is having someone who’s stolen your credit card info buying a diamond for his girlfriend and a new sound system for himself!”

The 1955 film adaption of the hit Broadway musical “Guys & Dolls” will be remade and directed by Oscar-winner Bill Condon (“Chicago”). The rights held by 20th Century Fox lapsed because when Disney bought Fox, it fired everyone and TriStar grabbed the rights. Now the search is on to find a modern-day Marlon Brando and Frank Sinatra. Channing Tatum and Joseph Gordon-Levitt are the front runners, but Brando or Sinatra? NOT!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ***
* Moderate ** Difficult
*** GO FIGURE!

	+		-		4					
+		+		x						
	÷		+		4					
÷		x		-						
	x		-		3					
2		7		6						

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Civil War Picture Frame

By 1861, when the Civil War started, there were already several ways to take a picture. The first photos of a war were taken during the Mexican-American fight from 1846 to 1848. The Civil War (1861-1865) was the fourth. Matthew Brady was a determined photographer who collected his and other photographers’ war photos by buying negatives from others. Most of the pictures in museums today are part of the record—saved by Brady, but not all were taken by him.

There are ambrotypes, daguerreotypes, albumen prints and a surprising number of stereo pictures of the war. Many were portraits of soldiers in uniform posing in a studio, but there are also many pictures of battlefields after a fight showing the dead. The portraits were framed and displayed just as we do today.

An unusual painted iron picture frame was offered in an Eldred auction with an estimated price of \$500 to \$1,000. It held two pictures, and the small glass circle at the top of the frame beneath an eagle was meant for a picture of President Lincoln. The large circle surrounded by American flags and a Union shield held the portrait of a soldier. The frame was marked as “design patented Nov. 25, 1862” and was probably made for years after that.

Q: When I was little, my mother sent away by mail for a Little Orphan Annie mug for me. It has a picture of Annie on the front saying, “Didja Ever Taste Anything So Good As Ovaltine? And It’s Good For Yuh, Too” and her dog, Sandy, on the back.

I also have “Little Orphan Annie’s Song” sheet music. I’m 95 years old and don’t know anyone who wants these things. What I should do with them?

A: Harold Gray created the comic strip “Little Orphan Annie” in 1924. The Little Orphan Annie radio series debuted in 1931. Ovaltine sponsored the show from 1931 to 1940 and offered several premiums. The sheet music, a 1931 Ovaltine premium, sells for \$10-\$35 depending on condition. This mug is from about 1932, sells online for \$20 to \$30. You can see if a local consignment shop will sell them, or just donate them to charity and take the tax deduction.

CURRENT PRICES

Tobacco jar, humidior, silver, wood liner, Georg Jensen, 5 x 3 inches, \$810.

Doll, French Bebe, bisque head, blue paperweight eyes, brunette mohair wig, jointed wood & composition body, 1890s dress, Steiner, 25 inches, \$1,090.

Purse, crossbody bag, quilted fuchsia snakeskin, front flap with embossed CC logo, outer crescent pocket, entwined chain & leather strap, Chanel, 6 x 7 1/2 inches, \$2,320.

Advertising sign, Drink Blatz Beer, porcelain, die cut, neon, lights up, Artcraft, Milwaukee, 32 x 72 inches, \$6,000.

TIP: Marble will eventually react to rain and deteriorate. Keep marble ornaments out of the rain and frost.

For more collecting news, tips and resources, visit www.Kovels.com.

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Strange BUT TRUE

• The oleander is the official flower of the city of Hiroshima. It was the first to bloom again after the explosion of the atomic bomb in 1945.

• The Greek name for the mosquito is “anopheles,” which means “good for nothing.”

• The earliest written record that mentions the practice of medicine is Hammurabi’s Code from the 18th century BC in Mesopotamia, which includes information for physicians about payments for successful treatments and punishments for medical failures. For example, payment was better for curing the wealthy, but failing to do so could result in the loss of a hand.

• Live next door to a lottery winner? You might want to use caution while shopping: A 2016 study by the Federal Reserve Bank of Philadelphia found that you’re more likely to go bankrupt thanks to trying to keep up with your neighbor’s new spending habits.

• Charlton Heston was cast as Moses in the 1956 blockbuster movie “The Ten Commandments” partly because he resembled Michelangelo’s famous statue of Moses.

• Calvin Graham was just 12 years old when he enlisted in the U.S. Navy following the attack on Pearl Harbor. He won a Bronze Star and a Purple Heart before the Navy found out how old he was (courtesy of his mother) and discharged him two days before his 13th birthday.

• Rocky Road ice cream was originally marketed during the Great Depression as a metaphor for coping with the economic crash.

• The term “coccyx” (more familiarly known as your tailbone) is derived from the Greek word kokkux, or “cuckoo,” because its curved shape resembles the bird’s beak.

• Benjamin Franklin introduced tofu to America in 1770.

Thought for the Day: “The life given us, by nature, is short, but the memory of a well-spent life is eternal.” – Marcus Tullius Cicero

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Now here’s a tip!

by Jo Ann Derson

• Coffee filters make wonderful glass cleaners. They leave behind no streaks and no residual lint.

• Berries are in season, and there’s no greater time to stock up. But don’t feel like you have to make jam out of all the berries. Freeze in a single layer and transfer to a freezer-safe bag or container. Later they can be popped into muffins and quick breads, as well as eaten straight out of the bag for a delicious treat.

• “Do you love burgers? Here’s a great thing our family does that saves money and is very handy: When ground beef goes on sale, we buy a large quantity and pre-make many burger patties, seasoned and shaped just as we like them. Then we separate them with butcher’s paper cut into squares. We put them in stacks, and then into empty bread bags to store

in the freezer. When we are getting ready to cook out, the patties don’t have to be all the way defrosted, just put on the grill and cooked up!” – **A.J. in Florida**

• Okra, which is at its peak July through September, makes an excellent stew thickener. But it’s quite yummy on the grill as well, brushed with olive oil and lightly seasoned. Just be sure you don’t wash it until you are ready to use it. There’s a natural protective coating on it, and if you wash it off, it’ll get slimy.

• Old socks can be fitted around the head of an old mop or Swiffer base. Spray with cleaner and clean away. When you are done, remove the sock and launder.

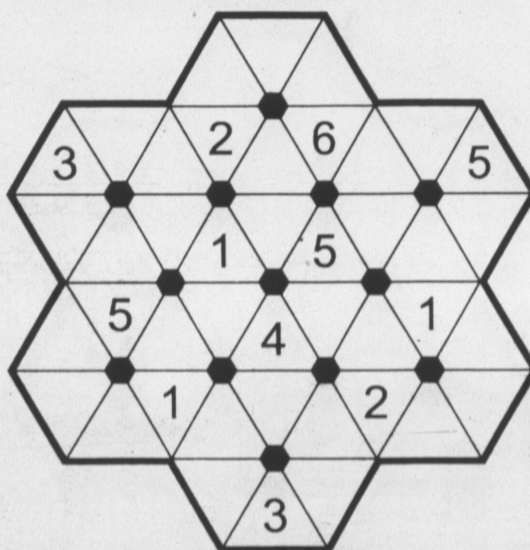
Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS (sic) by Terry Stickels

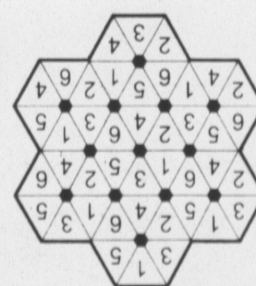
Here is a funny quote by baseball’s Yogi Berra. See how long it takes you to unscramble it.

“Otherwise always funerals come they to other go people’s yours to won’t.”

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SNOWFLAKES

solution



Go Figure! answers

6	7	2								
3	1	x	7							
		x	÷							
4	2	4	8							
x	+	+	6							
5	3	+	9							

Sticklers Answer

— Yogi Berra
“Always go to other people’s funerals, otherwise they won’t come to yours.”

Super Crossword

HIDDEN STAIRS

ACROSS

- 1 Hindu monks
- 7 Gorilla or gibbon
- 10 Baby doll call
- 14 Ignominy
- 19 Wound antiseptic
- 20 Nothing
- 21 Chilled
- 22 Tabloid VIP
- 23 Long poems in which animals speak and act like humans
- 25 Figure skater's jump
- 26 Drizzles, e.g.
- 27 Beethoven specialty
- 28 Much-shared GIF, maybe
- 29 Murmur continuously
- 30 Bodega, e.g.
- 33 Detecting of sweetness, flavor, etc.
- 36 Spiny-crested lizard
- 39 Place atop
- 40 Not busy
- 41 Installments of TV series that were not preserved
- 44 Biology and ecology, e.g.

- 48 It may be loose-leaf
- 49 Clan carvings
- 51 "— found it!"
- 52 Pub. houses hire them
- 53 One of the Judds
- 57 Cannes' Palme —
- 58 Actress Lena
- 59 Iris' place in the eye
- 62 Hindu social classes as they relate to government affairs
- 66 Cherishes
- 69 Taverns
- 70 Lord's home
- 71 1 Peter and 1 Timothy, in the Bible
- 73 Armory stuff
- 74 Sister of Luke, in sci-fi
- 75 Seville cheer
- 76 Masterful
- 78 Fan noise
- 81 In time past
- 82 Dry gully
- 85 Road part for cyclists
- 89 "Huzzah!"
- 91 Crusty, cheesy brand in the frozen food aisle

- 95 Salinger's "love and squalor" girl
- 96 Philosopher with a logical "razor"
- 97 Surrendered
- 98 It may result in landfills
- 104 Get a look at
- 105 ET and such
- 106 Dried out
- 107 Sea demigod
- 110 Future pupa
- 111 Pre-'91 world power
- 112 Enter ... or what each of seven long answers in this puzzle has
- 116 Prepare to pray, say
- 117 Go higher
- 118 Old Olds
- 119 Conductor of sci-fi
- 120 Composer Camille
- 121 Direct
- 122 Age-verifying docs.
- 123 Trees that tremble

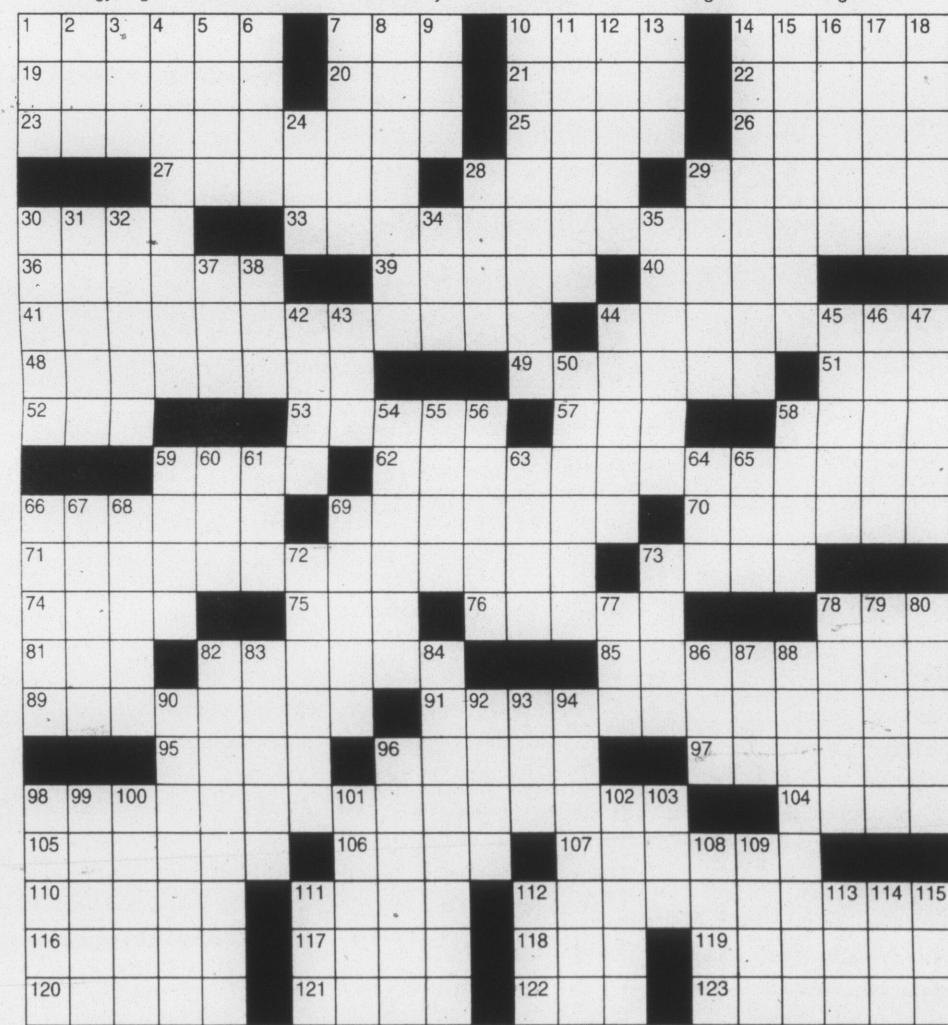
DOWN

- 1 Sis, say
- 2 Adversity

- 3 Org. for a periodontist
- 4 Say wrongly
- 5 Gung-ho on
- 6 In view
- 7 Ekberg of Hollywood
- 8 Blue Period artist Pablo
- 9 Overhead rails
- 10 Highway distance marker
- 11 Keen insight
- 12 Rhythm
- 13 Lumber tool
- 14 High ethical standards
- 15 Encourage
- 16 Court excuse
- 17 — Park (Edison's lab site)
- 18 Jed Clampett player Buddy
- 24 Singer Benatar
- 28 Parcel (out)
- 29 Make obscure
- 30 Pooh creator
- 31 Put up — fight
- 32 Undergoes oxidation
- 34 TV's Turner
- 35 Orator of old Rome

- 37 Neighbor of Colo.
- 38 GI address
- 42 Scottish isle
- 43 Pop music of Jamaica
- 44 Quits
- 45 Eyelashes, anatomically
- 46 Give the boot
- 47 Awareness
- 50 Danish port
- 54 Irish playwright Sean
- 55 Ale grain
- 56 Capri, e.g., to a Capriote
- 58 Filmmaker Preminger
- 59 Stellar bear
- 60 Dog healer
- 61 Ending for journal
- 63 Three — sloth
- 64 NASA moon lander
- 65 Ending for journal
- 66 Insurer with a duck mascot
- 67 San — Bay
- 68 Stellar hunter
- 69 Grain storers
- 72 Redcap, e.g.
- 73 On the job
- 77 "POV" ailer
- 78 Fogs

- 79 Open, as some jackets
- 80 John Irving's "A Prayer for Owen —"
- 82 Amories
- 83 Freeway exit inclines
- 84 Came to pass
- 86 Tavern cask
- 87 Green gp.
- 88 Adds pep to
- 90 Take revenge
- 92 "Behold!" to Brutus
- 93 Brutus' lang.
- 94 Sent forth
- 96 Ukraine city
- 98 Goes on foot
- 99 "George & —" (1990s talk show)
- 100 "Yes, —!" ("For sure!")
- 101 Actor Davis in many Spike Lee films
- 102 Creme-filled cookies
- 103 Puppy bite
- 108 Funny Fey
- 109 Wallet singles
- 111 Internet ID
- 112 — Lankan
- 113 Fury
- 114 Comedian Rickles
- 115 USNA grad.



celebrity extra

by Dana Jackson

Q: I'm really enjoying the Summer Olympics in Tokyo, but I feel bad that the athletes' families can't be there in person to cheer them on. My favorite is gymnast Simone Biles. Who are her parents, and has she always lived in Texas?

A: According to Heavy.com, decorated Olympic gymnast Simone Biles' biological mother is Shanon Biles, but she wasn't actively involved in raising her and is currently on probation in Ohio for assault. Biles and her siblings were put in foster care in Ohio before being adopted by her grandparents, Ron and Nellie Biles. Simone's biological father, Kelvin Clemons, "was never truly in the picture," according to NBC News.

Simone grew up in Spring, Texas, near Houston. She's been dating Houston Texans safety Jonathan Owens for more than a year after meeting on the celebrity dating app Raya. As a big fan of Simone's, you'd probably enjoy her inspiring autobiography, "Courage to Soar."

Q: What has Chris Parnell been doing since "30 Rock"? I loved his hilarious

character, Dr. Spaceman, but I haven't seen him in anything since. — P.E.

A: Dr. Leo Spaceman (pronounced Spuh-CHEN-mun) was a recurring character created by Tina Fey with "Saturday Night Live" star Parnell specifically in mind. After "30 Rock" ended in 2013, Parnell had a regular role on another TV comedy series, "Suburgatory," appeared periodically on "Drunk History" and has done quite a bit of voice work for animated series, including "Archer."

Parnell has expressed in interviews that his career goal is to land a regular role on a sitcom. With two young children at home, the schedule and lucrative paycheck of a steady sitcom gig would be ideal. He's currently filming the upcoming Netflix movie "Senior Year," with Rebel Wilson and Alicia Silverstone. It's about a 37-year-old woman who wakes from a 20-year-long coma and returns to high school to pick up where she left off — as a cheerleader.

Q: What happened to the TV drama "Manifest"? I can't tell which shows have been delayed due to the pandemic or which ones have been canceled outright. I hope this is one that will be back. — E.M.

A: If you had asked this question a month ago, I would have said, unfortunately, NBC has canceled "Mani-



Simone Biles

Photo Credit: Derek Storm/ Everett Collection

fest" after three seasons. Recently, however, there's been a glimmer of hope. Its numbers have gone way up since Netflix started airing the first two seasons. According to EW.com, the show's creator, Jeff Rake, said that "Manifest" has an "entirely new legion of fans developing as we speak," as it went from being canceled by NBC to becoming the No. 1 show on Netflix for at least "20 days in a row." Rake says that he needed six seasons in order to fulfill the whole vision of his show, but since its cancellation, a feature film might be his only option. He cites shows like "Deadwood" and "Firefly" as inspiration and that he just needs "a modest budget to tell the story."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWs, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|------------------------|-------|-----------------------|-------|
| 1. Political messenger | — V — | Take pleasure in | — J — |
| 2. Sun's reflection | — R — | Open space | — D — |
| 3. Torrential downpour | — G — | Hoodwink | — D — |
| 4. Runway traveler | — D — | Traveler's rest stop | — T — |
| 5. Blowtorch worker | — E — | Laura Ingalls or Gene | — I — |
| 6. Handbag | — R — | Heartbeat | — L — |
| 7. Ham's instrument | — D — | Proportion | — T — |
| 8. Long step | — D — | Umpire's ruling | — K — |
| 9. Stopwatch | — M — | Golfer Woods | — G — |
| 10. Big gun | — N — | Grand gorge | — Y — |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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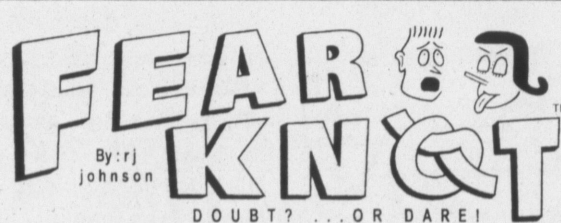
Super Crossword

Answers



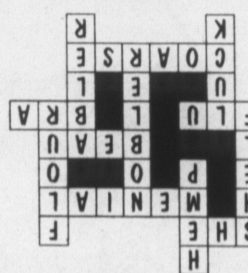
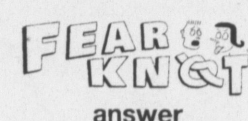
Even Exchange answers

- | | |
|-------------------|--------------------|
| 1. Envoy, Enjoy | 5. Welder, Wilder |
| 2. Glare, Glade | 6. Purse, Pulse |
| 3. DeJuge, Delude | 7. Radio, Ratio |
| 4. Model, Motel | 8. Stride, Strike |
| 9. Timer, Tiger | 10. Cannon, Canyon |



- ULF
- BROLLEN
- RUFOL
- MEPH
- ORCSEA
- ♥RAB
- EUBA
- ♥HEFSL
- ESH
- LIMNEA
- ♥ERBAL
- KULC

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU

Answer



5

2021

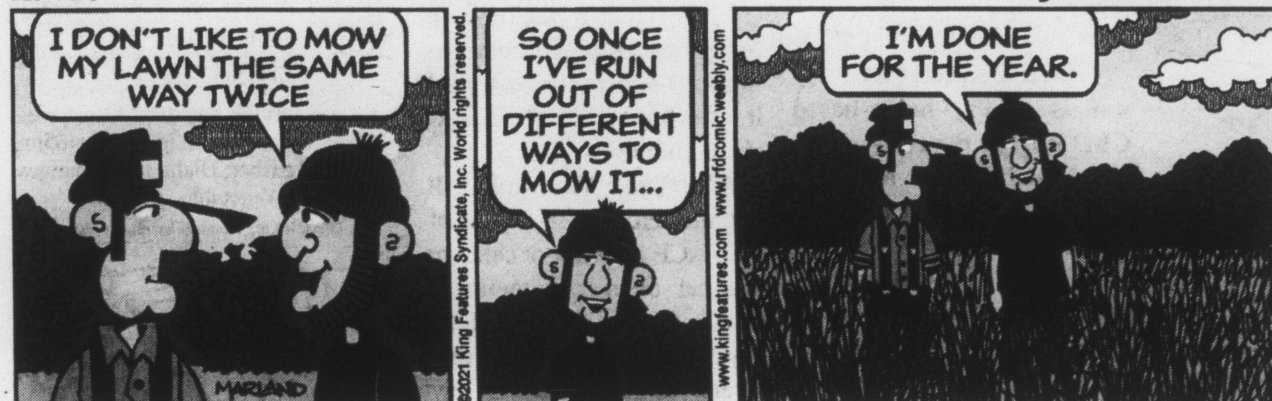
Amber Waves



Out on a Limb



R.F.D.



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Curio
FILTER
Curve
RUNT
Austere
BORES
Shiver
GENTIL

TODAY'S WORD

"I'd admire his grim determination if it weren't to remain _____."

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

1	4	6	1	3	3
3	6	4	5	5	6
2	6	6	5	4	1
6	6	2	1	1	1
4	5	1	3	6	2
1	1	1	2	3	3

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Are Dog Treats Bad for Fido's Health?

DEAR PAW'S CORNER:

I use dog treats to train my 18-month-old puppy, "Jif." At the dog park, an owner said that using treats is bad and that Jif will eventually get fat. That's hard to believe, as he is really energetic. He only responds when he knows there is a treat after each command. What do you say? — Lee in Alexandria, Virginia

DEAR LEE: Ah, to treat or not to treat! That's a big issue for many pet owners. Ultimately, you are in charge of Jif's training and health. Unsolicited advice from other dog owners is only a little helpful, at best.

I've interviewed and observed champion breeders and trainers, and one thing I've noted over the years is that some dogs get a treat at every turn, for seemingly every move they make. Other dogs do fine with a treat at

the end of their routine. And backstage, when show dogs are being groomed, primped and prepped? They're getting treat after treat. These are champion dogs in top shape. Things to note with using treats:

- Treats help build a positive association with specific commands or actions.
 - The pros use treats that are as healthy as possible: no by-products, no preservatives. They're often homemade.
 - Treats are cut into very small pieces. They can be given more frequently without adding too many calories.
 - Dog treats don't replace meals. Make sure your puppy is fed on time each day with the recommended amount of food for his age and weight.
- It's possible to replace some of Jif's treats with other positive associations. Praise, attention, a favorite toy — things that bring him joy. Build that anticipation of reward in different ways. Check out a few training books, or work with a dog trainer on new ways to reward Jif.

Send your questions, comments or tips to ask@pawscorner.com.

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TOP TEN VIDEO, DVD for release week of August 2, 2021

Video on Demand

- Wrath of Man (R) Jason Statham
- Godzilla vs. Kong (PG-13) Alexander Skarsgard
- Nobody (R) Bob Odenkirk
- Lansky (R) Harvey Keitel
- Separation (R) Rupert Friend
- Till Death (R) Megan Fox
- The Marksman (PG-13) Kathryn Winnick
- The Misfits (R) Pierce Brosnan
- Raya and the Last Dragon (PG) animated
- Space Jam (PG) Michael Jordan

DVD, Blu-ray Sales

- Mortal Kombat (R) Warner Bros.
- Wrath of Man (R) Warner Bros.
- Godzilla vs. Kong (PG-13) Warner Bros.
- Space Jam (PG) Warner Bros.
- SpongeBob Movie: Sponge on the Run (PG) Paramount
- Raya and the Last Dragon (PG) Disney
- Nobody (R) Universal
- E.T. — The Extra-Terrestrial (PG) Universal
- The Croods (PG) Universal/DreamWorks
- A Quiet Place (PG-13) Paramount

Source: Comscore/Media Play News

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Hitori

answer

3	3	2	1	1	1
2	9	3	1	5	4
1	1	1	2	6	9
1	1	1	1	4	2
6	5	5	6	3	6
3	3	1	4	6	1

SCRAMBLERS
Today's Word
3. Sober; 4. Tingle
1. Trifle 2. Turn;
solution

MORE FUN

COUCH THEATER

BY RACHEL ROSE

We Are Lady Parts — Occasionally you find a show with a plot that's both ridiculously silly AND socially relevant. This time, that plot revolves around a group of four Muslim women who start a punk band and need their first gig... and a lead guitarist. As expected, shenanigans begin with guitarist auditions, until the perfect musician joins this sisterhood of hash anthems sour girl power. The band and the series are about representation and being heard, but this show is absolutely a comedy, and a lot of the jokes are at that perfect level of humor and uncomfortableness. It's the show you didn't realize you needed right now. (Peacock)

Myth & Mogul: John DeLorean — Before Doc Brown turned one into a time machine in "Back to the Future," the DeLorean sports car was the brainchild of a brilliant automotive engineer. Driven, greedy and larger than life, John DeLorean left the big-name car manufacturers and set out on his own to create a legendary driving machine, and he was not above using lies and deceit to reach his goal. Through interviews with his family, former co-workers and industry insiders, plus extensive media clips, this three-part docuseries follows the rise and fall of the creator of a 1980s icon. (Netflix)

Lost in Oz, Season 1 — An Amazon Studios original 3D animated children's series, "Lost in Oz" is a modernized take on the adventures of Dorothy Gale II and her pup, Toto, as they try to find their way home from Oz (and other locales where they find themselves stuck). Much more action-driven than the 1939 "Oz" movie, this updated continuation also adds some new friends to Dorothy's gang. Though

geared toward kids, the series is really fun to watch, with highly detailed scenery, and is smart enough to keep adults engaged, too. (Prime Video)

Romy and Michele's High School Reunion (R) — This week's in-case-you-missed-it must-watch movie is full of '90s fashion, best-friend hijinks and choreographed dance routines. Mira Sorvino and Lisa Kudrow star as Romy and Michele, high-school best friends taking a road trip to their graduating class's 10-year reunion. Intent on appearing successful, they concoct life stories that they hope will finally make them cool to the popular crowd.



Scene from "We Are Lady Parts"

But in a predictable twist, the popular crowd has its own lies to share. The hysterical supporting cast includes Janeane Garofalo, Camryn Manheim and Alan Cumming as fellow classmates who prove that no one's life is what others assume it to be. (Hulu)

Cesar Millan: Better Human Better Dog, Season 1 — A new series by long-time NatGeo fixture Cesar Millan arrives just in time for all those folks who adopted puppies during the pandemic, and who now realize they skipped the training period of dog ownership. The dog whisperer's current offering again involves home visits to desperate dog owners who don't know what else to do with their misbehaving mutts. Millan's ultimate goal is creating calm and confident pet parents who discover tranquility through training. (Disney+)

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Contract Bridge

GREAT EXPECTATIONS

South dealer.
North-South vulnerable.

NORTH		EAST	
♠ A 5 4 3		♠ 10	
♥ 10 5 2		♥ K 9 8 7 6	
♦ K Q J 2		♦ 10 9 6 5	
♣ 4 3		♣ J 9 8	
WEST		SOUTH	
♠ K Q J 9 6		♠ 8 7 2	
♥ —		♥ A Q J 4 3	
♦ 7 4 3		♦ A 8	
♣ 10 7 6 5 2		♣ A K Q	

The bidding:
South West North East
1♥ 1♠ 2♦ Pass
3♥ Pass 4♥ Pass
6♥! Pass Pass Dble
Redble

Opening lead — King of spades.

There are players who see every hand through rose-colored glasses. Optimism certainly has its place in bridge and will usually pay handsome dividends when there is a sound basis for it, but the fact remains that an ace is an ace and a deuce is a deuce, regardless of who holds them. It is clear that South in this deal was

a full-fledged member of the Optimists Club. He had an excellent hand, to be sure, but he obviously looked upon his three spade losers as something the good Lord would surely take care of — and he even carried this conviction to the point of redoubling East's double of six hearts!

One thing that can be said about the habitual overbidder is that he is usually a pretty good cardplayer. He gets so much more practice playing contracts that are seemingly out of reach that he becomes highly proficient at getting the most out of his cards. Our declarer in this deal was no exception.

He won the spade lead with the ace and played a low trump to the jack, revealing the 5-0 trump division. Undaunted, South cashed the A-K-Q of clubs, discarding a spade from dummy.

He then played four rounds of diamonds, disposing of his two spade losers. By this time nine tricks had been played, and declarer had won them all. East and South now each had four trumps, while dummy still had the 10-5.

Declarer next led a spade from dummy, and when East ruffed with the seven, South undertruffed with the three! East's low trump return ran to dummy's ten, and South's A-Q took the last two tricks to make six hearts redoubled!

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

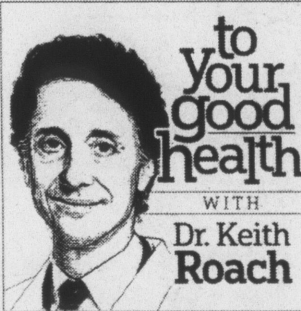
WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DID THE CAKE SAY TO THE ICE CREAM?

GREASY	GEARS	LANCES	CLEAN
CORNEA	CRANE	ADORES	READS
UNSEAL	LEANS	SELECT	SLEET
CATERS	CREST	MOTORS	STORM
RASHER	HARES	PIANOS	SPAIN
KINDER	DRINK	LABELS	BALES

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Studies Don't Support CBD Oil For Depression

DEAR DR. ROACH: My son is taking hemp-based CBD oil for depression. He purchased this at a health food store. His doctor prescribed pills that he was unable to tolerate due to suicidal thoughts. He is unable to go outside when taking CBD. We would like to know if it will show up in a drug test as part of a job interview. Should he be taking it?—D.

ANSWER: There are animal studies and some preliminary data suggesting that cannabidiol, a nonpsychoactive substance found in cannabis, might be effective for anxiety and depressive disorders. I hope that CBD will be proven to be a useful treatment for depression, as what we have now certainly isn't perfect. However, there are not yet high-quality studies supporting this use. The fact that your son can't go out while taking the CBD suggests to me that it may not be effective. While the pills he had previously cannot be used, there are many treatments available for depression that have better safety and effectiveness data than CBD.

Most forensic drug testing uses THC and its metabolites, so if what your son is taking is truly CBD, then it should not be identified during testing as THC. There is a chance that the "CBD oil" he purchased has THC in it: In one study, 57% of CBD oils sold were found to have measurable THC, which would show up on a drug test. Unfortunately, 25% of the oils contained no CBD at all.

I remain convinced that these drugs, THC and CBD, need to be properly studied, and when found to be useful, tested for purity and content in the same way as pharmaceuticals.

DEAR DR. ROACH: I've been taking an ACE inhibitor and a calcium channel blocker for the past four months for high blood pressure as advised by my cardiologist. In my blood test a month ago, my vitamin D level was at 16. I'm also taking weekly vitamin B12 as advised by my neurologist. Can I take vitamin D2 (50,000 IU) as a weekly dose for six weeks to overcome vitamin D deficiency, or would it interfere with blood calcium balance?—B.S.

ANSWER: Vitamin D will not interfere with the action of your ACE inhibitor or calcium channel blocker. Vitamin D usually has a very small (if any) effect on blood calcium levels, as these are tightly regulated through multiple means, especially the parathyroid hormone level and the kidneys.

I see many people who are given a six-week course of high-dose vitamin D2, such as the 50,000 units weekly for six weeks you were prescribed. I do not prescribe it that way, since many people wrongly feel that this will "cure" their low vitamin D, and they stop monitoring it after the course of treatment. Many people have inadequate vitamin D levels, and although there is some disagreement about what levels need to be treated, yours is in the range where everyone agrees treatment is necessary. For those who need it, ongoing supplementation of vitamin D is necessary, whether through pills, diet or sun exposure. For most people with a level as low as yours, oral supplementation is by far the most effective and safest treatment. I prefer 1,000-2,000 IU of vitamin D3 daily as a starting point for supplementation in most.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Puzzles4Kids Answer

Comfort foods

Made fast and healthy



by Healthy Exchanges

Southwestern Pasta Salad

What could be better than gathering together with family and friends, and celebrating with food, fellowship and fun? Take this layered pasta salad to the next "potluck" and be sure to enjoy yourself!

- 1 1/2 cups cold, cooked rotini pasta, rinsed and drained
- 1/4 cup fat-free Ranch dressing
- 2 cups finely shredded lettuce
- 1 cup chopped fresh tomato
- 1/4 cup chopped green onion
- 1/4 cup chopped green bell pepper
- 3/4 cup fat-free mayonnaise
- 1/2 cup chunky salsa
- 3/4 cup shredded reduced-fat Cheddar cheese

- In a medium bowl, combine rotini pasta and Ranch dressing. In an 8-by-8-inch dish, layer lettuce, rotini pasta, tomato, onion and green pepper.
- In a small bowl, combine mayonnaise and salsa; evenly spread dressing mixture over vegetables. Sprinkle Cheddar cheese evenly over top.
- Cover and refrigerate for at least 30 minutes. Divide into 6 servings.

• Each serving equals: 143 calories, 3g fat, 7g protein, 22g carb., 465mg sodium, 1g fiber; Diabetic Exchanges: 1 Starch, 1 Vegetable, 1/2 Meat.

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- Which single artist released "Hold Tight" as a dance cover in 1977?
- Name the singer-songwriter who released "All by Myself."
- What was the first Jackson Five song to top the charts?
- Which Beatle released "Got My Mind Set on You" as a single?
- Name the song that contains this lyric: "Sometimes a love won't let go, Hard as I try I know it shows, Everybody's telling me you'll be over her eventually."

Answers

- Vicki Sue Robinson. The song only reached No. 67 on the Billboard chart, but went to No. 2 on the dance chart.
- Eric Carmen, in 1976. The verse is said to be based on Rachmaninoff's Piano Concerto No. 2. It's not the only Rachmaninoff music that Carmen used as the basis for a song.
- "I Want You Back," in 1970. It was first performed on "The Hollywood Palace" TV show in late 1969. Michael Jackson was 11 years old at the time.
- George Harrison, in 1987.
- "Who's Holding Donna Now," by DeBarge, in 1985. The song shot to No. 1 on the Adult contemporary chart, as did their first top 10 release, "Rhythm of the Night." DeBarge was made up of family members, mostly siblings.

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BALES	1	LABELS
SPAIN	0	PIANOS
STORM	0	MOTORS
SLEET	0	SELECT
READS	0	ADORES
CLEAN	0	LANCES
DRINK	0	KINDER
HARES	0	RASHER
CREST	0	CATERS
LEANS	0	UNSEAL
CRANE	0	CORNEA
GEARS	0	GREASY

AUG

5

2021

Race Week

Cont'd From Page 17

The association also awards four \$1,000 scholarships each year to high school graduates who are related to members of the local yacht clubs.

This year, one scholarship was presented in honor of Captain Lou Gainor, who passed away this year. "Captain Lou" as he was known, had served as the association's publicity chairman for many years and hosted a weekly show on WATD radio, Nautical Talk Radio. He was "a devoted promoter of junior racing."

Metropolitan Yacht Club's Jessica Roa was awarded the Captain Lou scholarship. It was presented by his wife, Ellen.

Other scholarship recipients were, Emma Bernasconi and Rachel Hickey, both of Braintree Yacht Club, and Michael Dutton of Town River Yacht Club.

Association officials said it was good to be back out on the water after last year's cancellation.

"It's nice seeing all kids back here," said Quincy Bay Race Week President Debbie Stewart.

Added Lewis, "We appreciate all of those involved in the organization and those who came out to race. Quincy Bay Race Week means so much to many - including me - who grew up sailing race week as a child and young adult. To give back with all of our history and club cooperation has been a great honor."

This year's inside line results: N10 Blue Presidents Trophy first place winner was Emery Leuchte and her sister, Mary Leuchte of Town River Yacht Club; second place was Town River Yacht Club's Ashley Lippert and Sarah Richards.

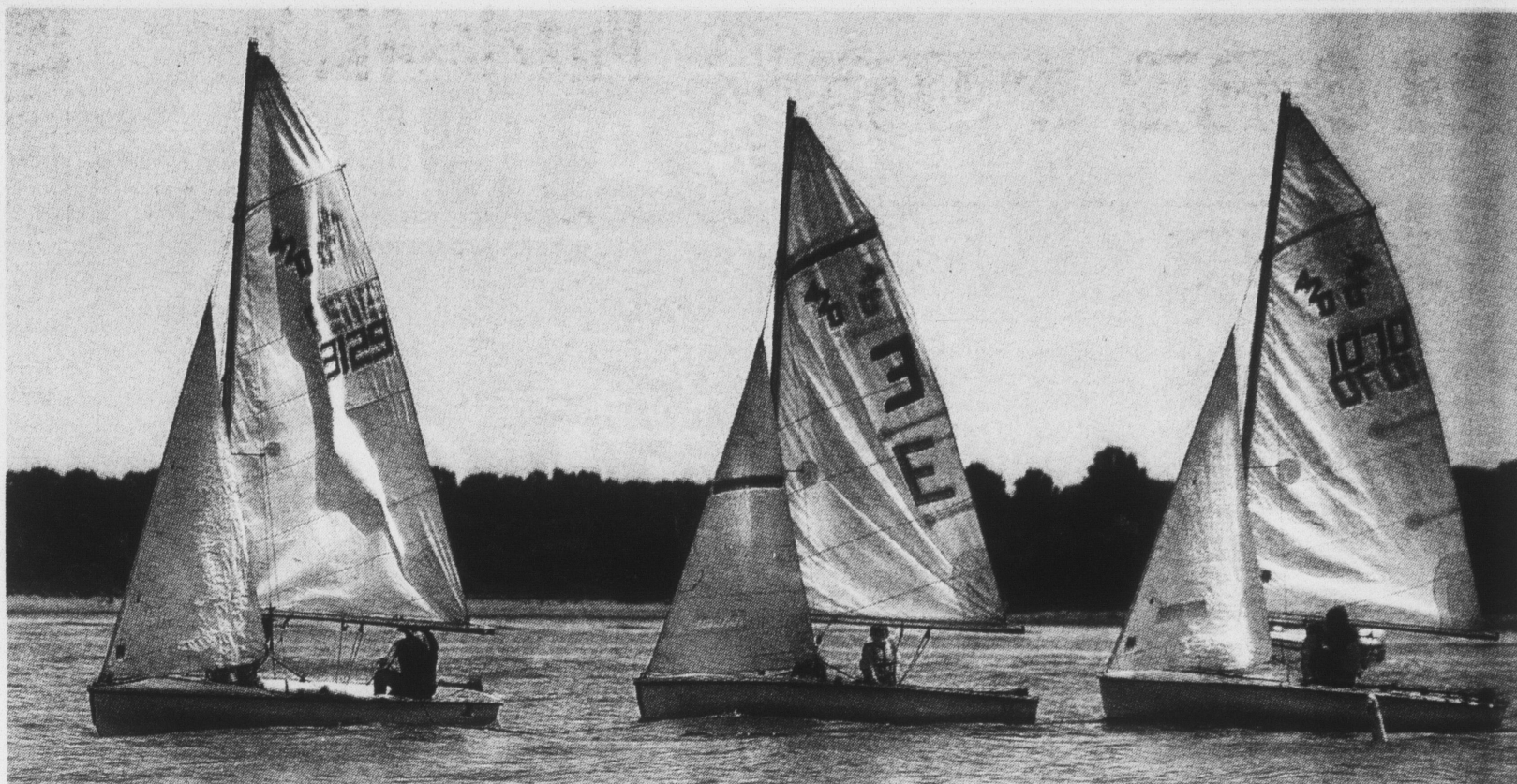
N-10 White fleet Quincy Credit Union Trophy for first place went to Kaitlyn Coughlan of South Shore Yacht Club.

N-10 Red winner, Fiona Mackin and Rose Churchill of South Shore Yacht Club, received both the Shirley Swan Trophy and Wing Trophy. Second place: Iris Churchill and Liam Mackin of South Shore Yacht Club; and third place: Griffin Crowley and James Deery of Wessagusset Yacht Club.

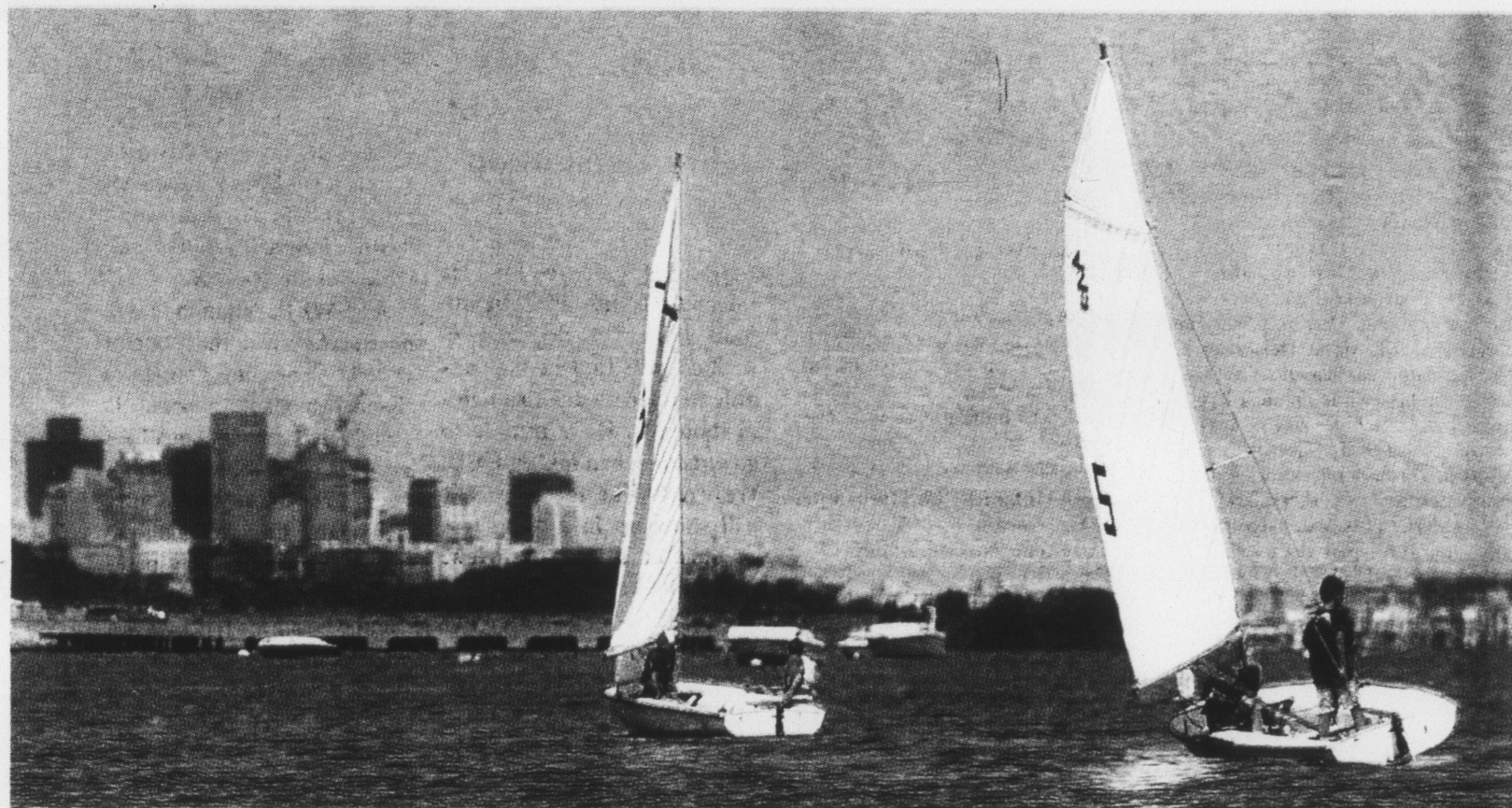
Optimist Green winner Bobby Caldwell of Town River Yacht Club received the Liberty Bay Credit Union Trophy; second place was Sean Leuchte of Town River Yacht Club; and third place finisher was Ashton Blake of Wessagusset Yacht Club.

Optimist White winner Jake Lippert of Town River Yacht Club received the Jack White Trophy.

Optimist Red winner was Zachary Eklund of Town



420S HEAD FOR the finish line during the 83rd annual Quincy Bay Race Week regatta. Quincy Sun photos/Tom Gorman



THE BOSTON SKYLINE looms over Quincy Bay as 420s head for the finish, Quincy Yacht Club's Gavin O'Hare and Kou Nashizwa, left, and Carter Bishop and Declan McDonough.



420S COMPETE, from left, Sierra and Gabrielle Bausemer of South Shore Yacht Club, Gavin O'Hare and Kou.Nishizwa of Quincy Yacht Club, and Riley McNight and Molly Hearon of Town River Yacht Club.

River Yacht Club.

Placing first in the 420 race and Hendry Trophy recipient was Rachael Tier and Lillian Hayduk of South Shore Yacht Club; second place: Sierra Bausemer and Gabrielle Bausemer of

South Shore Yacht Club; and third place: Carter Bishop and Declan McDonough of Quincy Yacht Club.

The outside line results:

In the Thunderbirds competition, Steve Cavanaugh of Savin Hill Yacht Club

placed first and Ken MacLeod of Squantum Yacht Club finished second.

In the Hustlers race, Squantum Yacht Club's Ron Healy placed first; Steve Perry of Bristol Yacht Club was second, and Kelly Ross

of Squantum Yacht Club finished third.; fourth was Dick McCabe of Squantum Yacht Club; fifth place: Bob Breen of Town River Yacht Club; sixth place: Hank Wessmann of Savin Hill Yacht

Club and Dan Flaherty of Squantum Yacht Club; placing seventh was Grace Bass of Squantum Yacht Club; and eighth place was Rich McCabe of Squantum Yacht Club.

AUG

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2021



Presented by Quincy Asian Resources in partnership with the City of Quincy

BEST OF BOSTON 2018
Best Street Festival



34th Annual Quincy August Moon Festival



SEE YOU IN PERSON AGAIN SOON

Sunday, Aug 15, 2021

Rain Date: Sunday, Aug 22, 2021

Lion/Dragon Dance - Opening Ceremonies at 12 pm

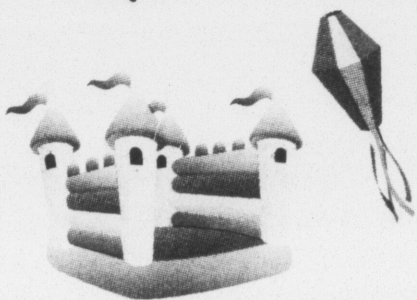
12 - 4:00 pm

Coddington Street, Quincy Center



FREE PARKING
South Shore YMCA
Quincy High School

COMPLIMENTARY
ICE CREAM



FEATURING:

LION DANCE | CULTURAL PERFORMANCES | LIVE MUSIC | ASIAN FOOD & DRINKS | KIDS AMUSEMENTS & CRAFTS | VENDORS BOOTHS

DIAMOND SPONSORS



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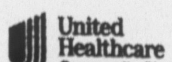
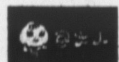
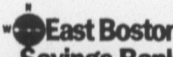
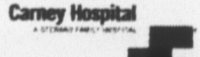
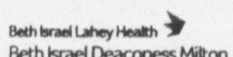


south cove
community health center
華人醫務中心

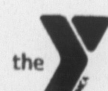
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